






# Commons Activity Calendar - Week of May 1-8



Saturday - 1	Monday - 3	Tuesday - 4	Wednesday - 5	Thursday - 6	Friday - 7	Saturday - 8
<p>All Day Ping Pong-CFL2 All Day Pool-CAR3 10:45 Bingo-CAR3 (Maddie) 12:30-1:45 Room Visits (Maddie) 2:00 - Arts &amp; Crafts - CAR3 (Maddie) 3:00-Ice Cream Social 3rd Floor Patio OR CFL2 (Maddie) 4:00 - Wayzata Bay Fellowship Worship on Channel 994 or 16-8</p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - Virtual Chair 2 on Channel 996 or 16-12 10:30 - Balance on Channel 996 or 16-12 10:45-11:15 Commons Open Swim-Pool 12:30 - Catholic Rosary on Channel 994 or 16-8 1:30 Bingo-CAR3 (Maddie) 2:30 Open Pool, Ping Pong &amp; NuStep-CAR3 (Maddie) 3:00 - Live Opera: Phantom of the Opera - 2017 Gold Cast on Channel 996 or 16-12 3:45 YouTube® Music Requests-3rd Patio or CAR3 if raining (Maddie)</p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - HiLiit Class on Channel 995 or 16-10 10:15 Coffee &amp; Current Events-CAR3 (Maddie) 10:30 - Tai Chi on Channel 996 or 16-12 <i>10:30 Commons Shopping on Folkestone Bus (limit of 7, sign up by calling *2400)-TCE</i> 10:30-12:00 Commons Open Library-LIB1 11:00-In-Person Chair 1 Exercise-CAR3 11:15 - Yoga-Stand and Sit on Channel 996 or 16-12 1:30 Bingo-CAR3 (Maddie) 3:00 - Live Symphony: Live at Carnegie Hall: Yannick Nezet-Seguin - An Afternoon at the Opera on Channel 996 or 16-12 2:45 Commons Room to Room Popcorn Delivery (Maddie) 3:45 - Giant Crossword-CFL2 (Maddie) 6:00 - Commons Fireside Chat (Social hour, everyone welcome!)-CFL2</p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - Chair 2 on Channel 995 or 16-10 10:00 - Virtual Chair 2 on Channel 996 or 16-12 10:00-12:00 Room Visits-Maddie 10:30 - Balance on Channel 996 or 16-12 10:45 - Virtual Chair 1 on Channel 996 or 16-12 10:45-11:15 Commons Open Swim-Pool 11:00-12:00 Piano Music w/ Karla-CDR2 1:30 Bingo-CAR3 (Maddie) 2:30 Open Pool &amp; NuStep-CAR3 (Maddie) 3:45 Guess The Phrase-CFL2 (Maddie)</p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - HiLiit Class on Channel 995 or 16-10 10:30 - Tai Chi on Channel 996 or 16-12 10:15 - Coffee &amp; Reminiscing-CAR3 (Maddie) 11:00-In-Person Chair 1 Exercise-CAR3 11:15 - Yoga-Stand and Sit on Channel 996 or 16-12 1:00 - Beginner's Bridge Group -CAR3 <i>1:30 - Commons Outing to Arboretum (FREE, we will get out and walk around if the weather is nice, limit of 7) Sign up by calling *2400 or seeing Maddie-TCE</i> 2:00 - Doug Ohman MN Immigration Presentation Live from the AUD on Channel 995 or 16-10 3:45 Activity Canceled due to outing 5:45-7:45 - Jewelry Making &amp; Open Activity Room-CAR3 (Volunteer Maddie)</p>	<p style="text-align: center;"><b>Maddie &amp; Danessa off work today</b></p> <p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - Chair 2 LIVE on Channel 995 or 16-10 10:30 - Balance on Channel 996 or 16-12 10:45 - Virtual Chair 1 on Channel 996 or 16-12 1:30 - Bible Study w/ Kathy Ernst-CAR3 2:30 - Piano Hymns w/ Karla - CDR2</p> <div style="text-align: center;">  </div>	<p>All Day Ping Pong-CFL2 All Day Pool-CAR3 1:30 - Bingo w/ Volunteer Maddie-CAR3 2:30-4:00 - Manicures, Open Nu-Step &amp; Pool Table-CAR3 (volunteer Maddie) 4:00 - Wayzata Bay Fellowship Service- on Channel 994 or 16-8</p> <p style="text-align: center;"><b>Activity Calendar Codes</b> AUD1..... Auditorium - N BIS2..... Bistro - N CAR3..... 