

Sunday

Monday

Tuesday

Wednesday



Thursday

Friday

Saturday



# April 2021 Life Enrichment Activities

<p>11:30 EASTER LUNCH</p>  <p>2:30 EASTER SUNDAY WORSHIP SERVICE</p> <p>Easter Sunday</p>	<p>10:00 DEVOTIONS 1:15 COMMONS COMMUNION (FH) 2:00 BINGO (FH) 2:15 TERRACE/BROWNSTONES COMMUNION (TCL)</p>	<p>COLOR OF THE DAY: MULTI COLOR</p> <p>9:15 YOGA STRETCH 10:00 BRAIN GAMES (3<sup>RD</sup> FL) 10:30 TERRACE KNITTERS (TCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 2:00 MUSIC WITH RED GALLAGHER (VIDEO) 3:30 TERRACE EXERCISE (WC)</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 10:00 HYMNS WITH HOLLY 10:15 BRN BIBLE STUDY (BCL) 10:30-11:15 COMMONS GIFT SHOP CART (1<sup>ST</sup> FL. VOLUNTEER HALLWAY) 11:00 COMMONS EX. (FH Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:00 KEN'S BIG KITCHEN 1:30-3:30 COMMONS GIFT SHOP CART (3<sup>RD</sup> FLOOR DR) 2:00 BINGO (FH) 3:00 MUSIC WITH LORIE 3:30 TERRACE EXERCISE (WC)</p>	<p>9:15 YOGA STRETCH 10:00 BIBLE STUDY WITH LINDA 10:00 TERRACE BIBLE STUDY (TCL) (Also on 990) 11:00 COMMONS EXERCISE (FH) 11:30 SEATED STRETCH &amp; ROM 12:00-3:00 TER/BRN GIFT SHOP CART (CON) 1:30 TER/BRN COLOR CLUB (TCL) 2:00 ROSARY 2:45 PAINTING WITH LEONA 3:10 TWINS HOME OPENER VS MARINERS (CH. 201) 3:30 TERRACE EXERCISE (WC)</p> <p>All Fools' Day</p>	<p>10:00 GOOD FRIDAY SERVICE (Also on 990) 11:00 COMMONS EXERCISE (FH) 11:30 SEATED STRETCH &amp; ROM 2:00 BINGO (FH) 3:30 MUSIC WITH ANDY &amp; CAROL</p> <p>Good Friday</p>	<p>10:30 MUSIC WITH JOHN</p> <p>1:30 COMMONS MOVIE (T) "SON OF GOD" 2:00 MUSIC AND STORIES WITH LINDA 6:30 TERRACE/BROWNSTONES MOVIE (T) "SON OF GOD"</p>
<p>2:30 WORSHIP SERVICE</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 10:00 DEVOTIONS 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:30 COMMONS BIBLE STUDY (4A) 2:00 BINGO (FH) 3:30 TERRACE EXERCISE (WC)</p> <p>Ramadan Begins</p>	<p>COLOR OF THE DAY: YELLOW</p> <p>9:15 YOGA STRETCH 10:00 BRAIN GAMES (3<sup>RD</sup> FL) 10:30 TERRACE KNITTERS (TCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 2:00 THE MERRY MINSTRELS 3:30 TERRACE EXERCISE (WC)</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 10:00 HYMNS WITH HOLLY 10:15 BROWNSTONES BIBLE STUDY (BCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 2:00 BINGO (FH) 3:00 MUSIC WITH LORIE 3:15 POPCORN CART (CON) 3:30 TERRACE EXERCISE (WC)</p>	<p>9:15 YOGA STRETCH 10:00 BIBLE STUDY WITH LINDA 10:00 TERRACE BIBLE STUDY (TCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:30 TER/BRN COLOR CLUB (TCL) 2:00 CATHOLIC DEVOTIONS/ROSARY 2:45 HAWAII PARTY WITH BEACHCOMBER BOB 3:30 TERRACE EXERCISE (WC) 6:00 DEMENTIA CAREGIVERS SUPPORT GROUP VIA ZOOM</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 9:15 FITNESS FUN TERRACE (WC) 10:00 DEVOTIONS WITH JOHN 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 2:00 BINGO (FH) 3:30 MUSIC WITH ANDY &amp; CAROL</p>	<p>10:30 MUSIC WITH JOHN</p> <p>1:30 COMMONS MOVIE (T) "EMMA" 2:00 MUSIC AND STORIES WITH LINDA 6:30 TERRACE/BROWNSTONES MOVIE (T) "EMMA"</p>
