

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>9:00 - Chat w/Sara</b> Fireside Room</p> <p><b>10:00 - Current Events w/Sara</b> Fireside Room</p> <p><b>10:00 - Ecumenical Service with Trinity Lutheran</b> Chapel/Ch. 993</p> <p><b>10:30 -Crosswords w/Amy M - Sunroom</b></p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>1:15 - Free Manicures!</b> Club Room</p> <p><b>1:30 - Seated Strength w/ Wellness</b> Wellness Center</p> <p><b>3:00 - Java with Emily</b> Club Room</p> <p><b>3:00 - Trivia with Sara</b> Fireside Room</p>	<p><b>9:15 - Cardio Drumming</b> Wellness Center</p> <p><b>10:00 - Bingo w/Sara</b> Club Room</p> <p><b>11:00 - Trivia with Stephanie</b> Fireside Room</p> <p><b>1:00-2:30 - Open Gym</b> Wellness Center</p> <p><b>1:00 - Resident Meeting</b> Club Room</p> <p><b>2:00 - Sing A Long w/Bell Choir</b> Club Room</p> <p><b>3:00 - Hymn Sing</b> Town Hall/Ch. 993</p> <p><b>3:30 - Chat with Amy M</b> Fireside Room</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>10:00 -Trivia w/Emily</b> Fireside Room</p> <p><b>10:30 -Crosswords w/Amy M - Sunroom</b></p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 933</p> <p><b>1:30 -Music w/Emily</b> Club Room</p> <p><b>1:30 -Chair Mix with Wellness - Sunroom</b></p> <p><b>2:30 - Adult Coloring</b> 1st Floor Family Room</p> <p><b>3:30 - Table Games: Yahtzee, Rummikub or Uno</b> Sunroom</p>	<p><b>10:00 - Bingo</b> Club Room</p> <p><b>12:00-3:00 - Train Room Open</b> Lower Level</p> <p><b>2:30 - Trivia with Stephanie</b> Fire Side Room</p> <p><b>3:30 -Adult Coloring</b> 1st Floor Family Room</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
<p><b>11:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>3:00 - Worship Service with Communion</b> Town Hall/Ch. 993</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>9:00 - Table Topics with Sara</b> Fireside Room</p> <p><b>10:00 - 1:1 Visits with Amy M</b></p> <p><b>10:30 - Crosswords with Sara</b> Sunroom</p> <p><b>1:30- Chair Mix with Fitness - Sunroom</b></p> <p><b>1:30 - Free Manicures!</b> Amy M &amp; Sara Club Room</p> <p><b>2:15 - Walk with Fitness</b> Meet By Birds</p> <p><b>2:45 - Ladies &amp; Men's Social w/Amy M &amp; Sara</b> Club Room</p> <p><b>4:00 - Trivia with Amy M</b> Fireside Room</p>	<p><b>9:15 - Chair Mix with Wellness</b> - Sunroom</p> <p><b>9:45 - Coffee Social with Rick and Emily</b> Club Room</p> <p><b>10:00 - Bingo w/Emily</b> Club Room</p> <p><b>10:30 - Trivia w/Sara</b> Fireside Room</p> <p><b>1:00-3:00 - Open Gym</b> Wellness Center</p> <p><b>1:00 -Cardio Drumming</b> Wellness Center</p> <p><b>1:30 - Active Game: Frisbee Toss w/Emily</b> Club Room</p> <p><b>1:30 - 1:1 Visits w/Sara</b></p> <p><b>2:00 - Sing a Long w/ Stephanie</b> 2nd Floor Card Area</p> <p><b>2:00 - Bible Study w/ Chaplain Kris</b> CANCELLED</p> <p><b>3:00 - Current Events w/Sara</b> Fireside Room</p> <p><b>3:30 - Fun facts about Disney w/ Emily</b> - Club Room</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>9:00 - Chat w/Sara</b> Fireside Room</p> <p><b>10:00 -Topic Ball w/Sara</b> Fireside Room</p> <p><b>10:00 - Ecumenical Service w/Ascension Episcopal-</b> Chapel</p> <p><b>10:30 - Crosswords w/Amy M</b> - Sunroom</p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>1:15 - Free Manicures!