



# Avalon Square - Commons Lunch

New Items In Red print

Sunday, May 2	Soup:	Tomato Vegetable with Pasta
	Entrée	1.*Quiche Loraine w/ham,chicken, swiss, asparagus & cantaloupe slices
	Choices:	2. BLT Wrap w/cowboy bean salad & cantaloupe slices
		Dessert: <span style="color: red;">M&amp;M Chocolate Cookies</span>
Monday, May 3	Soup:	Italian Wedding Soup or Featured Soup
	Entrée	1. Creamy Seafood Linguine
	Choices:	2. Liver Sausage on Sourdough w/Onion, L/T, Italian Cucumber Salad, Strawberries
		Dessert: Pistachio Pudding
Tuesday, May 4	Soup:	Turkey Vegetable Rice Soup or Featured Soup
	Entrée	1. Beef Ravioli Marinara w/Garlic Bread
	Choices:	2. Shaved Baked Ham & Cheese on Croissant w/Chips & Pickle
		Dessert: Pineapple Cake
Wednesday, May 5	Soup:	Split Pea Soup or Featured Soup
	Entrée	1. Grilled Tuna Melt <span style="color: red;">on marble rye</span> w/Fries & Pickle Slices
	Choices:	2. *Chicken Creole Casserole w/Fresh Fruit Cup
		Dessert: Rice Krispie Treat
Thursday, May 6	Soup:	Cream of Mushroom Soup or Featured Soup
	Entrée	1. Traditional French Toast <span style="color: red;">w/warm apple topping</span> , bacon & <span style="color: red;">watermelon</span>
	Choices:	2. Chili <span style="color: red;">Macaroni</span> Cheese Bake w/ground beef, fresh bread & <span style="color: red;">watermelon</span>
		Dessert: Frosted Banana Cake
Friday, May 7	Soup:	Manhattan Seafood Chowder or Featured Soup
	Entrée	1. Boneless Chicken <span style="color: red;">Nuggets</span> w/dipping sauce, german potato salad & <span style="color: red;">fresh pineapple</span>
	Choices:	2. *Surimi Crab Pasta Salad w/Parmesan Breadstick & <span style="color: red;">fresh pineapple</span>
		Dessert: Vanilla Yogurt w/Nilla Wafer & Sprinkles
Saturday, May 8	Soup:	Cheesy Beer w/Veggies Soup or Featured Soup
	Entrée	1. Smoked BBQ Pork Sandwich w/ Baked Beans & Macaroni Salad
	Choices:	2. <span style="color: red;">Grilled Chicken Breast Sandwich w/L&amp;T and mayo</span> , Baked Beans & Macaroni Salad
		Dessert: <span style="color: red;">Rainbow Sherbet</span>

### Everyday Options:

<b>Featured Soup</b>	Beef Barley w/ Vegetables
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Beverage Selection	
(choose 1 hot beverage and 1 cold beverage)	
<b>Hot Beverage</b>	Coffee: Regular/Decaf Hot Tea
<b>Cold Beverage</b>	Juice: OJ/Cran/Tomato/Apple/Prune Milk: Skim/2%

Sandwich Board – Available as Entrée Choice	
<ul style="list-style-type: none"> <li>Choice of white, wheat, or marble rye bread.</li> <li>Served cold (or grilled upon request.)</li> <li>Includes lettuce, tomato, onion, pickle.</li> <li>Served with choice of chips OR Side(s) of the day.</li> </ul>	Choices: <ul style="list-style-type: none"> <li>Cheese (American, Swiss, Provolone or Cheddar)</li> <li>Ham</li> <li>Turkey</li> <li>Peanut Butter and Jelly</li> <li>Bacon</li> </ul>