3rd Floor Activity Room - N C1.. Conservatory - N CH1..... Chapel - N CDR2..... Commons Dining Room - N CFL2... Commons Fireside Lounge 2nd Floor - N H5..... Hearth - N LIB1.....Library - N NLCR..... Northern Lights Club Room - N SSCR..... Superior Shore Club Room - W T1..... Theater - N TCE..... Town Center Main Entrance - N P..... Pool - N FC ..... Fitness Center - N LL...Lakeside Lounge - S TCCR ... Town Center Conference Room - N</p>
<p><b>Sunday - 2</b></p>						
<p>All Day Ping Pong-CFL2 All Day Pool-CAR3 10:30 - Live Stream of Westwood Church Service on Channel 16-12 or 996</p>						

# Commons Activity Calendar - Week of May 9-15




Sunday - 9	Monday - 10	Tuesday - 11	Wednesday - 12	Thursday - 13	Friday - 14	Saturday - 15
<p>All Day Ping Pong-CFL2 All Day Pool-CAR3 9:00 - MN Orchestra on Channel TPT-MN 10:30 - Live Stream of Westwood Church Service on Channel 16-12 or 996</p>  <p>Activity Calendar Codes AUD1..... Auditorium - N BIS2..... Bistro - N CAR3..... 3rd Floor Activity Room - N C1.. Conservatory - N CH1..... Chapel - N CDR2..... Commons Dining Room - N CFL2... Commons Fireside Lounge 2nd Floor - N H5..... Hearth - N LIB1.....Library - N NLCR..... Northern Lights Club Room - N SSCR..... Superior Shore Club Room - W T1..... Theater - N TCE..... Town Center Main Entrance - N P..... Pool - N FC ..... Fitness Center - N LL...Lakeside Lounge - S TCCR ... Town Center Conference Room - N WS...Wood Shop</p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - Virtual Chair 2 on Channel 996 or 16-12 10:30 - Balance on Channel 996 or 16-12 <b>10:45-11:15 Commons Open Swim-Pool</b> 12:30 - Catholic Rosary on Channel 994 or 16-8 <b>1:30 Bingo is canceled today and rescheduled for Thursday this week!</b> 3:00 - Live Opera: The Pirate (Bellini) at the Moscow Opera Theater on Channel 996 or 16-12 <b>3:30 - Commons, Hearth Ladies Tea (all women invited, please RSVP to *2400)</b> <b>5:45-7:45 - Boardgames-CAR3 (Volunteer Maddie)</b></p> 	<p><i>Happy Birthday Marlyss!</i></p>  <p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - HiLiit Class on Channel 995 or 16-10 <b>10:15 Coffee &amp; Current Events-CAR3 (Maddie)</b> 10:30 - Tai Chi on Channel 996 or 16-12 <b>10:30-12:00 Commons Open Library-LIB1</b> 11:00-In-Person Chair 1 Exercise-CAR3 11:15 - Yoga-Stand and Sit on Channel 996 or 16-12 <b>1:30 Bingo-CAR3 (Maddie)</b> 3:00 - Live Symphony: Frankfurt Radio Symphony performs Bruckner's No 7 on Channel 996 or 16-12 <b>2:45 Commons Room to Room Popcorn Delivery (Maddie)</b> <b>3:45 Stickyball-CFL2 (Maddie)</b> <b>6:00 - Commons Fireside Chat (Social hour, everyone welcome!)