



Sunday

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

 JULY BIRTHDAYS			 KEEP CALM AND SPARKLE ON								
<p>Don Holm 7/7 Richard Olson 7/8 Jann Holm 7/10 Judith Rae 7/16 Michael Daggett 7/17 Ginny Danielson 7/18</p> <p>Ardelle Mills 7/20 Maggie Steensland 7/22 Julie Daggett 7/24 Vicki Zielske 7/29 Jeanne Stough 7/30</p>			<p>1 9:00 Target trip sign up 9:00 Men's Pool 12:30 Bridge *1:00 Ron's Group 2:15 Strength & Balance 2:00 Historic presentation & Music at Commons 3:00 Chair Exercises 3:30 Chair Yoga 7:00 Resident Bingo-Act Rm</p>			<p>2 10:30 Coloring Club 11:00 Cart Store-Lobby *1:00 Exercise Video 1:00 Women's Pool *3:00 Holy Land Video *7:00 Movie Night in Chapel</p>			<p>3 10:00 Open Pool 3:30-5:30 Social Hour 6:30 Bridge</p>		
<p>4 Independence Day!</p> 	<p>5 NO Updates/Donuts w/Barry Today 12:30 Wii Bowling 12:45 Prayer Mtg/Walk *1:00 Exercise Video *2:00 New Testament Study 2:15 Strength & Balance *2:30 Bible Video 3:00 Chair Exercises 3:30 Chair Yoga 6:30 Bridge 7:00 Communion Service in Act rm</p>	<p>6 9:00 Men's Pool 11:00 Bingo *1:00 Ron's Group 2:00 Cell phone class 2:30 Jumbo Group Crossword *3:00 Communion Service *3:30 Bible Video 7:00 500 Card Game</p>	<p>7 11:00 Bingo 12:30 Wii Bowling *1:00 Exercise Video 1:30 Cart Store-Lobby 2:30 Bible Study -Activity Rm 3:30 Piano Music w/Allen</p> <p>No hair salon today</p>	<p>8 9:00 Lund's trip sign up 9:00 Men's Pool 10:30 Choir Practice 12:30 Bridge *1:00 Ron's Group 1:00 Arboretum trip—sign up 2:15 Strength & Balance 3:00 Chair Exercises 3:30 Chair Yoga 7:00 Resident Bingo-Act Rm</p>	<p>9 10:30 Coloring Club 11:00 Cart Store-Lobby *1:00 Exercise Video 1:00 Women's Pool 1:30 James Shaw at Commons *3:00 Holy Land Video *7:00 Movie Night in Chapel</p>	<p>10 10:00 Open Pool 3:30-5:30 Social Hour 6:30 Bridge</p>					
<p>11 9:40 –Bus to Mizpah/Faith Presbyterian 10:15 Bus to IHM 12:30-1:30 Visit w/Pastor Gene *1:30 Chapel with Pastor Gene</p>	<p>11 0:30 Updates/Donuts w/Barry 12:30 Wii Bowling 12:45 Prayer Mtg/Walk *1:00 Exercise Video *2:00 New Testament Study 2:15 Strength & Balance *2:30 Bible Video 3:00 Chair Exercises 3:30 Chair Yoga 6:30 Bridge</p>	<p>13 9:00 Men's Pool 11:00 Bingo *1:00 Ron's Group 2:00 Cell Phone class 2:30 Jumbo Group Crossword *3:00 Bible Study *3:30 Bible Video 7:00 500 Card Game</p>	<p>14 11:00 Bingo 12:30 Wii Bowling *1:00 Exercise Video 1:30 Cart Store-Lobby 2:00 Book Club in Chapel 2:30 Bible Study -Activity Rm 3:30 Piano Music w/Allen</p> <p>Hair Salon open -appt needed</p>	<p>15 9:00 Cub Trip (sign up) 9:00 Men's Pool 10:30 