

THE RIDGELINE

freedom to live well®

Celebrating a 70-Year Broadway Favorite



Seventy years ago, on April 7, 1949, *South Pacific* opened on Broadway. *South Pacific* is a 1949 musical with music by Richard Rodgers, lyrics by Oscar Hammerstein II and book by Hammerstein and Joshua Logan. The story draws from James A. Michener's Pulitzer Prize-winning, 1948 novel, *Tales of the South Pacific*, weaving together characters and elements from several of its stories into a single plotline. Two love affairs are chronicled. The first involves Lt. Joe Cable and a young Polynesian girl. The second revolves around Nellie Forbush, a Navy nurse from Little Rock, and Emile de Becque, a French planter with whom she falls in love with one enchanted evening. Cable and de Becque go on a dangerous mission behind Japanese lines from which only one of them returns. The musical won the Pulitzer Prize for Drama in 1950 for its exploration of racial prejudice.

The original production featured Mary Martin and marked the Broadway debut of Metropolitan Opera basso Ezio Pinza. It opened at the Majestic Theatre on April 7, 1949 and ran for 1,925 performances. The show was nominated for ten Tony Awards and won all of them, including Best Musical, Best Score and Best Libretto. It was the only musical production ever to win all four Tony Awards for acting.

Reviewers gave the original production uniformly glowing reviews; one critic called it "South Terrific." The *New York Herald Tribune* wrote: The new and much-heralded musical, *South Pacific*, is a show of rare enchantment. It is novel in texture and treatment, rich in dramatic substance, and eloquent in song, a musical play to be cherished. Under Logan's superb direction, the action shifts with constant fluency. ... [He] has kept the book cumulatively arresting and tremendously satisfying. The occasional dances appear to be magical improvisations. It is a long and prodigal entertainment, but it seems all too short. The Rodgers music is not his finest, but it fits the mood and pace of *South Pacific* so felicitously that one does not miss a series of hit tunes. In the same way the lyrics are part and parcel of a captivating musical unity. The *New York Daily Mirror* critic wrote, "Programmed as a musical play, *South Pacific* is just that. It boasts no ballets and no hot hoofing. It has no chorus in the conventional sense. Every one in it plays a part. It is likely to establish a new trend in musicals." The review continued: "Every number is so outstanding that it is difficult to decide which will be the most popular." The review in *New York World-Telegram* found the show to be "the ultimate modern blending of music and popular theatre to date, with the finest kind of balance between story and song, and hilarity and heartbreak." Brooks Atkinson of *The New York Times* especially praised Pinza's performance: "Mr. Pinza's bass voice is the most beautiful that has been heard on a Broadway stage for an eon or two. He sings ... with infinite delicacy of feeling and loveliness of tone." He declared that "Some Enchanted Evening", sung by Pinza, "ought to become reasonably immortal." Richard Watts, Jr. of the *New York Post* focused on Mary Martin's performance, writing, "nothing I have ever seen her do prepared me for the loveliness, humor, gift for joyous characterization, and sheer loveliness of her portrayal of Nellie Forbush ... who is so shocked to find her early racial prejudices cropping up. Hers is a completely irresistible performance." *Sources:*

rhapsodyinbooks.wordpress.com and wikipedia.org

THE RIDGELINE

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Looking for CD Donations

Founders Ridge residents and families, We are looking for donations of CD's that you no longer use to create a music program for our memory care residents. It has been shown through research that even when our cognitive faculties begin to go, we retain the ability to feel joy – and we often can get that experience from music. Music can help people living with dementia access memories, emotions and connections that are difficult for them to grasp otherwise. Music can also help soothe them, direct their energy productively and even get them to communicate in a way that transcends words. When used appropriately, music can shift mood, manage stress-induced agitation, stimulate positive interactions, facilitate cognitive function and coordinate motor movements. We are specifically looking for any CD's with a variety of genre of music to ensure the memory care residents have access to music that they enjoy. Any and all donations would be greatly appreciated and utilized to enhance the lives of residents living in our memory care here at Founders Ridge. If you would like to make a donation please drop the CD's by the front desk or call Violet at 952-946-2046 if you have any questions.

Israel, Here We Come!

As I write this, I am preparing to leave for Israel for 12 days! It is my fourth trip to the Holy Land and my Gretchen's first trip there. My last trip was in 1999 when there was a lot of hype about the turn of the century, Y2K! The world didn't come to an end then as predicted!

Our journey will take us from Bethlehem to the Sea of Galilee to Jericho to Jerusalem. Israel is not only culturally rich but its walls and ruins tell endless stories about a time and place we don't always hear about. Not only that, as a Christian, it was so surreal to me to be walking on the ground that Jesus walked.