-CFL2</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - Chair 2 on Channel 995 or 16-10 10:00 - Virtual Chair 2 on Channel 996 or 16-12 <b>10:00-12:00 Room Visits-Maddie</b> 10:30 - Balance on Channel 996 or 16-12 10:45 - Virtual Chair 1 on Channel 996 or 16-12 <b>10:45-11:15 Commons Open Swim-Pool</b> 11:00-12:00 Piano Music w/ Karla-CDR2 <b>1:30 Bingo-CAR3 (Maddie)</b> <b>2:30 Open Pool &amp; NuStep-CAR3 (Maddie)</b> <b>3:45 Guess The Phrase-CFL2 (Maddie)</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - HiLiit Class on Channel 995 or 16-10 <b>10:15 - Coffee &amp; Reminiscing-CAR3 (Maddie)</b> 10:30 - Tai Chi on Channel 996 or 16-12 <b>11:00-In-Person Chair 1 Exercise-CAR3</b> 11:15 - Yoga-Stand and Sit on Channel 996 or 16-12 <b>1:00-2:45 - One on One Visits-Maddie</b> <b>1:00 - Beginner's Bridge Group -CAR3</b> <b>3:00 - Bingo-CAR3 (Maddie)</b> <b>5:45-7:45 - Jewelry Making &amp; Open Activity Room-CAR3 (Volunteer Maddie)</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12 10:00 - Chair 2 on Channel 995 or 16-10 10:30 - Balance on Channel 996 or 16-12 10:45 - Virtual Chair 1 on Channel 996 or 16-12 <b>1:30 - Bible Study w/ Kathy Ernst-CAR3</b> <b>2:30 Piano Hymns w/ Karla-CDR2</b> 3:00 - "We Are the World" Behind the Scenes full DVD from 1985 on Channel 996 or 16-12 <b>3:30 Commons &amp; Hearth New Resident Root Beer Float Social - 3rd Floor Patio</b></p>  <p>8:00 - MN Orchestra on Channel TPT-MN</p>	<p>All Day Ping Pong-CFL2 All Day Pool-CAR3 <b>1:30 - Bingo w/ Volunteer Maddie-CAR3</b> <b>2:30-4:00 - Manicures, Open Nu-Step &amp; Pool Table-CAR3 (volunteer Maddie)</b> 4:00 - Wayzata Bay Fellowship Worship on channel 994 or 16-8</p>



# Commons Activity Calendar - Week of May 16-22

Sunday - 16	Monday - 17	Tuesday - 18	Wednesday - 19	Thursday - 20	Friday - 21	Saturday - 22
<p>10:30 - Live Stream of Westwood Church Service on Channel 16-12 or 996</p> <p>3:45 - Piano Student Performance - 5th Floor Hearth Living Room</p> <p>All Day Ping Pong-CFL2</p> <p>All Day Pool-CAR3</p> <p>Activity Calendar Codes            AUD1..... Auditorium - N            BIS2..... Bistro - N            CAR3..... 3rd Floor Activity Room - N            C1.. Conservatory - N            CH1..... Chapel - N            CDR2..... Commons Dining Room - N            CFL2... Commons Fireside Lounge 2nd Floor - N            H5..... Hearth - N            LIB1.....Library - N            NLCR..... Northern Lights Club Room - N            SSCR..... Superior Shore Club Room - W            T1..... Theater - N            TCE..... Town Center Main Entrance - N            P..... Pool - N            WC..... Wellness Center - N            LL...Lakeside Lounge - S            TCCR ... Town Center Conference Room - N</p>	<p><b>Maddie off work today</b></p> <p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - Chair 