



Avalon Square Dinner Menu

*Denotes healthier entrée choice.
Meal accompaniments may affect nutritional value.

New menu items in red print

Sunday, April 4	Entrée	1. Mushroom Swiss Steak Sandwich w/tator tots & pickle
	Choices:	2. Chicken Salad on Croissant w/LT, Kettle Chips & Fruit
	Dessert:	Banana Pie in a Cup
Monday, April 5	Salad:	Orange Jell-O Salad
	Entrée	1. Sweet & Sour Roast Pork Shoulder
	Choices:	2. Maryland Crab Cakes w/Remoulade Sauce
	Sides:	Rice Pilaf, Peas & Carrots, Cornbread Muffin
	Dessert	Red Velvet Oreo Cake
Tuesday, April 6	Salad	Oriental Slaw
	Entrée	1. *Grilled Walley
	Choices:	2. Beef Stir Fry
	Sides:	Garlic Butter Angel Hair Pasta , Summer Blend Vegetable, Roll
	Dessert:	Apple Pie Delight
Wednesday, April 7	Salad:	Peach Slices
	Entrée	1. Mock Chicken Legs
	Choices:	2. *Swiss Steak w/mushroom Brandy Hunter Sauce
	Sides:	Mashed Potatoes w/Gravy, Broccoli & Cauliflower, Wheat Bread
	Dessert:	Strawberry Rhubarb Pie
Thursday, April 8	Salad:	Garden Salad
	Entrée	1. Baked Chicken Thigh w/Country Gravy
	Choices:	2. *Onion Baked Haddock
	Sides:	Baked Sweet Potato, Green Beans, Dinner Roll
	Dessert:	Butter Pecan Ice Cream
Friday, April 9	Salad:	Applesauce
	Entrée	1. Breaded Coconut Butterfly Shrimp w/Cocktail Sauce & Lemon
	Choices:	2. *California Cheeseburger on a seeded bun w/1,000 Island Dressing
	Sides:	Onion Rings, KFC Coleslaw , Bread Basket
	Dessert:	Key Lime Cheesecake Cups
Saturday, April 10	Salad:	Waldorf Salad
	Entrée	1. Beef Pepper Steak
	Choices:	2. *Asian Glazed Grilled Salmon
	Sides:	Wild Rice, Grilled Yellow Squash, French Bread
	Dessert:	Honey Bun Cake

Daily Dessert Alternates:

- Fresh Fruit Cup
- Ice Cream-Vanilla, Chocolate, or Strawberry (Chocolate sauce available upon request.)

Beverage Selection

(Choose 1 hot beverage and 1 cold beverage)

Hot Beverage	Coffee: Regular/Decaf Hot Tea
Cold Beverage	Juice: OJ/Cran/Tomato/Apple/Prune Milk: Skim or 2%