

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ARBOR CALENDAR

1
 9:00 - Daily Chronicles- Emily
 9:15 - Walks - Emily & Stephanie
 10:15 - Finish the Phrase -Emily
 11:00 - Table Topics - Emily
 1:30 - Chair Exercise - Fitness
 2:00 - Music Fun! - Mary
 2:30 - Trivia - Amy M
 2:45 - Visits with Stephanie
 4:15 - Chat with Sara

2
 9:00 - Daily Chronicles - Sara
 9:15 - Walks Amy M & Stephanie
 10:00 - Coloring with Amy M
 11:15 - Roll a Memory - Sara
 2:00 - Bells Choir in Club Room
 3:00 - Manicures
 Sara & Stephanie
 4:15 - Time Slips - Sara

3
 9:00- Daily Chronicles - Emily
 9:15 - Walks Amy M & Stephanie
 10:00 - Visits with Amy M
 10:30 - Sing A Long - Stephanie
 11:15 - Uno - Stephanie
 1:30 - Bingo - Amy M
 2:15 - Movie in our Cinema
 3:00 - Visits with Amy M

4
 9:00 - Daily Chronicles
 Stephanie
 11:30 -Finish the Phrase
 Stephanie
 1:30 - Sing A Long -Stephanie

5
 9:00 - Daily Chronicles - Emily
 9:15 - Walks - Emily & Amy M
 10:15 -Java Music - Emily
 11:30 - Piano Music in Card
 Area - Amy M & Emily
 1:15 -Trivia - Emily
 2:00 - Fitness Fun - Emily
 3:00 - UNO - Emily
 4:15 -Social Hour - Sara

6
 9:00 - Daily Chronicles - Amy
 9:15 - Walks - Amy M. & Sara
 10:15 - Manicures - Amy M.
 11:30 - Table Topics - Sara
 1:15 - Bible Study Chaplain Kris
 2:00 - Sing A Long in Card Area
 Amy M & Stephanie
 2:30 - Visits with Emily
 3:00 - Trivia - Amy M
 4:15 - Short Stories - Sara

8
 9:00 - Daily Chronicles- Emily
 9:15 -Walks - Emily & Stephanie
 10:15 - Finish the Phrase -Emily
 11:00 - Table Topics - Emily
 1:30 - Chair Exercise - Fitness
 2:00 - Music Fun! - Mary
 2:30 - Trivia - Amy M
 2:45 - Visits with Stephanie
 4:15 - Chat with Sara

9
 9:00 - Daily Chronicles - Sara
 9:15 Walks Amy M & Stephanie
 10:00 - Coloring with Amy M
 10:15 - Visits with Stephanie
 11:15 - Roll a Memory Sara
 1:30 - Movie in Lower Level
 Theater - Amy M & Stephanie

10
 9:00- Daily Chronicles - Emily
 9:15 - Walks Amy M & Stephanie
 10:00 - Chapel w/Pastor Erik
 10:30 - Sing A Long - Stephanie
 11:15 - Uno - Stephanie
 1:30 - Bingo - Amy M
 2:15 - Movie in our Cinema
 3:00 - Visits with Amy M

11
 9:00 - Fun with Emily
 11:30 - Trivia with Emily
 1:30 - Short Stories - Emily

12
 9:00 - Daily Chronicles - Emily
 9:15 - Walks - Emily & Sara
 10:15 -Java Music - Emily
 11:15 - Roll a Memory - Emily
 1:15 -Trivia - Emily
 2:00 - Fitness Fun - Emily
 3:30 -Clarinet concert
 Clubroom
 4:15 -Social Hour - Sara

13
 9:00 - Daily Chronicles - Amy
 9:15 - Walks - Amy M. & Sara
 10:15 - Manicures - Amy M.
 11:30 - Table Topics - Sara
 1:15 - Bible Study Chaplain Kris
 1:45 - Valentine's Day Fun with
 Amy M, Sara & Stephanie
 4:15 -Discussion Ball - Sara