2-AUD (sign up only) Can be seen LIVE or on Channel 995 or 16-10</p> <p>10:00 - Virtual Chair 2 on Channel 996 or 16-12</p> <p>10:30 - Balance on Channel 996 or 16-12</p> <p><b>10:45-11:15 Commons Open Swim-Pool</b></p> <p>12:30 - Catholic Rosary on Channel 994 or 16-8</p> <p>3:00 - Live Opera: Don Giovanni (Mozart) on Channel 996 or 16-12</p> 	<p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - HiLiit Class Live on Channel 995 or 16-10</p> <p><b>10:15 Coffee &amp; Current Events-CAR3 (Maddie)</b></p> <p>10:30 - Tai Chi Channel 996 or 16-12</p> <p><i>10:30 Commons Shopping on Folkestone Bus (limit of 7, sign up by calling *2400)-TCE</i></p> <p><b>10:30-12:00 Commons Open Library-LIB1</b></p> <p><b>11:00-In-Person Chair 1 Exercise-CAR3</b></p> <p>11:15 - Yoga-Stand and Sit on Channel 996 or 16-12</p> <p><b>1:30 Bingo-CAR3 (Maddie)</b></p> <p><b>2:30 Open Pool &amp; NuStep-CAR3 (Maddie)</b></p> <p>3:00 - Live Symphony: Tchaikovsky Symphony No 6 "Pathetique" on Channel 996 or 16-12</p> <p><b>2:45 Commons Room to Room Popcorn Delivery (Maddie)</b></p> <p><b>3:45 Balloon Badminton-CFL2 (Maddie)</b></p> <p><b>6:00 - Commons Fireside Chat (Social hour, everyone welcome!)-CFL2</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - Chair 2 on Channel 995 or 16-10</p> <p><b>10:00-12:00 Room Visits-Maddie</b></p> <p>10:30 - Balance on Channel 996 or 16-12</p> <p>10:45 - Virtual Chair 1 on Channel 996 or 16-12</p> <p><b>10:45-11:15 Commons Open Swim-Pool</b></p> <p><b>11:00-12:00 Piano Music w/ Karla-CDR2</b></p> <p><b>1:30 Bingo-CAR3 (Maddie)</b></p> <p>2:00 - Great Decisions Video on China &amp; Africa's Relationship on Channel 995 or 16-10</p> <p><b>2:30 Open Pool &amp; NuStep-CAR3 (Maddie)</b></p> <p><b>3:00 - Commons Resident Meeting w/ Dena-CAR3</b></p> <p><b>3:45 Guess The Phrase-CFL2 (Maddie)</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - HiLiit Class on Channel 995 or 16-10</p> <p><b>10:15 - Coffee &amp; Reminiscing-CAR3 (Maddie)</b></p> <p>10:30 - on Channel 996 or 16-12</p> <p><b>11:00-In-Person Chair 1 Exercise-CAR3</b></p> <p>11:15 - Yoga-Stand and Sit on Channel 996 or 16-12</p> <p><b>1:00 - Beginner's Bridge Group -CAR3</b></p> <p>2:00 - Great Decisions Speaker on China &amp; Africa's Relationship on Channel 995 or 16-10</p> <p><i>2:30 - Commons Outing to Ben &amp; Jerry's by the lake (FREE, limit of 7, sign up by calling *2400 or seeing Maddie)-TCE</i></p> <p><b>5:45-7:45 - Jewelry Making &amp; Open Activity Room-CAR3 (Volunteer Maddie)</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - Virtual Chair 2 on Channel 996 or 16-12</p> <p><b>10:00-12:00 Room Visits - Maddie</b></p> <p>10:30 - Balance on Channel 996 or 16-12</p> <p>10:45 - Virtual Chair 1 on Channel 996 or 16-12</p> <p><b>1:30 - Bible Study w/ Kathy Ernst-CAR3 (TBD)</b></p> <p><b>2:30 Piano Hymns w/ Karla-CDR2</b></p> <p><b>3:30 - Commons, Hearth, Arbor Birthday Social w/ Crooner Gary LaRue performing- AUD (all are welcome)</b></p>	<p>All Day Ping Pong-CFL2</p> <p>All Day Pool-CAR3</p> <p><b>1:30 - Bingo w/ Volunteer Maddie-CAR3</b></p> <p><b>2:30-4:00 - Manicures, Open Nu-Step &amp; Pool Table-CAR3 (volunteer Maddie)</b></p> <p>4:00 - Wayzata Bay Fellowship Worship on Channel 994 or 16-8</p> <p><i>Happy Birthday Elaine!</i></p> 

