










SV1 MARCH 2023 RECREATION CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>ACTIVITIES ARE SUBJECT TO CHANGE</p>	<p>Activities offered are based on the resident's interests, such as:</p> <ul style="list-style-type: none"> ♦ Music ♦ Reading Stories ♦ Memory Game ♦ Spiritual Activities ♦ Word Games ♦ Crafts ♦ Fun Facts/Trivia 	<ul style="list-style-type: none"> ♦ 1:1's Trivia ♦ Active Games ♦ Reminiscing Cards ♦ Whiteboard Games ♦ Poems ♦ Discussion Groups ♦ Adult Coloring ♦ Sing-a-longs 	<p>1</p> <p>10:00 FITNESS & STRETCHING 10:15 WHEEL OF FORTUNE</p> <p>10:30 COLORING PAGES</p> <p>11:15 1:1 VISITS</p> <p>AFTERNOON ACTIVITIES WITH NURSING</p>	<p>2</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA 11:15 1:1 VISITS 2:00 MUSIC WITH MANNY CORTEZ—C96</p> <p>2:30 CHAPEL SERVICE 3:30 FINISH THE PHRASE</p>	<p>3</p> <p>10:00 FITNESS & STRETCHING 10:15 FINISH THE PHRASE</p> <p>10:30 SING-A-LONG</p> <p>11:15 1:1 VISITS 2:00 MUSIC WITH MUSIC TO YOUR EARS—C96</p> <p>AFTERNOON ACTIVITIES WITH NURSING</p>	<p>4</p> <p>MORNING ACTIVITIES WITH NURSING</p> <p>6:00 LAWRENCE WELK — DAYROOM</p> 
<p>5</p> <p>10:00 CHAPEL SERVICE-CH/C96</p> 	<p>6</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA</p> <p>10:30 SING-A-LONG</p> <p>11:15 1:1 VISITS</p> <p>AFTERNOON ACTIVITIES WITH NURSING</p>	<p>7</p> <p>10:00 FITNESS & STRETCHING 10:15 DID YOU KNOW? 10:30 MANICURES & HAND MASSAGES</p> <p>11:15 1:1 VISITS</p> <p>2:00 JAVA MUSIC</p> <p>3:00 TRIVIA</p>	<p>8</p> <p>10:00 FITNESS & STRETCHING 10:15 WHEEL OF FORTUNE</p> <p>10:30 COLORING PAGES</p> <p>11:15 1:1 VISITS</p> <p>AFTERNOON ACTIVITIES WITH NURSING</p>	<p>9</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA 11:15 1:1 VISITS 2:00 MUSIC WITH GARY CARLSON—C96</p> <p>2:30 CHAPEL SERVICE 3:30 FINISH THE PHRASE</p>	<p>10</p> <p>10:00 FITNESS & STRETCHING 10:15 FINISH THE PHRASE 10:30 SING-A-LONG 11:15 1:1 VISITS 2:00 HYMN SING—C96</p> <p>AFTERNOON ACTIVITIES WITH NURSING</p>	<p>11</p> <p>MORNING ACTIVITIES WITH NURSING</p> <p>6:00 LAWRENCE WELK — DAYROOM</p>
<p>DAYLIGHT SAVINGS 12</p> <p>10:00 CHAPEL SERVICE-CH/C96</p> 	<p>13</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA</p> <p>10:30 SING-A-LONG</p> <p>11:15 1:1 VISITS</p>	<p>14</p> <p>10:00 FITNESS & STRETCHING 10:15 DID YOU KNOW? 10:30 MANICURES & HAND MASSAGES 11:15 1:1 VISITS 2:00 JAVA MUSIC 3:00 TRIVIA 4:30 WHEEL OF FORTUNE 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>15</p> <p>10:00 FITNESS & STRETCHING 10:15 WHEEL OF FORTUNE</p> <p>10:30 COLORING PAGES</p> <p>11:15 1:1 VISITS</p> <p>4:30 BEAN BAG TOSS 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>16</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA 11:15 1:1 VISITS 2:00 MUSIC WITH WES MILLER—C96 2:30 CHAPEL SERVICE 3:30 FINISH THE PHRASE</p> <p>4:30 BOWLING 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>ST PATRICKS DAY 17</p> <p>10:00 FITNESS & STRETCHING 10:15 FINISH THE PHRASE 10:30 SING-A-LONG 11:15 1:1 VISITS 2:00 MUSIC WITH THE SINGING PINES-C96</p> <p>4:30 BALLOON TOSS 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>18</p> <p>MORNING ACTIVITIES WITH NURSING</p> <p>6:00 LAWRENCE WELK — DAYROOM</p> 
<p>19</p> <p>10:00 CHAPEL SERVICE-CH/C96</p> 	<p>SPRING BEGINS 20</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA</p> <p>10:30 SING-A-LONG</p> <p>11:15 1:1 VISITS</p>	<p>21</p> <p>10:00 FITNESS & STRETCHING 10:15 DID YOU KNOW? 10:30 MANICURES & HAND MASSAGES 11:15 1:1 VISITS 2:00 JAVA MUSIC 3:00 TRIVIA 4:30 WHEEL OF FORTUNE 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>22</p> <p>10:00 FITNESS & STRETCHING 10:15 WHEEL OF FORTUNE</p> <p>10:30 COLORING PAGES</p> <p>11:15 1:1 VISITS</p> <p>4:30 BEAN BAG TOSS 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>23</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA 11:15 1:1 VISITS 2:00 MUSIC WITH WYOMING WANDERERS-C96 2:30 CHAPEL SERVICE 3:30 FINISH THE PHRASE</p> <p>4:30 BOWLING 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>24</p> <p>10:00 FITNESS & STRETCHING 10:15 FINISH THE PHRASE 10:30 SING-A-LONG 11:15 1:1 VISITS 2:00 HYMN SING—C96</p> <p>4:30 BALLOON TOSS 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>25</p> <p>MORNING ACTIVITIES WITH NURSING</p> <p>6:00 LAWRENCE WELK — DAYROOM</p>
<p>26</p> <p>10:00 CHAPEL SERVICE-CH/C96</p> 	<p>27</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA</p> <p>10:30 SING-A-LONG</p> <p>11:15 1:1 VISITS</p>	<p>28</p> <p>10:00 FITNESS & STRETCHING 10:15 DID YOU KNOW? 10:30 MANICURES & HAND MASSAGES 11:15 1:1 VISITS 2:00 JAVA MUSIC 3:00 TRIVIA 4:30 WHEEL OF FORTUNE 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>29</p> <p>10:00 FITNESS & STRETCHING 10:15 WHEEL OF FORTUNE</p> <p>10:30 COLORING PAGES</p> <p>11:15 1:1 VISITS</p> <p>4:30 BEAN BAG TOSS 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>30</p> <p>10:00 FITNESS & STRETCHING 10:15 TRIVIA 11:15 1:1 VISITS 2:30 CHAPEL SERVICE 3:30 FINISH THE PHRASE</p> <p>4:30 BOWLING 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>31</p> <p>10:00 FITNESS & STRETCHING 10:15 FINISH THE PHRASE 10:30 SING-A-LONG 11:15 1:1 VISITS</p> <p>4:30 BALLOON TOSS 6:30 SHORT STORIES 6:45 1:1 VISITS</p>	<p>HAPPY BIRTHDAY! DOLLY FAIRCHILD 3/22</p> 