

March 2023

Gables Memory Care Calendar

			<p>9:15 Daily C & Aroma Therapy 1 10:15 Today in History 10:45 Nature in MN 11:15 Morning Stretch 2:15 One on Ones 2:45 Sing a Long 3:30 Table Games 4:15 Short Stories</p>	<p>9:45 Escorts to Java 2 10:15 POSITIVE News ! 10:30 JAVA MUSIC club 11:15 Fun & Fitness (DR) 2:30 One on Ones 3:00 Let's Move ! 4:00 Hank the Accordionist</p>	<p>9:15 Chronicles & Visits 3 10:15 POSITIVE News 10:30 Worship Service 11:15 Morning Stretch 2:15 One on Ones 2:45 Songs to Remember ! 3:45 Manicures</p>	<p>11:15 Morning Stretch 4 1:15 Java Music Group 3:00 Short Stories</p>
<p>11:00 Catholic Mass - Channel 993 5 3:00 Worship Service - Channel 993</p>	<p>9:15 Chronicle & Visits 6 10:15 Devotion & Hymns 10:45 Stories & Reminisce 11:15 Morning Stretch 2:15 One on Ones 2:45 BASEBALL Dice 4:00 Activity with Lauryn</p>	<p>9:15 Chronicles & Visits 7 10:15 Roll a Memory 11:15 *No Fitness today* ?? 2:15 One on Ones 2:45 Active Games 3:30 Sing A Long 4:15 Encouraging Words</p>	<p>9:15 Daily C & Aroma Therapy 8 10:15 Today in History 10:45 National Geographic 11:15 Morning Stretch 2:15 One on Ones 2:45 Sing A Long 3:30 Table Games 4:15 Short Stories</p>	<p>9:45 Escorts to JAVA 9 10:15 POSITIVE News ! 10:30 JAVA MUSIC club 11:15 Fun & Fitness (DR) 2:30 One on Ones 3:00 Active Games 3:30 The One-Room School House 4:30 Finish that Phrase...</p>	<p>9:15 Chronicles & Visits 10 10:15 POSITIVE NEWS ! 10:30 Worship Service 11:15 Morning Stretch 2:15 One on Ones 2:45 Let's Move 3:45 Manicures</p>	<p>11:15 Morning Stretch 11 1:15 Music with Emily 3:30 Short Stories</p>
<p>11:00 Catholic Mass - Channel 993 12 3:00 Worship Service - Channel 993 Happy Birthday Cynthia! Daylight Saving Time Begins</p>	<p>9:15 Chronicle & Visits 13 10:15 Devotion & Hymns 10:45 Stories & Reminisce 11:15 Morning Stretch 2:15 One on Ones 2:45 BASEBALL Dice 4:00 Activity with Lauryn</p>	<p>9:15 Chronicles & Visits 14 10:15 Roll a Memory 11:15 Fun & Fitness 2:15 One on Ones 2:45 National Geographic Stories w/ Animals 3:30 Sing A Long 4:15 Encouraging Words</p>	<p>9:15 Daily C & Aroma Therapy 15 10:15 Today in History 10:45 MN Birds of Winter 11:15 Morning Stretch 2:15 One on Ones 2:45 Drumming 3:30 Table Games 4:15 Short Stories</p>	<p>9:45 Escorts to JAVA 16 10:15 POSITIVE NEWS ! 10:30 JAVA MUSIC club 11:15 Fun & Fitness (DR) 2:30 One on Ones 3:00 Active Games 3:30 Finish that Phrase... 4:00 The Red & Purple Hats Club !</p>	<p>9:15 Chronicles & Visits 17 10:15 POSITIVE News ! 10:30 Worship Service 11:15 Morning Stretch 2:15 One on Ones 2:45 Songs to Remember 3:45 Manicures St. Patrick's Day</p>	<p>11:15 Morning Stretch 18 1:15 Short Stories/Trivia 3:30 Activity with Stephanie</p>
<p>11:00 Catholic Mass - Channel 993 19 3:00 Worship Service - Channel 993</p>	<p>10:15 Devotion & Hymns 20 10:45 Signs of SPRING ! 11:15 Morning Stretch 2:15 One on Ones 2:45 Word Games 4:00 Activity with Lauryn Spring Begins</p>	<p>9:15 Chronicles & Visits 21 10:15 Shake Loose a Memory 11:15 Fun & Fitness 2:15 One on Ones 2:45 Active Games 3:30 Sing A Long 4:15 Encouraging Words</p>	<p>9:15 Daily C & Aroma Therapy 22 10:15 Today in History 10:45 Nature in MN 11:15 Morning Stretch 2:15 One on Ones 2:45 Sing A Long 3:30 Table Games 4:15 Short Stories Ramadan Begins</p>	<p>9:45 Escorts to JAVA 23 10:15 POSITIVE News ! 10:30 JAVA MUSIC club 11:15 Fun & Fitness (DR) 2:00 Michael Riddle Concert (AUD) 3:30 Let's Move 4:00 Shake Loose a Memory</p>	<p>9:15 Chronicles & Visits 24 10:15 POSITIVE News ! 10:30 Worship Service 11:15 Morning Stretch 2:15 One on Ones 2:45 Songs to Remember 3:45 Manicures</p>	<p>11:15 Morning Stretch 25 1:15 Music with Emily 3:30 Short Stories</p>
<p>11:00 Catholic Mass - Channel 993 26 3:00 Worship Service - Channel 993</p>	<p>10:15 Devotion & Hymns 27 10:45 Stories & Reminisce 11:15 Morning Stretch 2:15 One on Ones 2:45 Word Games 4:00 Activity with Anna</p>	<p>9:15 Chronicles & Visits 28 10:15 Shake Loose Memory 11:15 Fun & Fitness 2:15 One on Ones 2:45 National Geographic Stories 3:30 Sing A Long 4:15 Encouraging Words</p>	<p>9:15 Daily C & Aroma Therapy 29 10:15 Today in History 10:45 Nature in MN 11:15 Morning Stretch 2:15 One on Ones 2:45 Active Games 4:00 Short Stories</p>	<p>9:45 Escorts to JAVA 30 10:15 POSITIVE NEWS ! 10:30 JAVA MUSIC club 11:15 Fun & Fitness (DR) 2:30 One on Ones 3:00 Active Games 3:30 History of "Little Libraries" 4:30 National Geographic: Stories</p>	<p>9:15 Chronicles & Visits 31 10:15 POSITIVE NEWS 10:30 Worship Service 11:15 Morning Stretch 2:15 One on Ones 2:45 Let's Move 3:45 Manicures</p>	

Activities subject to change