# Commons Activity Calendar Week of May 23-29

Sunday - 23	Monday - 24	Tuesday - 25	Wednesday - 26	Thursday - 27	Friday - 28	Saturday - 29
<p>All Day Ping Pong-CFL2</p> <p>All Day Pool-CAR3</p> <p>10:30 - Live Stream of Westwood Church Service on Channel 16-12 or 996</p> <p>3:00 - MN Orchestra on Channel TPT-MN</p> <p><b>Happy Birthday JoAnn!</b></p>  <p><b>Activity Calendar Codes</b>            AUD1..... Auditorium - N            BIS2..... Bistro - N            CAR3..... 3rd Floor Activity Room - N            C1.. Conservatory - N            CH1..... Chapel - N            CDR2..... Commons Dining Room - N            CFL2... Commons Fireside Lounge 2nd Floor - N            H5..... Hearth - N            LIB1.....Library - N            NLCR..... Northern Lights Club Room - N            SSCR..... Superior Shore Club Room - W            T1..... Theater - N            TCE..... Town Center Main Entrance - N            P..... Pool - N            FC..... Fitness Center - N            LL...Lakeside Lounge - S            TCCR ... Town Center Conference Room - N</p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - Chair 2-AUD (sign up only) Can be seen LIVE or on Channel 995 or 16-10</p> <p>10:00 - Virtual Chair 2 on Channel 996 or 16-12</p> <p><b>10:00-12:00 Room Visits – Maddie</b></p> <p>10:30 - Balance on Channel 996 or 16-12</p> <p><b>10:45-11:15 Commons Open Swim-Pool</b></p> <p>12:30 - Catholic Rosary on Channel 994 or 16-8</p> <p><b>1:30 Bingo-CAR3 (Maddie)</b></p> <p><b>2:30 Open Pool &amp; NuStep-CAR3 (Maddie)</b></p> <p>3:00 - Live Opera: Agrippina (Handel) by the Academy of Ancient Music on Channel 996 or 16-12</p> <p><b>3:45 YouTube® Music Requests-CFL2 (Maddie)</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - HiLiit Class on Channel 995 or 16-10</p> <p><b>10:15 Coffee &amp; Current Events-CAR3 (Maddie)</b></p> <p>10:30 - Tai Chi or on Channel 996 or 16-12</p> <p><b>10:30-12:00 Commons Open Library-LIB1</b></p> <p><b>11:00-In-Person Chair 1 Exercise-CAR3</b></p> <p>11:15 - Yoga-Stand and Sit on Channel 996 or 16-12</p> <p><b>1:30 Bingo-CAR3 (Maddie)</b></p> <p>3:00 - Live Symphony: The Ring of the Nibelung (Wagner) on Channel 996 or 16-12</p> <p><b>3:45 - Lemonade &amp; Bean bag Toss on the 3rd Patio (Maddie)</b></p> <p><b>6:00 - Commons Fireside Chat (Social hour, everyone welcome!)