



Avalon Square Dinner Menu

*Denotes healthier entrée choice. Meal accompaniments may affect nutritional value.

Sunday, April 21	Salad:	Tossed Salad
	Entrée Choices:	1. Breaded Butterfly Shrimp w/cocktail sauce 2. Slow Roasted Eye Round of Beef in Mushroom Gravy
	Sides:	Baked Potato w/sour cream, Steamed Broccoli & Carrots, Roll
	Dessert:	Chocolate Sundae w/ Cherries and Whipped Topping
Monday, April 22	Salad:	Cinnamon Apple Slices
	Entrée Choices:	1. Honey BBQ Grilled Pork Chop, Mashed Potatoes & Gravy 2. Chicken Ala King over Egg Noodles
	Sides:	Chefs Blend Vegetable, Fresh Baked Bread
	Dessert:	Dutch Apple Pie
Tuesday April 23	Salad:	Tomato Cucumber Salad
	Entrée Choices:	1. Beef Stroganoff 2. Lemon Pepper Tilapia
	Sides:	Pineapple Rice w/red pepper, Mixed Vegetables, Honey Wheat Bread
	Dessert:	Pumpkin Crunch Cake
Renovation Celebration Dinner April 24	Appetizer:	Spinach Dip w/Pita Toast Points and Champagne
	Entrée:	Mandarin Glazed Roast Duck
	Sides:	Scalloped Potatoes Au Gratin, Oven Roasted Asparagus Spears, Dinner Roll w/Cinnamon Spread
	Dessert:	Black Forest Cake
Thursday, April 25	Salad:	Cottage Cheese with Pear Salad
	Entrée Choices:	1. Slow Roasted Pork Shoulder 2. Kentucky Bourbon Glazed Grilled Chicken Breast
	Sides:	Homemade Stuffing, Winter Blend Vegetables, Dinner Roll
	Dessert:	Spice Cake with Cream Cheese Frosting
Friday, April 26	Salad:	Orange Applesauce
	Entrée Choices:	1. Herb Baked Fish Fillet w/tartar & lemon 2. Boneless Chicken Wings w/honey mustard sauce
	Sides:	Roasted Potato Medley, California Blend Veggies, Marble Rye
	Dessert:	Cherry Pie
Saturday, April 27	Salad:	Tossed Salad
	Entrée Choices:	1. Maple Mustard Roasted Chicken Thigh 2. Mini Meatloaf w/brown sugar ketchup topping
	Sides:	Sour Cream & Chive Mashed Potatoes, Capri Veggies, Cinnamon Swirl Bread
	Dessert:	Apple Cobbler

Daily Dessert Alternates:

- Fresh Fruit Cup
- Ice Cream-Vanilla, Chocolate, or Strawberry (Chocolate sauce available upon request.)

Beverage Selection

(Choose 1 hot and 1 cold beverage)

Hot Beverage	Coffee: Regular/Decaf Hot Tea
Cold Beverage	Juice: OJ/Cran/Tomato/Apple/Prune Milk: Skim or 2%