
























# HARMONY RIVER ACTIVITIES OCTOBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Masks must be worn to all Community Room Activities</b></p>	<p><b>Sit &amp; Stretch Monday-Friday 9:30</b> HRC: Harmony River Channel 16-6 or 993</p>	<p><b>SEE WEEKLY CALENDARS IN NEIGHBORHOODS FOR ADDITIONAL &amp; UPDATED ACTIVITIES PROVIDED</b></p>	<div style="text-align: center;">  <h2 style="margin: 0;">OCTOBER 2021</h2> <p style="font-size: small;">THIS CALENDAR IS SUBJECT TO CHANGE BASED ON RESIDENT COVID CASES. If large groups are cancelled, virtual programs will be continued.</p> </div>	<p><b>1</b> 10:00 APPLE BINGO CR 3:00 Octoberfest Music Video Harm. River Ch. 993 or16-6 7:00 Disney World 50th Anniversary Celebration ABC Ch. 5 or 5-1</p> 	<p><b>2</b> 6:00 Lawrence Welk Channel 13 or 80-19</p> 	
<p><b>3</b> 10:00 Church Service CR Harmony River Channel 16-6 or 993</p> <p style="text-align: right;"><i>Active Aging Week</i></p>	<p><b>4</b> 10:00 BINGO CR 3:00 Fall Virtual Tour Lake Superior Harm. River Ch. 993 or16-6</p> <p><i>Happy Birthday Lucille Haas!</i></p> <p><i>Fitness - Physical Day</i></p> 	<p><b>5</b> 10:00 KICKBALL CR GOLDEN ARCHES DAY 3:00 McDonald's Documentary Harm. River Ch. 993 or16-6 11:00 Chat Circle WG 12:30 Chat Circle VC</p> <p><i>Coloring Page - Social Day</i></p>	<p><b>6</b> 10:00 MUSIC in CR TERRY NELSON Harm. River Ch. 993 or16-6</p>  <p><i>Crosswords-Intellectual Day</i></p>	<p><b>7</b> 10:00 CHAPEL in CR Harm. River Ch. 993 or16-6 6:20 Molly B Polka Music HRC</p> <p>You Matter To Me Day</p> <p><i>Environmental/Spiritual Awareness Day</i></p> 	<p><b>8</b> 10:00 MOVIE CR TALLEST TREES on EARTH Redwood National Park 11:00 Chat Circle PS 12:30 Chat Circle SB/MW 2:00 Chat Circle HSB</p> <p><i>Attitude of Gratitude - Emotional Day</i></p>	<p><b>9</b> 6:00 Lawrence Welk Channel 13 or 80-19</p> <p><i>Pop, Pop, Pop... Popcorn Day!</i></p> 
<p><b>10</b> 10:00 Church Service CR Harmony River Channel 16-6 or 993</p> 	<p><b>11</b> 10:00 BINGO CR</p> <p>2:30 Food Committee CR 3:00 Resident Council CR</p> 	<p><b>12</b> 10:00 STRETCHBANDS CR 3:00 Bob Hope Special Harm. River Ch. 993 or16-6</p> <p>Bob Hope Day</p> 	<p><b>13</b> 10:00 MUSIC in CR ELLEN TRACY Harm. River Ch. 993 or16-6</p> 	<p><b>14</b> 10:00 CHAPEL in CR Harm. River Ch. 993 or16-6</p> <p>2:30 Peace Bunny Island: MW, AT, WG, PS, VC, SB 3:30 Peace Bunny Island: HB, FP 6:20 Molly B Polka Music HRC</p> <p><i>Happy Birthday Joy Brott!</i></p> 	<p><b>15</b> 10:00 and 3:00 CR 70th Anniversary of "I LOVE LUCY"</p> <p><i>Happy Birthday Judith Murphy!</i></p> 	<p><b>16</b> 6:00 Lawrence Welk Channel 13 or 80-19</p> <p><i>Sweetest Day</i></p>
<p><b>17</b> 10:00 Church Service CR Harmony River Channel 16-6 or 993</p>	<p><b>18</b> 10:00 BINGO CR</p> <p>3:00 Cranberry Month Cranberry Farm Video Harm. River Ch. 993 or16-6</p> 	<p><b>19</b> 10:00 DRUMMING FUN CR</p> <p>3:00 Video: History of MN Apple Development Harm. River Ch. 993 or16-6</p> 	<p><b>20</b> 10:00 MUSIC in CR CHUCK THIEL Harm. River Ch. 993 or16-6</p> <p>Full Moon</p> 	<p><b>21</b> 10:00 COMMUNION in CR Harm. River Ch. 993 or16-6 6:20 Molly B Polka Music HRC</p> <p><i>Happy Birthday Tanya Shorter!</i></p> 	<p><b>22</b> 10:00 COOKIE BINGO CR 3:00 THE LIFE AND TIMES OF HENRY FORD DOCUMENTARY Harm. River Ch. 993 or16-6</p> 	<p><b>23</b> 6:00 Lawrence Welk Channel 13 or 80-19</p>
<p><b>24</b> 10:00 Church Service CR Harmony River Ch. 16-6 or 993</p> <p><b>31</b> 10:00 Church Service CR Harmony River Ch.16-6 or 993</p> <p><i>Happy Birthday Evelyn Laraway!</i></p>	<p><b>25</b> 10:00 BINGO CR 3:00 Enchanting Autumn Video Harm. River Ch. 993 or16-6</p> <p><i>Happy Halloween</i></p> 	<p><b>26</b> 10:00 PARACHUTE GAMESCR Movie: Ghost Cat Harm. River Ch. 993 or16-6 National Pumpkin Day <b>WORLD SERIES STARTS</b></p> <p><i>Happy Birthday Carol Shufelt!</i></p> 	<p><b>27</b> 10:00 MUSIC in CR GUY STEVERMER Harm. River Ch. 993 or16-6</p> <p><i>Happy Birthday John Mattsfield!</i></p> 	<p><b>28</b> CHAPEL in CR Harm. River Ch. 993 or16-6 6:20 Molly B Polka Music HRC</p> 	<p><b>29</b> Visit Halloween Alley Lower Level Activity Room Times to be Announced</p> 	<p><b>30</b> 6:00 Lawrence Welk Channel 13 or 80-19 Jack O Lantern Day</p> <p><i>Happy Birthday Glen Reil!</i></p> 