 Valentine's Day

15
 9:00 - Daily Chronicles- Emily
 9:15 - Walks - Emily & Stephanie
 10:15 - Finish the Phrase -Emily
 11:00 - Table Topics - Emily
 1:30 - Chair Exercise - Fitness
 2:00 - Music Fun! - Mary
 2:30 - Trivia - Amy M
 2:45 - Visits with Stephanie
 4:15 - Chat with Sara

16
 9:00 - Daily Chronicles - Sara
 9:15 - Walks Amy M & Stephanie
 10:00 - Coloring with Amy M
 10:15 - Visits with Stephanie
 11:15 - Roll a Memory - Sara
 2:00 - Monthly Birthday
 Club Room
 4:15 - Time Slips - Sara

17
 9:00- Daily Chronicles - Emily
 9:15 - Walks Amy M & Stephanie
 10:00 - Chapel w/Pastor Erik
 10:30 - Sing A Long - Stephanie
 11:15 - Uno - Stephanie
 1:30 - Bingo - Amy M
 2:15 - Movie in our Cinema
 3:00 - Visits with Amy M

18
 9:00 - Daily Chronicles
 Stephanie
 11:30 -Finish the Phrase
 Stephanie
 1:30 - Sing A Long -Stephanie

19
 9:00 - Daily Chronicles - Emily
 9:15 - Walks - Emily & Amy M
 10:15 -Java Music - Emily
 11:30 - Piano Music in Card
 Area - Amy M & Emily
 1:15 -Trivia - Emily
 2:00 - Fitness Fun - Emily
 4:15 -Social Hour - Sara

 Presidents' Day

20
 9:00 - Daily Chronicles - Amy
 9:15 - Walks - Amy M. & Sara
 10:15 - Manicures - Amy M.
 11:30 - Table Topics - Sara
 1:15 - Bible Study Chaplain Kris
 2:00 - Sing A Long in Card Area
 Amy M & Stephanie
 2:30 - Visits with Emily
 3:00 - Trivia - Amy M
 4:15 - Short Stories - Sara

22
 9:00 - Daily Chronicles- Emily
 9:15 -Walks - Emily & Stephanie
 10:15 - Finish the Phrase -Emily
 11:00 - Table games - Emily
 1:30 - Chair Exercise - Fitness
 2:00 - Music Fun! - Mary
 2:30 - Trivia - Amy M
 3:00 - Visits with Stephanie
 4:15 - Chat with Sara

23
 9:00 - Daily Chronicles - Sara
 9:15 - Walks Sara & Stephanie
 10:00 - Coloring with Sara
 10:30 - Visits with Stephanie
 11:15 - Roll a Memory - Sara
 1:30 - Baking and Chat
 Sara & Stephanie
 3:30 - Manicures Stephanie
 4:15 - Reminisce - Sara

24
 9:00- Daily Chronicles - Emily
 9:15 - Walks Emily & Stephanie
 10:00 - Chapel w/Pastor Erik
 10:30 - Sing A Long - Stephanie
 11:15 - Uno - Stephanie
 1:30 - Bingo - Stephanie
 2:15 - Movie in our Cinema

25
 9:00 - Fun with Emily
 11:30 - Trivia with Emily

26
 9:00 - Daily Chronicles - Emily
 9:15 - Walks - Emily & Sara
 10:15 -Java Music - Emily
 11:30 - Piano Music in Card
 Area - Amy C & Emily
 1:15 -Trivia - Emily
 2:00 - Fitness Fun - Emily
 3:15 - UNO - Sara
 4:15 -Social Hour - Sara

28
 9:00 - Daily Chronicles - Sara
 9:15 - Morning Walks - Sara
 10:15 - Manicures - Sara
 11:30 - Table Topics - Sara
 1:15 - Bible Study Chaplain Kris
 2:00 - Sing A Long in Card Area
 Emily & Stephanie
 3:00 - Trivia - Emily
 4:15 - Discussion Ball - Sara

February 2023