



## Avalon Square - Arbor Dinner Menu

\*Denotes healthier entrée choice. Meal accompaniments may affect nutritional value.

New menu items in **red** print

Sunday, May 2	Entrée	1. <b>Oven Roasted Turkey in alfredo sauce</b>
	Choices:	2. <b>*Italian Beef Pot Roast</b>
	Sides:	<b>mashed potatoes w/gravy, roasted rutabagas, spring green salad, dinner roll</b>
	Dessert:	Banana Pie in a Cup
Monday, May 3	Salad:	Orange Jell-O Salad
	Entrée	1. Sweet & Sour Roast Pork Shoulder
	Choices:	2. <b>*Maryland Crab Cakes w/Remoulade Sauce</b>
	Sides:	<b>Garlic Butter Angel Hair Pasta</b> , Peas & Carrots, Cornbread Muffin
Dessert	<b>Brownie Smores Ice Cream</b>	
Tuesday, May 4	Salad	Oriental Slaw
	Entrée	1. <b>Roast Duck Ala Orange</b>
	Choices:	2. <b>*Beef Stir Fry</b>
	Sides:	<b>Rice Pilaf</b> , Summer Blend Vegetable, Roll
Dessert:	Apple Pie Delight	
Wednesday, May 5	Salad:	Peach Slices
	Entrée	1. Mock Chicken Legs
	Choices:	2. <b>*Swiss Steak w/ mushroom brandy hunter sauce</b>
	Sides:	Mashed Potatoes w/Gravy, Broccoli & Cauliflower, Peach Slices, Wheat Bread
Dessert:	Strawberry Rhubarb Pie	
Thursday, May 6	Salad:	Garden Salad
	Entrée	1. <b>Roast</b> Chicken Thigh w/Country Gravy
	Choices:	2. <b>*Onion Baked Haddock</b>
	Sides:	Baked Sweet Potato, <b>green bean casserole, fresh baked bread</b>
Dessert:	Butter Pecan Ice Cream	
Friday, May 7	Salad:	Applesauce
	Entrée	1. Breaded Coconut Butterfly Shrimp w/Cocktail Sauce & Lemon
	Choices:	2. <b>*California Cheeseburger on seeded bun w/1,000 Island Dressing</b>
	Sides:	Onion Rings, KFC Coleslaw, Bread Basket
Dessert:	Key Lime Cheesecake Cup	
Saturday, May 8	Salad:	Waldorf Salad
	Entrée	1. Beef Pepper Steak
	Choices:	2. <b>*Asian Glazed Grilled Salmon</b>
	Sides:	Wild Rice, Grilled Yellow Squash, French Bread
Dessert:	Honey Bun Cake	

**Daily Dessert Alternates:**  
 - Fresh Fruit Cup  
 - Ice Cream-Vanilla, Chocolate, or Strawberry  
 (Chocolate sauce available upon request.)

Beverage Selection	
(Choose 1 hot beverage and 1 cold beverage)	
<b>Hot Beverage</b>	Coffee: Regular/Decaf Hot Tea
<b>Cold Beverage</b>	Juice: OJ/Cran/Tomato/Apple/Prune Milk: Skim or 2%