



Avalon Square Lunch

Sunday, February 5	Soup:	Chicken Noodle Soup
	Entrée Choices:	1. Layered BLT Salad w/ Strawberry Jello Cubes 2. Tater Tot Western Egg Bake w/ Strawberry Jello Cubes
	Dessert:	Cookies or Ice Cream
Monday, February 6	Soup:	Split Pea Soup
	Entrée Choices:	1. Creamy Mac & Cheese w/ baked ham, french bread & Cantaloupe 2. Egg Salad on Sourdough w/ Chips & Cantaloupe
	Dessert:	Cookies or Ice Cream
Tuesday, February 7	Soup:	Autumn White Bean Soup
	Entrée Choices:	1. Shrimp & Vegetable Fried Rice Bowl, orange slices, fortune cookie 2. Crab, Swiss, Roasted Red Pepper & Broccoli Quiche, Fruited Muffin
	Dessert:	Cookies or Ice Cream
Wednesday, February 8	Soup:	Cream of Potato Soup w/ bacon
	Entrée Choices:	1. Ham & Cheese Sub Melt, American Potato Salad 2. Hashbrown Pork Zucchini Penne Skillet w/ Roll
	Dessert:	Cookies or Ice Cream
Thursday, February 9	Soup:	Chicken Wild Rice Soup
	Entrée Choices:	1. Ground Beef Tacos w/ Red Beans & White Rice 2. Tossed Chef Salad w/ Cranberry Nut Muffin
	Dessert:	Cookies or Ice Cream
Friday, February 10	Soup:	Southwest Chicken Soup
	Entrée	1. Baked Cod, Wild Rice Pilaf & Sweet Vinegar Coleslaw 2. Charbroiled Cheeseburger on bun w/ fried onions & sweet pickle slices, Sweet Vinegar Coleslaw and Baked Beans
	Dessert:	Cookies or Ice Cream
Saturday, February 11	Soup:	Cream of Tomato Soup
	Entrée Choices:	1. Grilled Cheddar Cheese Sandwich, Creamy Cucumber Salad, Peaches 2. Chargrilled Chicken Breast Sandwich w/ orange marmalade glaze, Creamy Cucumber Salad & Sliced Peaches
	Dessert:	Cookies or Ice Cream

Everyday Options:

Featured Soup	Beef Vegetable Barley
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Beverage Selection	
(choose 1 hot beverage and 1 cold beverage)	
Hot	Coffee: Regular/Decaf, Hot Tea
Cold	Juice: OJ/Cran/Tomato/Apple/Prune Milk: Skim/2%

Sandwich Board – Available as Entrée Choice	
<ul style="list-style-type: none"> • Choice of white, wheat, or marble rye bread. • Served cold (or grilled upon request.) • Includes lettuce, tomato, onion, pickle. • Served with choice of chips OR Side(s) of the day. 	Choices: <ul style="list-style-type: none"> • Cheese (American, Swiss, Provolone or Cheddar) • Ham • Turkey • Peanut Butter and Jelly • Bacon