



















# HARMONY RIVER ACTIVITIES January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b> 10:00 Church Service CR Harmony River Channel 16-6 or 993</p> <p style="text-align: center;"><b>Happy Birthday</b> Viona Schroeder &amp; Waneta Potter!</p>	<p><b>2</b> 10:00 BINGO CR 2:00 Winter Trivia CR</p> <p style="text-align: center;"> <b>Happy Birthday</b> Delores Klement!</p>	<p><b>3</b> 10:00 CR Hee Haw Video 11:00 Chat Circle WG 12:30 Chat Circle VC 2:00 Church Service CR 3:00 S.A.I.L. Exercises CR</p> <p style="text-align: center;"><b>Happy Birthday</b> Steven Ahlers!</p>	<p><b>4</b> 10:00 MUSIC in CR w/Terry Nelson</p> <p style="text-align: center;"><i>1:30-2:30 Auxiliary Shopping Cart in Café</i></p> <p style="text-align: center;"> <b>Happy Birthday</b> Carol Vigen!</p>	<p><b>5</b> 10:00 Devotions CR or Harm. River Ch. 993 or 16-6 2:00 Parachute CR</p> <p style="text-align: center;"><i>Full Moon</i></p> <p style="text-align: center;"><i>Epiphany</i></p> <p style="text-align: center;"></p>	<p><b>6</b> 10:00 New Years Bingo CR 11:00 Chat Circle PS 12:30 Chat Circle SB/MW 2:00 Putt Putt Golf CR</p> <p style="text-align: center;"> <b>Happy Birthday</b> Cathie Rarer!</p>	<p><b>7</b> 6:00 Lawrence Welk Channel 13 or 80-19</p>
<p><b>8</b> 10:00 Church Service CR Harmony River Channel 16-6 or 993</p>	<p><b>9</b> 10:00 BINGO CR 2:30 Food Committee LLAR 3:00 Resident Council LLAR</p> <p style="text-align: center;">Dog Visits 2nd Floor starting at 3:00</p> <p style="text-align: center;"></p>	<p><b>10</b> 10:00 Catholic Mass CR 2:30 S.A.I.L. Exercises CR</p>	<p><b>11</b> 10:00 MUSIC in CR w/Guy Stevermer 2:00 Men's Club CR</p> <p style="text-align: center;"></p>	<p><b>12</b> 10:00 Devotions CR or Harm. River Ch. 993/16-6 2:30 S.A.I.L. Exercises CR</p> <p style="text-align: center;"><b>Happy Birthday</b> Lillian Friendt!</p>	<p><b>13</b> 10:00 Jingle Bells CR 2:00 Friday the 13th Questions and Answers CR 6:30 Molly B Polka Music HRC</p> <p style="text-align: center;"></p>	<p><b>14</b> 6:00 Lawrence Welk Channel 13 or 80-19</p> <p style="text-align: center;"></p>
<p><b>15</b> 10:00 Church Service CR or Harmony River Channel 16-6 or 993</p> <p style="text-align: center;"></p>	<p><b>16</b> 10:00 BINGO CR 2:00 Lessons from Martin Luther King's Journal CR</p> <p style="text-align: center;"> <b>Happy Birthday</b> Gina Blum!</p>	<p><b>17</b> 10:00 Junk Drawer Detective CR 2:00 Faith Luth. Comm. CR 3:00 S.A.I.L. Exercises CR</p> <p style="text-align: center;"><b>Happy Birthday</b> Anne Mattsfield!</p>	<p><b>18</b> 10:00 MUSIC in CR w/Chuck Thiel 3:30 Veterans Group LLAR</p> <p style="text-align: center;"><b>Happy Birthday</b> Rodney Kurth &amp; Marvin Gelle!</p>	<p><b>19</b> 10:00 Devotions CR or Harm. River Ch. 993 or 16-6 2:30 S.A.I.L. Exercises CR</p>	<p><b>20</b> 10:00 Winter Bingo CR 2:00 Snowdaze Fun! CR 6:30 Molly B Polka Music HRC</p> <p style="text-align: center;"></p>	<p><b>21</b> 6:00 Lawrence Welk Channel 13 or 80-19</p> <p style="text-align: center;"></p>
<p><b>22</b> 10:00 Church Service CR Harmony River Channel 16-6 or 993</p> <p style="text-align: center;"><i>Activity Professionals Week Begins</i></p>	<p><b>23</b> 10:00 BINGO CR 2:00 Google Earth Exploring CR</p> <p style="text-align: center;">Dog Visits 1st Floor starting at 3:00</p> <p style="text-align: center;"><b>Happy Birthday</b> Blanche Boehme!</p> <p style="text-align: center;"></p>	<p><b>24</b> 10:00 Catholic Mass CR 2:30 S.A.I.L. Exercises CR</p> <p style="text-align: center;"><i>National Compliment Day!</i></p> <p style="text-align: center;"><b>Happy Birthday</b> Ruth Larson!</p>	<p><b>25</b> 10:00 MUSIC in CR 2:00 Share your Hobby Day! in CR</p> <p style="text-align: center;"></p>	<p><b>26</b> 10:00 Devotions CR or Harm. River Ch. 993 or 16-6 2:30 S.A.I.L. Exercises CR</p>	<p><b>27</b> 10:00 Folk Songs of the 60s CR 2:00 Strange Sox &amp; Big Wig Day Fashion Show CR 6:30 Molly B Polka Music HRC</p> <p style="text-align: center;"></p>	<p><b>28</b> 6:00 Lawrence Welk Channel 13 or 80-19</p> <p style="text-align: center;"><b>Happy Birthday</b> Irma Wendorff &amp; Del Benjamin!</p>
<p><b>29</b> 10:00 Church Service CR Harmony River Channel 16-6 or 993</p> <p style="text-align: center;"><i>National Puzzle Day!</i></p> <p style="text-align: center;"></p>	<p><b>30</b> 10:00 BINGO CR 2:00 Spare Day Bowling CR</p> <p style="text-align: center;"></p>	<p><b>31</b> 10:00 Soup Month A-Z CR 2:00 Church Service CR 3:00 S.A.I.L. Exercises CR</p> <p style="text-align: center;"> <b>Happy Birthday</b> Ashley Hayden!</p>	<p style="text-align: center;"><b>Sit &amp; Stretch</b> <b>Monday-Friday</b> <b>9:30</b> <b>HRC: Harmony</b> <b>River Channel 16-6</b> <b>or 993</b></p>	<p style="text-align: center;"><i>Masks</i> <i>Must Be Worn</i> <i>To All</i> <i>Community Room</i> <i>Activities</i></p>	<p style="text-align: center;">SEE WEEKLY CALENDARS IN NEIGHBORHOODS FOR ADDITIONAL &amp; UPDATED ACTIVITIES PROVIDED</p>	<p style="text-align: center;"><b>January</b>  <b>2023</b></p>