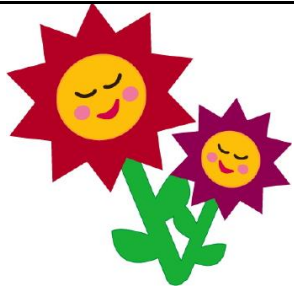


Johanna Shores 4 Gables Life Enrichment Calendar

May 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:30 Leisure Floor Rounds 10:45/11:00 Morning Perk SL/NL 11:45/12:00 Table Grace SDR/NDR 1:30/2:00 Sacred Music -SL/NL 2:30 Church Service- CH 990 3:00 /3:30 Snacks- SDR/NDR	Memorial Day! 31 9:00 Leisure Floor Rounds 10:15/10:30 Morning Perk -SL/NL 11:00 Patriotic Music SL/NL 11:45/12:00 Table Grace- SDR/NDR 1:00 1:1 Visits -SL/NL 1:45/2:15 Reminiscence-SL/NL 2:45/3:15 Snack Time -SDR/NDR	SDR- South Dining Room NDR- North Dining Room PAT - Patio SL- South Lounge NL – North Lounge AVR - Aviary Room FH - Fellowship Hall VS -Village Square	Programs subject to change based on Resident need and regulations related to Covid-19.		Happy Mother's Day	1 9:00 Leisure Floor Rounds 10:30/11:00 Stories with Tracy SL/NL 11:45/12:00 Table Grace- SDR/NDR 1:45/2:00 Matinee Movie-SL/NL 3:00/3:30 Snack Time-SL/NL 4:15/4:30 Quiet Music -SL/NL
2 9:30 Leisure Floor Rounds 10:45/11:00 Morning Perk SL/NL 11:45/12:00 Table Grace SDR/NDR 1:30/2:00 Sacred Music -SL/NL 2:30 Church Service- CH 990 3:00 / 3:30 Snacks SDR/NDR 4:00 Pampered Hands	3 9:00 Leisure Floor Rounds 10:15/10:30 Morning Perk -SL/NL 11:00/11:30 Music Therapy-4N/4S 11:30 Wellness Stretch 4N 11:45/12:00 Table Grace- SDR/NDR 1:00 1:1 Visits -SL/NL 1:45/2:15 Reminiscence-SL/NL 2:45/3:15 Snack Time -SDR/NDR 4:00/4:30 Music Therapy – SL/NL	4 9:00 Leisure Floor Rounds 10:15/10:30 Morning Perk -SL/NL 12:00 Table Grace- SDR/NDR 1:00 Pampered Hands -SL/NL 2:00/2:30 Balloon Ball-SL/NL 3:00 Snack Time -SL/NL 4:00/4:30 Music Therapy-SL/NL 6:00 Classic Concert – SL/NL	5 9:00 Leisure Floor Rounds 10:15 Morning Perk-SL/NL 11:00 Brain Teasers -4N/4S 11:30 Wellness Stretch 4NL 12:00 Table Grace -SDR/NDR 2:00/2:30 Chapel -SL/NL 3:00 Baking for Fun- SL/NL 4:00/4:15 Lawrence Welk- SL/NL	6 9:00 Leisure Floor Rounds 10:15 Morning Perk-SL/NL 11:00/11:30 Music Therapy-4N/4S 11:30 Wellness Stretch 4NL CH 990 12:00 Table Grace -SDR/NDR 1:30 1:1 Visits 3:00 Treat Cart-SL/NL 4:00/4:30 Music Therapy- SL/NL 6:00 Classic Movie Night- SL/NL Beauty Shop Day	7 9:00 Leisure Floor Rounds 10:00 Pet Visits 11:00/11:30 Music Therapy-4N/4S 11:30 Wellness Stretch 4NL CH 990 11:45/12:00 Table Grace SDR/NDR 1:45/2:15 Bible Reading -SL/NL 3:00/3:30 Snack Time-SL/NL 4:00/4:30 Music Therapy – SL/NL	8 9:00 Leisure Floor Rounds 10:30 Music with John- SL 11:00 Music with John - NL 11:45/12:00 Table Grace- SDR/NDR 1:45/2:00 Matinee Movie-SL/NL 3:00/3:30 Snack Time-SL/NL 4:15/4:30 Quiet Music -SL/NL