<p>10:30 THERESA'S LITTLE FLOWER HOUR</p>  <p>2:30 WORSHIP SERVICE</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 10:00 DEVOTIONS 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:30 COMMONS BIBLE STUDY (4A) 2:00 BINGO (FH) 3:30 TERRACE EXERCISE (WC)</p>	<p>COLOR OF THE DAY: LIME</p> <p>9:15 YOGA STRETCH 10:00 RECYCLED CARDS-COMMONS ONLY (4A) 10:30 TERRACE KNITTERS (TCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:30 GREAT DECISIONS: "GLOBAL SUPPLY CHAINS AND NATIONAL SECURITY WITH TODD LEFKO" 3:30 TERRACE EXERCISE (WC)</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 10:00 HYMNS WITH HOLLY 10:15 BRN BIBLE STUDY (BCL) 10:30-11:15 COMMONS GIFT SHOP CART (1<sup>ST</sup> FL. VOLUNTEER HALLWAY) 11:00 COMMONS EXERCISE (FH/Also 990) 11:30 SEATED STRETCH &amp; ROM 1:00 KEN'S BIG KITCHEN 1:30-3:30 COMMONS GIFT SHOP CART (3<sup>RD</sup> FLOOR DR) 2:00 BINGO (FH) 3:00 MUSIC WITH LORIE 3:30 TERRACE EXERCISE (WC)</p>	<p>9:15 YOGA STRETCH 10:00 BIBLE STUDY WITH LINDA 10:00 TERRACE BIBLE STUDY (TCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 12:00-3:00 TER/BRN GIFT SHOP CART (CON) 1:30 TER/BRN COLOR CLUB (TCL) 2:00 ROSARY 2:45 PURE EARTH: DISCOVER THE SIGHTS &amp; SOUNDS OF OUR PLANET 3:30 TERRACE EXERCISE (WC)</p> <p>Earth Day</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 9:15 FITNESS FUN TERRACE (WC)) 10:00 DEVOTIONS WITH DCN RON 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:15 ICE CREAM CART - BRN 2:00 ICE CREAM CART - TER 2:00 BINGO (FH) 3:00 ICE CREAM CART - COM 3:30 MUSIC WITH ANDY &amp; CAROL</p>	<p>10:30 MUSIC WITH JOHN</p> <p>1:30 COMMONS MOVIE (T) "FIELD OF DREAMS" 2:00 MUSIC AND STORIES WITH LINDA 6:30 TERRACE/BROWNSTONES MOVIE (T) "FIELD OF DREAMS"</p>
<p>2:30 WORSHIP SERVICE</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 10:00 DEVOTIONS 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:30 COMMONS BIBLE STUDY (4A) 2:00 BINGO (FH) 3:30 TERRACE EXERCISE (WC)</p>	<p>COLOR OF THE DAY: BLUE</p> <p>9:15 YOGA STRETCH 10:00 RECYCLED CARDS-COMMONS ONLY (4A) 10:30 TERRACE KNITTERS (TCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 2:00 THE MERRY MINSTRELS 3:30 TERRACE EXERCISE (WC)</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 10:00 HYMNS WITH HOLLY 10:15 BROWNSTONES BIBLE STUDY (BCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:00 BAKING WITH LIZ 2:00 BINGO (FH) 3:30 TERRACE EXERCISE (WC)</p>	<p>9:15 YOGA STRETCH 10:00 BIBLE STUDY WITH LINDA 10:00 TERRACE BIBLE STUDY (TCL) 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 1:30 TER/BRN COLOR CLUB (TCL) 2:00 CATHOLIC DEVOTIONS/ROSARY 2:45 BRAIN GAMES (3<sup>RD</sup> FL) 3:30 TERRACE EXERCISE (WC)</p>	<p>8:30 BROWNSTONE FITNESS (BCL) 9:15 FITNESS FUN TERRACE (WC) 10:00 DEVOTIONS WITH DCN RON 11:00 COMMONS EXERCISE (FH) (Also on 990) 11:30 SEATED STRETCH &amp; ROM 2:00 BINGO (FH) 3:30 MUSIC WITH ANDY &amp; CAROL</p> <p>Arbor Day</p>	<p><b>RED = COMMONS ONLY PROGRAMS</b> <b>BLUE = TERRACE AND BROWNSTONES ONLY PROGRAMS</b> <b>BLACK = TV CHANNEL 990</b> <b>ITALICS = SPECIAL TV CHANNEL 990 PROGRAMS</b></p>

ALL PROGRAMS ARE ON OUR IN-HOUSE CHANNEL 990/991 UNLESS OTHERWISE NOTED.

1<sup>ST</sup> FLOOR - LOUNGE AREA DR - COMMONS 3<sup>RD</sup> FL DINING RM 3<sup>RD</sup> - 3<sup>RD</sup> FLOOR SOUTH LOUNGE CON - CONSERVATORY TCL - TERRACE CLUB LOUNGE T - THEATER FH - FELLOWSHIP HALL BCL - BROWNSTONES CLUB LOUNGE