

TERRACE JANUARY 2021

Beacon Hill Senior Apartments

Hope smiles from the threshold of the year to come, whispering, "it will be happier."
- Alfred Lord Tennyson

Sunday

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
		JANUARY BIRTHDAYS										1 Office Closed 		2 Calendar subject to change. See bulletin for changes. All events with an * can be seen on channel 991.	
		1/2 Gene Lahammer 1/5 Darlene Kryzer 1/11 Monica Selseth 1/11 Dick Steensland 1/13 Jackie Larson 1/13 Elinor Larson		1/19 Jack Snyder 1/27 Joyce Krupey 1/29 Marge Carstens 1/29 Jan Orluske 1/29 Linda St. John				Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. - Isaiah 40:30-31a							
3 *1:30 Chapel Service w/Pastor Gene		4 *10:30 Updates & Info w/Missy Fun Facts packets by mailboxes *12:15 Prayer time 12:30 Prayer Meet *1:15 Strength & Balance w/Tracy *2:00 Chair Exercise w/Tracy *3:00 Hymn History *3:30 Bible Video		5 A.M. Rides to M.D. *9:45 Bible Reading *1:00 Ron's Group- Ford & the American Dream *3:00 Discipleship Video *3:30 Bible Video		6 *11:00 Bingo w/closed caption *1:00 Exercise Video Beauty Salon—Appt Needed <i>Epiphany</i>		7 10:00 Start taking down decorations 11:00 Fun facts answers posted *1:00 Ron's Group Wood & Wood Products *2:15 Strength & Balance w/Tracy *3:00 Chair Exercise w/Tracy *3:30 Chair Yoga w/Tracy		8 10:30 Coloring Club Treat Cart Delivery *3:00 Holy Land Video *7:00 Movie Night		9 No group activities through 11th. Medical/store runs ok. Store sign up by mailboxes. Medical transport sign up w/Brenda. Check your door for important memos.			
GROUP ACTIVITIES AND GATHERINGS IN COMMON AREAS ARE SCHEDULED STARTING JANUARY 12TH. THIS IS SUBJECT TO CHANGE IF GOVERNOR MANDATES RESTRICTIONS PLEASE CHECK ANNOUNCEMENTS & BULLETINS															
10 1:30 Chapel with Pastor Gene on channel 991		11 *10:30 Updates & Info w/Missy <u>No Exercise w/Tracy today</u> *12:15 Prayer time 12:30 Prayer Meet *1:00 Exercise Video *3:00 Hymn History *3:30 Bible Video		12 A.M. Rides to M.D. 9:00 Men's Pool *9:45 Bible Reading *11:00 Bingo w/closed caption *1:00 Ron's Group Fire Truck Manufacturing *3:00 Discipleship Video *3:30 Bible Video 7:00 500 Game		13 *11:00 Bingo 12:30 Wii bowling *1:00 Exercise Video Beauty Salon—Appt Needed		14 9:00 Men's Pool 9:00 Cub Trip limit 3 sign up 11:00 Fun facts answers posted *1:00 Ron's Group Worlds largest Machines *2:15 Strength & Balance w/Tracy *3:00 Chair Exercise w/Tracy *3:30 Chair Yoga w/Tracy		15 10:30 Coloring Club 1:00 Exercise Video 2:00 Women's Pool *3:00 Holy Land Video *7:00 Movie Night		16 The weekly treat cart will be active during lockdowns or other such times when we are unable to gather.			
17 1:30 Chapel with Pastor Gene on channel 991		18 *10:30 Updates & Info w/Missy Fun Facts packets by mailbox *12:15 Prayer time 12:30 Prayer Meet 12:30 Wii bowling *1:15 Strength & Balance w/Tracy *2:00 Chair Exercise w/Tracy *3:00 Hymn History *3:30 Bible Video		19 <u>A.M. Rides to M.D.</u> 9:00 Men's Pool *9:45 Bible Reading *11:00 Bingo w/closed caption *1:00 Ron's Group *3:00 Discipleship Video *3:30 Bible Video 7:00 500 Game		20 *11:00 Bingo 12:30 Wii bowling *1:00 Exercise Video Beauty Salon—Appt Needed		21 9:00 Men's Pool 11:00 Fun facts answers posted *1:00 Ron's Group *2:15 Strength & Balance w/Tracy *3:00 Chair Exercise w/Tracy *3:30 Chair Yoga w/Tracy		22 10:30 Coloring Club 1:00 Exercise Video 2:00 Women's Pool *3:00 Holy Land Video *7:00 Movie Night		23 Call a friend or two! 			
24 1:30 Chapel with Pastor Gene on channel 991 31		25 *10:30 Updates & Info w/Missy Fun Facts packets by mailbox *12:15 Prayer time 12:30 Prayer Meet 12:30 Wii bowling *1:15 Strength & Balance w/Tracy *2:00 Chair Exercise w/Tracy *3:00 Hymn History *3:30 Bible Video		26 A.M. Rides to M.D. 9:00 Men's Pool *9:45 Bible Reading *11:00 Bingo w/closed caption *1:00 Ron's Group *3:00 Discipleship Video *3:30 Bible Video 7:00 500 Game		27 *11:00 Bingo 12:30 Wii bowling *1:00 Exercise Video Beauty Salon—Appt Needed		28 9:00 Men's Pool 9:00 Lund's trip limit 3 sign up 11:00 Fun facts answers posted *1:00 Ron's Group *2:15 Strength & Balance w/Tracy *3:00 Chair Exercise w/Tracy *3:30 Chair Yoga w/Tracy		29 10:30 Coloring Club 2:00 Women's Pool *1:00 Exercise Video *3:00 Holy Land Video *7:00 Movie Night		30 Please -Keep your mask on -Stay social distanced -Wash hands often -Don't share your air -Stay safe			