

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# MARCH 2023



## ARBOR CALENDAR

			<p>1 9:00 - Walks - Emily &amp; Stephanie 9:45 - Morning Stretch - Emily 10:15 - Finish the Phrase - Emily 11:00 - Table Topics - Emily 1:30 - Chair Exercise - Fitness 2:00 - Music Fun! - Mary 2:30 - Trivia - Stephanie 4:15 - UNO - Sara</p>	<p>2 9:00 - Walks - Sara &amp; Stephanie 9:45 - Coloring with Stephanie 10:30 - Frisbee Toss - Stephanie 11:15 - Roll a Memory - Sara 1:30 - Trivia - Stephanie 2:15 - Reminisce - Stephanie 3:00 - Manicures - Stephanie 4:00 - Visits with Stephanie</p>	<p>3 9:00 - Walks - Emily &amp; Stephanie 10:00 - Chapel with Pastor Erik 10:30 - Sing A Long - Stephanie 11:15 - Uno - Stephanie 1:30 - Bingo - Stephanie 2:15 - Movie in our Cinema</p>	<p>4 9:00 - Fun with Stephanie 11:30 - Finish the Phrase Stephanie 1:30 - Sing A Long - Stephanie</p>
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Daylight Saving Time Begins

St. Patrick's Day



Activities are subject to change.