



## Avalon Square Breakfast Menu

### Daily Breakfast Specials

All Breakfast Specials come with Fruit and Juice

Sunday, April 21	Hot Cereal of the Day:	Malto Meal
	Breakfast Entrée Special:	Sausage Patty & Cheese English Muffin Sandwich
Monday, April 22	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Scrambled Eggs, Sliced Kielbasa, Hash Browns
Tuesday, April 23	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Texas French Toast, Sausage
Wednesday April 24	Hot Cereal of the Day:	Malto Meal
	Breakfast Entrée Special:	Breakfast Sandwich w/Egg, Turkey & Cheese
Thursday, April 25	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Pancakes with Syrup and Bacon
Friday, April 26	Hot Cereal of the Day:	Malt O Meal
	Breakfast Entrée Special:	Fried Egg, Corned Beef Hash, Toast
Saturday, April 27	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Cheesy Scrambled Eggs, Bacon, Raisin Toast

### Everyday Breakfast Items

From the Bread Box	Toasted Items:	English Muffin Bagel with Cream Cheese Whole wheat, White, or Cinnamon Raisin bread
From the Pantry	Whole fruit:	Apple, Orange or Banana
	Cold Cereal:	Cheerios, Honey Nut Cheerios, Rice Chex, Raisin Bran, Cinnamon Toast Crunch
From the Icebox	Yogurt:	Peach, Strawberry, or Raspberry
	Fruit:	Fresh-cut Mixed Fruit
From the Grill	Eggs:	Any style - One, Two or Three Eggs Hardboiled Eggs (Served cold)
	Omelets:	Denver (Ham, green/red pepper, onion, & cheese) Cheese (American, swiss, or cheddar) or Plain
	Griddle Items:	Pancakes (Short stack) French Toast Belgian Waffle Hash browns
	Meat Items:	Sausage patty or links, Bacon, Ham

**Beverage Options:** One hot beverage and one cold beverage offered per meal

**Cold:** Juice: Orange, Apple, Cranberry, Prune or Tomato Milk: Skim or 2%

**Hot:** Coffee or Decaf, Tea: Green, Black or Decaf