



# Avalon Square Breakfast Menu

## Daily Breakfast Specials

All Breakfast Specials come with Fruit and Juice

Sunday, February 5	Hot Cereal of the Day:	Malto Meal
	Breakfast Entrée Special:	Sausage Patty & Cheese English Muffin Sandwich
Monday, February 6	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Scrambled Eggs, Sliced Kielbasa, Hash Browns
Tuesday, February 7	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Texas French Toast with Bacon
Wednesday, February 8	Hot Cereal of the Day:	Malto Meal
	Breakfast Entrée Special:	Breakfast Sandwich w/Egg, Turkey & Cheese
Thursday, February 9	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Pancakes with Syrup and Sausage
Friday, February 10	Hot Cereal of the Day:	Cream of Wheat
	Breakfast Entrée Special:	Fried Egg, Corned Beef Hash, Toast
Saturday, February 11	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Cheesy Scrambled with Bacon and Toast

## Everyday Breakfast Items

From the Bread Box	Toasted Items:	English Muffin Bagel with Cream Cheese Whole wheat, White, or Cinnamon Raisin bread
From the Pantry	Whole fruit:	Apple, Orange or Banana
	Cold Cereal:	Cheerios, Honey Nut Cheerios, Rice Chex, Raisin Bran, Cinnamon Toast Crunch
From the Icebox	Yogurt:	Peach, Strawberry, or Raspberry
	Fruit:	Fresh-cut Mixed Fruit
From the Grill	Eggs:	Any style - One, Two or Three Eggs Hardboiled Eggs (Served cold)
	Omelets:	Denver (Ham, green/red pepper, onion, & cheese) Cheese (American, swiss, or cheddar) or Plain
	Griddle Items:	Pancakes (Short stack) French Toast Belgian Waffle Hash browns
	Meat Items:	Sausage patty or links Bacon Ham

## Beverage Options

One hot beverage and one cold beverage offered per meal

Cold Beverage	Juice: Orange, Apple, Cranberry, Prune or Tomato Milk: Skim or 2%
Hot Beverage	Coffee or Decaf, Tea: Green, Black or Decaf