Mother's Day 9 9:30 Leisure Floor Rounds 10:45/11:00 Morning Perk SL/NL 11:45/12:00 Table Grace SDR/NDR 1:30/2:00 Sacred Music -SL/NL 2:30 Church Service- CH 990 3:00 /3:30 Snacks- SDR/NDR 4:00 Pampered Hands	10 9:00 Leisure Floor Rounds 10:15/10:30 Morning Perk -SL/NL 11:00/11:30 Old time Radio-4N/4S 11:30 Wellness Stretch 4NL 11:45/12:00 Table Grace- SDR/NDR 1:00 1:1 Visits -SL/NL 1:45/2:15 Reminiscence-SL/NL 2:45/3:15 Snack Time -SDR/NDR 4:00/4:30 Music Therapy – SL/NL	11 9:00 Leisure Floor Rounds 10:15/10:30 Morning Perk -SL/NL 12:00 Table Grace- SDR/NDR 1:00 Pampered Hands -SL/NL 2:00/2:30 Balloon Ball g-SL/NL 3:00 Snack Time -SL/NL 4:00/4:30 Music Therapy- SL/NL 6:00 Classic Concert – SL/NL	12 9:00 Leisure Floor Rounds 10:15 Morning Perk-SL/NL 11:00 Brain Teasers -4N/4S 11:30 Wellness Stretch 4NL 12:00 Table Grace -SDR/NDR 2:00/2:30 Chapel -SL/NL 3:00 Baking for Fun- SL/NL 4:00/4:15 Lawrence Welk- SL/NL	13 9:00 Leisure Floor Rounds 10:15 Morning Perk-SL/NL 11:00/11:30 Music Therapy-4N/4S 11:30 Wellness Stretch 4NL CH990 12:00 Table Grace -SDR/NDR 1:30 1:1 Visits 3:00 Treat Cart-SL/NL 4:00/4:30 Music Therapy –SL/NL 6:00 Classic Movie Night- SL/NL Beauty Shop Day	14 9:00 Leisure Floor Rounds 10:00 Pet Visits 11:00/11:30 Music Therapy 4N/4S 11:30 Wellness Stretch 4NL CH 990 11:45/12:00Table Grace-SDR/NDR 1:45/2:15 Bible Reading -SL/NL 3:00/3:30 Snack Time-SL/NL 4:00/4:30 Music Therapy – SL/NL	Armed Forces Day 15 9:00 Leisure Floor Rounds 10:30 Minnesota Music with John - FH 11:45/12:00 Table Grace- SDR/NDR 1:45/2:00 Matinee Movie-SL/NL 3:00/3:30 Snack Time-SL/NL 4:15/4:30 Quiet Music -SL/NL
16 9:30 Leisure Floor Rounds 10:45/11:00 Morning Perk SL/NL 11:45/12:00 Table Grace SDR/NDR 1:30/2:00 Sacred Music -SL/NL 2:30 Church Service- CH 990 3:00/3:30 Snacks- SDR/NDR 4:00 Pampered Hands	17 9:00 Leisure Floor Rounds 10:15/10:30 Morning Perk -SL/NL 11:00/11:30 Music Therapy-4N/4S 11:30 Wellness Stretch 4NL 11:45/12:00 Table Grace- SDR/NDR 1:00 1:1 Visits -SL/NL 1:45/2:15 Reminiscence-SL/NL 2:45/3:15 Snack Time -SDR/NDR 4:00/4:30 Music Therapy – SL/NL	18 9:00 Leisure Floor Rounds 10:15/10:30 Morning Perk -SL/NL 12:00 Table Grace- SDR/NDR 1:00 Pampered Hands -SL/NL 2:00/2:30 Balloon Ball-SL/NL 3:00 Snack Time -SL/NL 4:00/4:30 Music Therapy – SL/NL 6:00 Classic Concert – SL/NL	19 9:00 Leisure Floor Rounds 11:00 Brain Teasers -4N/4S 11:30 Wellness Stretch 4NL 12:00 Table Grace -SDR/NDR 2:00/2:30 Chapel -SL/NL 3:00 Baking for Fun- SL/NL 4:00 /4:15 Lawrence Welk- SL/NL	20 9:00 Leisure Floor Rounds 10:15 Morning Perk-SL/NL 11:00/11:30 Music Therapy-4N/4S 11:30 Wellness Stretch 4NL 12:00 Table Grace -SDR/NDR 1:30 1:1 Visits 3:00 Treat Cart-SL/NL 4:00/4:30 Music Therapy –SL/NL 6:00 Classic Movie Night - SL/NL 6:00 Dementia Caregivers Support FH Beauty Shop Day	21 9:00 Leisure Floor Rounds 10:00 Pet Visits 11:00/11:30 Music Therapy-4N/4S 11:30 Wellness Stretch 4NL CH 990 11:45/12:00 Table Grace- SDR/NDR 1:45/2:15 Bible Reading -SL/NL 3:00/3:30 Snack Time-SL/NL 4:00/4:30 Music Therapy-SL/NL	22 9:00 Leisure Floor Rounds 10:30 Music with John- SL 11:00 Music with John - NL 11:45/12:00 Table Grace- SDR/NDR 1:45/2:00 Matinee Movie-SL/NL 3:00/3:30 Snack Time-SL/NL 4:15/4:30 Quiet Music -SL/NL
23 9:30 Leisure Floor Rounds 10:45/11:00 Morning Perk SL/NL 12:00 Table Grace SDR/NDR 1:30/2:00 Sacred Music -SL/NL 2:30 Church Service- CH 990 3:00/3:30 Snacks- SDR/NDR 4:00 Pampered Hands	24 9:00 Leisure Floor Rounds 10:15/10:30 Morning Perk -SL/NL 11:00/11:30 Music Therapy 4N/4S 11:30 Wellness Stretch 4NL 12:00 Table Grace- SDR/NDR 1:00 1:1 Visits -SL/NL 1:45/2:15 Reminiscence-SL/NL 2:45/3:15 Snack Time -SDR/NDR 4:00/4:30 Music Therapy – SL/NL	25 9:00 Leisure Floor Rounds 10:00 Pontoon Rides (S) 11:00 Pontoon Rides (N) 12:00 Table Grace- SDR/NDR 1:00 Pampered Hands -SL/NL 2:00/2:30 Balloon Ball-SL/NL 3:00 Snack Time -SL/NL 4:00/4:30 Music Therapy – SL/NL 6:00 Classic Concert – SL/NL	26 9:00 Leisure Floor Rounds 10:15 Morning Perk-SL/NL 11:00 Brain Teasers7 -4N/4S 11:30 Wellness Stretch 4NL 12:00 Table Grace -SDR/NDR 2:00/2:30 Chapel -SL/NL 3:00 Baking for Fun- SL/NL 4:00/4:15 Lawrence Welk- SL/NL	27 9:00 Leisure Floor Rounds 10:15 Morning Perk-SL/NL 11:00/11:30 Old Time Radio-4N/4S 11:30 Wellness Stretch 4NL CH 990 12:00 Table Grace -SDR/NDR 1:30 1:1 Visits 3:00 Treat Cart-SL/NL 4:00/4:30 Music Therapy –SL/NL 6:00 Classic Movie Night - SL/NL Beauty Shop Day	28 9:00 Leisure Floor Rounds 10:00 Pet Visits 11:00/11:30 Old Time Radio-4N/4S 11:30 Wellness Stretch 4NL CH 990 11:45/12:00 Table Grace SDR/NDR 1:45/2:15 Bible Reading SL/NL 3:00/3:30 Snack Time SL/NL 4:00/4:30 Trvia SL/NL	29 9:00 Leisure Floor Rounds 10:30 Music with John- SL 11:00 Music with John - NL 11:45/12:00 Table Grace- SDR/NDR 1:45/2:00 Matinee Movie-SL/NL 3:00/3:30 Snack Time-SL/NL 4:15/4:30 Quiet Music -SL/NL