</b> Club Room</p> <p><b>1:30 - Seated Strength w/ Wellness</b> Wellness Center</p> <p><b>3:00 - Java with Emily</b> Club Room</p> <p><b>3:00 - Trivia with Sara</b> Fireside Room</p>	<p><b>9:15 - Cardio Drumming</b> Wellness Center</p> <p><b>10:00 - Bingo with Sara</b> Club Room</p> <p><b>11:00 - Trivia with Stephanie</b> Fireside Room</p> <p><b>1:00-2:30 - Open Gym</b> Wellness Center</p> <p><b>1:30 - Baking w/Sara</b> Club Room</p> <p><b>3:00 - Chapel Service</b> Town Hall/Ch. 993</p> <p><b>4:00 - Brain Games with Sara</b> Sunroom Room</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>10:00 -Trivia w/Emily</b> Fireside Room</p> <p><b>10:30 -Crosswords w/Amy M</b> - Sunroom</p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 933</p> <p><b>1:30 Music w/Emily</b> Club Room</p> <p><b>1:30 -Chair Mix with Wellness</b> - Sunroom</p> <p><b>2:30 -Adult Coloring</b> 1st Floor Family Room</p> <p><b>3:30 - Table Games Yahtzee, Rummikub or Uno</b> Sunroom</p>	<p><b>10:00 - Bingo</b> Club Room</p> <p><b>12:00-3:00 - Train Room Open</b> Lower Level</p> <p><b>2:30 -Adult Coloring</b> 1st Floor Family Room</p> <p><b>3:30 - Guess the 50's Songs w/Emily</b> Sunroom</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p><b>11:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>3:00 - Worship Service</b> Town Hall/Ch. 993</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>10:30 - Crosswords with Sara</b> Sunroom</p> <p><b>1:30- Chair Mix with Fitness</b> - Sunroom</p> <p><b>1:30 - Free Manicures! Amy M &amp; Sara</b> Club Room</p> <p><b>2:15 - Walk with Fitness</b> Meet By Birds</p> <p><b>3:30 -Clarinet concert with Emily</b> Club Room</p>	<p><b>9:15 - Chair Mix with Wellness</b> - Sunroom</p> <p><b>9:45 - Coffee Social with Rick and Emily</b> Club Room</p> <p><b>10:00 - Bingo w/Emily</b> Club Room</p> <p><b>10:30 - Trivia w/Sara</b> Fireside Room</p> <p><b>1:00-3:00 - Open Gym</b> Wellness Center</p> <p><b>1:00 - Cardio Drumming</b> Wellness Center</p> <p><b>1:30 - Active Game: Golf with Emily</b> Club Room</p> <p><b>2:00 - Bible Study w/ Chaplain Kris</b> Chapel/Ch. 993</p> <p><b>3:00 - Valentine's Day Social - LE Staff</b> Club Room</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>9:00 - Chat w/Sara</b> Fireside Room</p> <p><b>10:00 - Faces &amp; Place w/Sara</b> Club Room</p> <p><b>10:00 - Ecumenical Service w/Ascension Episcopal</b> - Chapel</p> <p><b>10:30 - Crosswords w/Amy M</b> - Sunroom</p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>1:15 - Free Manicures!</b> Club Room</p> <p><b>1:30 - Seated Strength w/ Wellness</b> Wellness Center</p> <p><b>3:00 - Java with Emily</b> Club Room</p> <p><b>3:00 - Trivia with Sara</b> Fireside Room</p>	<p><b>9:15 - Cardio Drumming</b> Wellness Center</p> <p><b>10:00 - Bingo w/Sara</b> Club Room</p> <p><b>11:00 - Trivia with Stephanie</b> Fireside Room</p> <p><b>1:00-3:00 - Open Gym</b> Wellness Center</p> <p><b>2:00 - Monthly Birthday Party</b> Club Room</p> <p><b>3:00 - Chapel Service with Communion</b> Town Hall/Ch. 993</p> <p><b>3:30 - Chat with Stephanie</b> Fireside Room</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>10:00 -Trivia w/Emily</b> Fireside Room</p> <p><b>10:30 - Crosswords w/Amy M</b> - Sunroom</p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 933</p> <p><b>1:30 - Music w/Emily</b> Club Room</p> <p><b>1:30 - Chair Mix with Wellness</b> - Sunroom</p> <p><b>2:30 - Adult Coloring</b> 1st Floor Family Room</p> <p><b>3:30 - Table Games: Yahtzee, Rummikub or Uno</b> Sunroom</p>	<p><b>10:00 - Bingo</b> Club Room</p> <p><b>12:00-3:00 - Train Room Open</b> Lower Level</p> <p><b>2:30 - Trivia with Stephanie</b> Fire Side Room</p> <p><b>3:30 -Adult Coloring</b> 1st Floor Family Room</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p><b>11:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>3:00 - Worship Service</b> Town Hall/Ch. 993</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>9:00 - Table Topics with Sara</b> Fireside Room</p> <p><b>10:00 - 1:1 Visits with Amy M</b></p> <p><b>10:30 -Crosswords with Sara</b> Sunroom</p> <p><b>1:30- Chair Mix with Fitness</b> - Sunroom</p> <p><b>1:30 - Free Manicures!