-CFL2</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - Chair 2 on Channel 995 or 16-10</p> <p><b>10:00-12:00 Room Visits-Maddie</b></p> <p>10:30 - Balance on Channel 996 or 16-12</p> <p>10:45 - Virtual Chair 1 on Channel 996 or 16-12</p> <p><b>10:45-11:15 Commons Open Swim-Pool</b></p> <p><b>11:00-12:00 Piano Music CANCELED</b></p> <p><b>1:30 Bingo-CAR3 (Maddie)</b></p> <p><b>2:30 Open Pool &amp; NuStep-CAR3 (Maddie)</b></p> <p>3:00 - Live Symphony: Bruckner's No 7 by the Frankfurt Radio Symphony on Channel 996 or 16-12</p> <p><b>3:45 Guess The Phrase-CFL2 (Maddie)</b></p>	<p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - HiLiit Class on Channel 995 or 16-10</p> <p><b>10:15 - Coffee &amp; Reminiscing-CAR3 (Maddie)</b></p> <p>10:30 - Tai Chi on Channel 996 or 16-12</p> <p><b>11:00-In-Person Chair 1 Exercise-CAR3</b></p> <p>11:15 - Yoga-Stand and Sit on Channel 996 or 16-12</p> <p><b>12:30 - First Art &amp; Craft Club Committee Meeting-AUD (Are you interested in joining this committee or giving input on our new Art &amp; Craft Club Room in the 5th Floor Hearth Conference Room coming soon? We would love for you to join us!)</b></p> <p><b>1:00-3:00 - One on One Visits-Maddie</b></p> <p><b>1:00 - Beginner's Bridge Group –CAR3</b></p> <p>2:00 - Presentation: Finding Solutions for Climate Change on Channel 995 or 16-10</p> <p><b>3:45 - Giant Crossword-CFL2 (Maddie)</b></p>	<p><b>Happy Birthday Fran!</b></p>  <p>9:30 - Seated Yoga on Channel 996 or 16-12</p> <p>10:00 - Chair 2 on Channel 995 or 16-10</p> <p><b>10:00-12:00 Room Visits – Maddie</b></p> <p>10:30 - Balance on Channel 996 or 16-12</p> <p>10:45 - Virtual Chair 1 on Channel 996 or 16-12</p> <p><b>1:30 - Bible Study w/ Kathy Ernst-CAR3</b></p> <p><b>2:30 Piano Hymns CANCELED</b></p> <p>3:00 - Live YouTube® Concert: John Fogerty's Coming Down the Road at Royal Albert Hall in 2009 on Channel 996 or 16-12</p> <p><b>3:45 Spelling Bee-CLF2 (Maddie)</b></p> <p>8:00 - MN Orchestra on Channel TPT-MN</p>	<p>All Day Ping Pong-CFL2</p> <p>All Day Pool-CAR3</p> <p>4:00 - Wayzata Bay Fellowship Worship on Channel 994 or 16-8</p> 

# Commons Activity Calendar Week of May 30-31

Sunday - 30	Monday - 31	
<p>10:30 - Live Stream of Westwood Church Service on Channel 16-12 or 996</p> <p>All Day Ping Pong-CFL2</p> <p>All Day Pool-CAR3</p> <p><b>Activity Calendar Codes</b>            AUD1..... Auditorium - N            BIS2..... Bistro - N            CAR3..... 3rd Floor Activity Room - N            C1.. Conservatory - N            CH1..... Chapel - N            CDR2..... Commons Dining Room - N            CFL2... Commons Fireside Lounge 2nd Floor - N            H5..... Hearth - N            LIB1.....Library - N            NLCR..... Northern Lights Club Room - N            SSCR..... Superior Shore Club Room - W            T1..... Theater - N            TCE..... Town Center Main Entrance - N            P..... Pool - N            FC..... Fitness Center - N            LL...Lakeside Lounge - S            TCCR ... Town Center Conference Room - N</p>	<p>Maddie off work today</p> <div data-bbox="615 385 864 626" data-label="Image"> </div> <p>All Day Ping Pong-CFL2</p> <p>All Day Pool-CAR3</p>	