Choir Practice 12:30 Bridge *1:00 Ron's Group 2:15 Strength & Balance 3:00 Chair Exercises 3:30 Chair Yoga 7:00 Resident Bingo-Act Rm</p>	<p>16 10:30 Coloring Club No Cart Store Today 11:00 Lunch outing at Dukes *1:00 Exercise Video 1:00 Women's Pool *3:00 Holy Land Video *7:00 Movie Night in Chapel</p> <p>Chalk Art on sidewalk →</p>	<p>17 10:00 Open Pool 3:30-5:30 Social Hour 6:30 Bridge</p> <p>Chalk Art– Bring the kids</p>					
<p>18 9:40 –Bus to Mizpah/Faith Presbyterian 10:15 Bus to IHM 12:30-1:30 Visit w/Pastor Gene *1:30 Chapel with Pastor Gene</p>	<p>19 10:30 Updates/Donuts w/Barry 12:30 Wii Bowling 12:45 Prayer Mtg/Walk *1:00 Exercise Video *2:00 New Testament Study 2:15 Strength & Balance *2:30 Bible Video 3:00 Chair Exercises 3:30 Chair Yoga 6:30 Bridge</p>	<p>20 9:00 Men's Pool 11:00 Bingo *1:00 Ron's Group 2:00 Cell phone class 2:30 Jumbo Group Crossword *3:00 Bible Study *3:30 Bible Video 7:00 500 Card Game</p>	<p>21 11:00 Bingo 12:30 Wii Bowling *1:00 Exercise Video 1:30 Cart Store-Lobby 2:30 Bible Study -Activity Rm 3:30 Piano Music w/Allen</p> <p>Hair Salon open -appt needed</p>	<p>22 9:00 Lund's trip sign up 9:00 Men's Pool 10:30 Choir Practice 12:30 Bridge *1:00 Ron's Group 2:15 Strength & Balance 3:00 Chair Exercises 3:30 Chair Yoga 7:00 Resident Bingo-Act Rm</p>	<p>23 10:30 Coloring Club 11:00 Cart Store-Lobby *1:00 Exercise Video 1:00 Women's Pool *3:00 Holy Land Video *7:00 Movie Night in Chapel</p>	<p>24 10:00 Open Pool 3:30-5:30 Social Hour 6:30 Bridge</p>					
<p>25 9:40 –Bus to Mizpah/Faith Presbyterian 10:15 Bus to IHM 12:30-1:30 Visit w/Pastor Gene *1:30 Chapel with Pastor Gene</p>	<p>26 10:30 Updates/Donuts w/Barry 12:30 Wii Bowling 12:45 Prayer Mtg/Walk *1:00 Exercise Video *2:00 New Testament Study 2:15 Strength & Balance *2:30 Bible Video 3:00 Chair Exercises 3:30 Chair Yoga 6:30 Bridge</p>	<p>27 9:00 Men's Pool 11:00 Bingo *1:00 Ron's Group 2:00 Music at Commons with Curtis & Loretta *3:00 Bible Study *3:30 Bible Video 7:00 500 Card Game</p>	<p>28 11:00 Bingo 12:30 Wii Bowling *1:00 Exercise Video 1:30 Cart Store-Lobby 2:30 Bible Study -Activity Rm 3:30 Piano Music w/Allen</p> <p>Hair Salon open -appt needed</p>	<p>29 9:00 Cub Trip (sign up) 9:00 Men's Pool 10:30 Choir Practice 12:30 Bridge *1:00 Ron's Group 2:15 Strength & Balance 3:00 Chair Exercises 3:30 Chair Yoga 7:00 Resident Bingo-Act Rm</p>	<p>30 10:30 Coloring Club 11:00 Cart Store-Lobby *1:00 Exercise Video 1:00 Women's Pool *3:00 Holy Land Video *7:00 Movie Night in Chapel</p>	<p>31 10:00 Open Pool 3:30-5:30 Social Hour 6:30 Bridge</p>					