



Avalon Square Breakfast Menu

Daily Breakfast Specials		
Sunday, April 28	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Ham & Cheese Omelet, Fruit, Juice
Monday, April 29	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Scrambled Eggs, Sausage Patty, Toast, Fruit, Juice
Tuesday, April 30	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Biscuit & Sausage Gravy Fruit and Juice
Wednesday, May 1	Hot Cereal of the Day:	Cream of Wheat
	Breakfast Entrée Special:	Waffle with syrup and Bacon, Fruit, Juice
Thursday, May 2	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Fried Egg, Hashbrowns, Sausage, Fruit, Juice
Friday, May 3	Hot Cereal of the Day:	Cream of Wheat
	Breakfast Entrée Special:	Pancakes w/warm blueberry topping & whipped cream, Bacon, Fruit, Juice
Saturday, May 4	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Cheesy Scrambled Eggs, Sausage Links, Toast, Fruit & Juice
Everyday Breakfast Items		
From the Bread Box	Toasted Items:	English Muffin Bagel with Cream Cheese Whole wheat, White, or Cinnamon Raisin bread
From the Pantry	Whole fruit:	Apple, Orange or Banana
	Cold Cereal:	Cheerios, Honey Nut Cheerios, Rice Chex, Raisin Bran, Cinnamon Toast Crunch
From the Icebox	Yogurt:	Peach, Strawberry, or Raspberry
	Fruit:	Fresh-cut Mixed Fruit
From the Grill	Eggs:	Any style - One, Two or Three Eggs Hardboiled Eggs (Served cold)
	Omelets:	Denver (Ham, green/red pepper, onion, & cheese) Cheese (American, swiss, or cheddar) or Plain
	Griddle Items:	Pancakes (Short stack) French Toast Belgian Waffle Hash browns
	Meat Items:	Sausage patty or links, Bacon, Ham
Beverage Options: One hot beverage and one cold beverage offered per meal		
Cold Beverage	Juice: Orange, Apple, Cranberry, Prune or Tomato Milk: Skim or 2%	
Hot	Coffee or Decaf :: Hot Tea – Green, Black or Decaf: Green, Black or Decaf	