To go in a spirit of prayer from one place to another, from one city to another, in the area marked especially by God's intervention, helps us not only to remind us to live our life as a journey, but also gives us a vivid sense of a God who has gone before us and leads us on, who himself set out on man's path, a God who does not look down on us from on high, but who became our travelling companion. The pilgrimage to the Holy Places thus becomes a highly meaningful experience.

It is one thing to study the Bible when you are 6000 miles away, but it is a completely different – I would say life-changing – experience doing it while in the Holy Land. The text truly comes to life when you read the Sermon on the Mount while standing on the Mount of Beatitudes; likewise, it is one thing to read about the Empty Tomb, but a whole different experience when you get to enter and see the tomb with your own eyes. The Bible truly comes to life, in full 3 dimensional Technicolor glory.

We will be excited upon our return to share our experiences with you! Please cover us in prayer for safety and God's blessing on our travel.

Pastor Brad



THE RIDGELINE

Time Management

Ever feel like there aren't enough hours in the day? Trouble with prioritizing your tasks? With some focus and dedication, it is possible to lessen the stress of daily life. Time management is the ability to plan and control how you spend the hours in a day to effectively accomplish your goals. This involves juggling time between the domains of life—work, home, social life, hobbies. It is important to establish clear goals and priorities in order to set aside non-essential tasks that can eat up time, and to monitor where the time actually goes.

Poor time management results in:

- Procrastination
- Lack of sleep
- Irritability
- Difficulty concentrating
- Rushing through tasks
- Feeling overwhelmed



In order to combat the above, it is necessary to construct and stick to a schedule.

Use the following suggestions for assistance.

- Use a personal calendar (digital or paper) to keep track of upcoming meetings, deadlines, and appointments.
- At the start of your day, take time to write down what you need to accomplish, and work in order of priority.
- If possible, delegate minor jobs to others – or, simply ask for assistance.
- Never skip lunch. Not only does your body need nourishment to help you focus, your mind needs the mental break.

With some thoughtful planning, time management can be a great way to manage stress. We can probably all benefit from that! *Source: Psychology Today*

Lisa Teske, Wellness Director



LeeAnn Kronlokken	4/2
Marilyn Olson	4/3
Lynn Smith	4/5
Clara Bleak	4/10
Elaine Mielke	4/12
Madonna Domenichetti	4/21
Cleo Kasten	4/24

**April Birthday Party:
Wednesday, April 3 at 3:00 p.m.
in the Performing Arts Center**

☆ Shining Stars! ☆

The Shining Star Program is a year-round opportunity for you and your family members to express your appreciation to employees that make a difference in your life. We are honored to have the privilege of serving YOU! If you would like to recognize a "Shining Star," brochures are available at the Town Center Reception Desk.

Colleen Cincotta - "She makes her visits fun!"

Esther Paulson - "She gets better and better all the time!"

Rob James - "Assisting the Terrace residents with their VEAP food drive and everything else he does."

Rohey Ceesay - "She is so kind and understanding."

Rohey Ceesay - "For the great care and service."

Vaniza Peschong - "For the great care and service."

For more information or to schedule a personal tour, please call Linnea @ 952-946-2005



Founders Ridge
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www.foundersridgephs.org

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

EQUAL HOUSING OPPORTUNITY.
ALL FAITHS WELCOME.

Volunteers: Love in Action

Let us love, not in words or speech, but in truth and actions. - 1 John 3:18 (NRSV)

Volunteers who serve Presbyterian Homes & Services help build a better world for older adults each day, one act of kindness at a time. More than 3,000 residents and friends found meaningful engagement and a sense of vocation by volunteering across PHS communities in the past year. Volunteers are the heart and soul of PHS, strengthening our Christian ministry through their stewardship of time and talent offered in gifts of compassion, dedication and love.

PHS welcomes all kinds of volunteers – from students to older adults. Volunteers help to organize outings and assist with activities, or just spend time listening and talking with residents. Many PHS residents find themselves with significant free time and a desire to contribute to their community in a positive way. Volunteering can help imbue a new sense of purpose or enable the pursuit of hobbies and passions. In addition, studies have shown that the act of

volunteering has a positive effect on overall health and well-being of older adults.

April is Volunteer Appreciation Month.

Presbyterian Homes & Services would like to say thank you to all who lend their time, talent and support, whether it be just for one afternoon or year-round. We celebrate the ordinary people who accomplish extraordinary things as PHS volunteers. They encourage the people they help and motivate others to serve as well.

Our mission, “to honor God by enriching the lives and touching the hearts of older adults,” is made possible in part by the support of such volunteers. If you have a passion that you’d like to bring or a skill that can be used to benefit the lives of older adults, we’d like to hear from you. Contact your site leader or go to www.preshomes.org and click on *Get to Know Us - Volunteers* to learn about volunteer opportunities.