</b> <b>Amy M &amp; Sara</b> Club Room</p> <p><b>2:15 - Walk with Fitness</b> Meet By Birds</p> <p><b>2:45 - New Resident Social w/LE Staff</b> Club Room</p> <p><b>4:00 - Trivia with Amy M</b> Fireside Rom</p>	<p><b>9:15 - Chair Mix with Wellness</b> - Sunroom</p> <p><b>9:45 - Coffee Social with Rick and Emily</b> Club Room</p> <p><b>10:00 - Bingo w/Emily</b> Club Room</p> <p><b>10:30 - Trivia w/Sara</b> Fireside Room</p> <p><b>1:00-3:00 - Open Gym</b> Wellness Center</p> <p><b>1:00 -Cardio Drumming</b> Wellness Center</p> <p><b>1:30 - Active Game: Shuffleboard w/Emily</b> Club Room</p> <p><b>1:30 - 1:1 Visits w/Sara</b></p> <p><b>2:00 - Sing a Long w/ Stephanie</b> 2nd Floor Card Area</p> <p><b>2:00 - Bible Study w/ Chaplain Kris</b> Chapel/Ch. 993</p> <p><b>3:00 - Pokeno w/Sara</b> Club Room</p> <p><b>3:30 Fun facts about the first ladies w/Emily</b> Club Room</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>9:00 - Chat w/Sara</b> Fireside Room</p> <p><b>10:00 - Current Events w/Sara</b> Fireside Room</p> <p><b>10:00 - Ecumenical Service w/Ascension Episcopal-</b> Chapel</p> <p><b>10:30 -Crosswords w/Amy M</b> - Sunroom</p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>1:15 - Free Manicures!</b> Club Room</p> <p><b>1:30 - Seated Strength w/ Wellness</b> Wellness Center</p> <p><b>3:00 - Ash Wednesday Service w/Communion</b> Chapel</p> <p><b>3:00 - Java with Emily</b> Club Room</p>	<p><b>9:15 - Cardio Drumming</b> Wellness Center</p> <p><b>10:00 - Card Bingo w/Amy M</b> Club Room</p> <p><b>11:00 - Trivia with Stephanie</b> Fireside Room</p> <p><b>1:00-3:00 - Open Gym</b> Wellness Center</p> <p><b>1:30 - Craft w/Amy M</b> Club Room</p> <p><b>2:30 - Tasty Thursday: Gourmet Cheeses with Amy M</b> Club Room</p> <p><b>3:30 - Chat with Amy M</b> Fireside Room</p>	<p><b>8:30-11:00-Open Gym</b> - Wellness Center</p> <p><b>10:00 -Trivia w/Emily</b> Fireside Room</p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 933</p> <p><b>1:30 -Music W/Emily</b> Club Room</p> <p><b>1:30 -Chair Mix with Wellness</b> - Sunroom</p> <p><b>2:30 - Adult Coloring</b> 1st Floor Family Room</p> <p><b>3:30 - Table Games: Yahtzee Rummikub or Uno</b> Sunroom</p>	<p><b>10:00 - Bingo</b> Club Room</p> <p><b>12:00-3:00 - Train Room Open</b> Lower Level</p> <p><b>3:30 - Guess the 50's Songs w/Emily</b> Sunroom</p>

# February 2023

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# March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
<p><b>11:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>3:00 - Worship Service</b> Town Hall/Ch. 993</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>10:30 -Crosswords with Sara</b> Sunroom</p> <p><b>1:30- Chair Mix with Fitness</b> - Sunroom</p> <p><b>1:30 - Pokeno w/Sara</b> Club Room</p> <p><b>2:15 - Walk with Fitness</b> Meet By Birds</p> <p><b>3:00 - Ladies &amp; Men's Social with Emily</b> Club Room</p>	<p><b>9:15 - Chair Mix with Wellness</b> - Sunroom</p> <p><b>9:45 - Coffee Social with Rick and Emily</b> Club Room</p> <p><b>10:00 - Bingo w/Emily</b> Club Room</p> <p><b>1:00-3:00 - Open Gym</b> Wellness Center</p> <p><b>1:00 -Cardio Drumming</b> Wellness Center</p> <p><b>1:30 - 1:1 Visits w/Sara</b></p> <p><b>2:00 - Sing a Long w/ Stephanie &amp; Emily</b> 2nd Floor Card Area</p> <p><b>2:00 - Bible Study w/ Chaplain Kris</b> Chapel/Ch. 993</p> <p><b>2:45 - Baking w/Sara</b> Club Room</p>				