

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

Life Enrichment Activities



 <p>2:30 WORSHIP SERVICE</p>	<p>2</p> <p>8:30 BROWNSTONE FITNESS (BCL) 10:00 DEVOTIONS 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:15 COMMONS COMMUNION (FH) 2:00 BINGO (FH) 2:15 TERRACE/BROWNSTONES COMMUNION (TCL) 3:30 TERRACE EXERCISE (WC)</p>	<p>3</p> <p>COLOR OF THE DAY: FLORAL</p> <p>9:15 YOGA STRETCH 10:00 RECYCLED CARDS-COMMONS ONLY (4A) 10:30 TERRACE KNITTERS (TCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:00 BRN STITCH & CHAT (BCL) 1:30 COMMONS SCENIC DRIVE 3:30 TERRACE EXERCISE (WC)</p>	<p>4</p> <p>8:30 BROWNSTONE FITNESS (BCL) 10:00 HYMNS WITH HOLLY 10:15 BRN BIBLE STUDY (BCL) 10:30-3:00 COMMONS GIFT SHOP CART (1ST FL. VOLUNTEER HALL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:00 KEN'S BIG KITCHEN 2:00 BINGO (FH) 3:00 MUSIC WITH LORIE 3:30 TERRACE EXERCISE (WC)</p>	<p>5</p> <p>9:15 YOGA STRETCH 10:00 BIBLE STUDY WITH LINDA 10:00 TERRACE BIBLE STUDY (TCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 12:00-3:00 TER/BRN GIFT SHOP CART (CON) 1:30 TER/BRN COLOR CLUB (TCL) 1:30 COMO CONSERVATORY (BRN) 2:00 ROSARY 2:30 MUSIC WITH JAMES SHAW 3:30 TERRACE EXERCISE (WC)</p>	<p>6</p> <p>8:30 BROWNSTONE FITNESS (BCL) 9:15 FITNESS FUN TERRACE (WC) 10:00 DEVOTIONS WITH DCN RON 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 2:00 BINGO (FH) 3:00 BRAIN GAMES (3RD) 3:30 MUSIC WITH ANDY & CAROL</p>	<p>7</p> <p>1:30 COMMONS MOVIE (T) "50:1" 2:00 MUSIC AND STORIES WITH LINDA 6:30 TERRACE/BROWNSTONES MOVIE (T) "50:1"</p> <p>May Day</p>
 <p>11:30 MOTHER'S DAY LUNCH</p> <p>2:30 WORSHIP SERVICE</p> <p>Mother's Day</p>	<p>9</p> <p>SPirit WEEK: THE MINNESOTA WAY</p> <p>8:30 BROWNSTONE FITNESS (BCL) 10:00 NATIVE AMERICAN FACTS 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:30 COMMONS BIBLE STUDY (4A) 2:00 10,000 LAKES BINGO (FH) 3:00 MINNESOTA TRIVIA WITH KARA 3:30 TERRACE EXERCISE (WC)</p>	<p>10</p> <p>COLOR OF THE DAY: PURPLE</p> <p>9:15 YOGA STRETCH 10:00 RECYCLED CARDS-COMMONS ONLY (4A) 10:30 TERRACE KNITTERS (TCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:00 BRN STITCH & CHAT (BCL) 1:30 FORT SNELLING FIFE & DRUM PROGRAM (WP) 2:00 THE MERRY MINSTRELS 3:30 TERRACE EXERCISE (WC)</p>	<p>11</p> <p>WEAR SCHOOL COLORS</p> <p>8:30 BROWNSTONE FITNESS (BCL) 10:00 HYMNS WITH HOLLY 10:15 BROWNSTONES BIBLE STUDY (BCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:00 SO MINNESOTA 2:00 10,000 LAKES BINGO (FH) 3:00 POPCORN CART (CON) 3:00 MUSIC WITH LORIE 3:30 TERRACE EXERCISE (WC)</p>	<p>12</p> <p>WEAR RED & WHITE</p> <p>9:15 YOGA STRETCH 10:00 BIBLE STUDY WITH LINDA 10:00 TERRACE BIBLE STUDY (TCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:00 THE MN CELEBRITY CONNECTION 1:30 TER/BRN COLOR CLUB (TCL) 2:00 CATHOLIC DEVOTIONS/ROSARY 2:45 "CHARLES LINDBERGH" 3:30 TERRACE EXERCISE (WC)</p>	<p>13</p> <p>WEAR MINNESOTA SPORTS ATTIRE</p> <p>8:30 BROWNSTONE FITNESS (BCL) 9:15 FITNESS FUN TERRACE (WC) 10:00 DEVOTIONS WITH DCN RON 11:00 COMMONS EXERCISE (FH & 990) 11:00 BROWNSTONES LUNCH OUTING "GRANITE CITY" 11:30 SEATED STRETCH & ROM 1:00 BAKING W/ BETTY CROCKER & LIZ 2:00 10,000 LAKES BINGO (FH) 3:30 MUSIC WITH ANDY & CAROL</p>	<p>14</p> <p>10:30 MINNESOTA MUSIC WITH JOHN 11:00 BROWNSTONES LUNCH OUTING "GRANITE CITY" 1:30 COMMONS MOVIE (T) "GRUMPY OLD MEN" 2:00 MUSIC AND STORIES WITH LINDA 6:30 TERRACE/BROWNSTONES MOVIE (T) "GRUMPY OLD MEN"</p> <p>Armed Forces Day</p>
<p>10:30 THERESA'S LITTLE FLOWER HOUR</p>  <p>2:30 WORSHIP SERVICE</p> <p>Shavuot Begins</p>	<p>16</p> <p>8:30 BROWNSTONE FITNESS (BCL) 10:00 DEVOTIONS 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:30 COMMONS BIBLE STUDY (4A) 2:00 BINGO (FH) 3:30 TERRACE EXERCISE (WC)</p>	<p>17</p> <p>COLOR OF THE DAY: AQUA</p> <p>9:15 YOGA STRETCH 10:00 RECYCLED CARDS-COMMONS ONLY (4A) 10:30 TERRACE KNITTERS (TCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:00 BRN STITCH & CHAT (BCL) 1:30 GREAT DECISIONS: "THE END OF GLOBALIZATION" WITH ROB SCARLETT 3:30 TERRACE EXERCISE (WC)</p>	<p>18</p> <p>8:30 BROWNSTONE FITNESS (BCL) 10:00 HYMNS WITH HOLLY 10:15 BRN BIBLE STUDY (BCL) 10:30-3:00 COMMONS GIFT SHOP CART (1ST FL. VOLUNTEER HALL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:00 KEN'S BIG KITCHEN 2:00 BINGO (FH) 3:00 MUSIC WITH LORIE 3:30 TERRACE EXERCISE (WC)</p>	<p>19</p> <p>9:15 YOGA STRETCH 10:00 BIBLE STUDY WITH LINDA 10:00 TERRACE BIBLE STUDY (TCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 12:00-3:00 TER/BRN GIFT SHOP(CON) 1:30 TER/BRN COLOR CLUB (TCL) 1:30 COMMONS DOLLAR TREE OUTING 2:00 ROSARY 3:30 TERRACE EXERCISE (WC) 6:00 DEMENTIA CAREGIVERS GROUP SUPPORT GROUP VIA ZOOM</p>	<p>20</p> <p>8:30 BROWNSTONE FITNESS (BCL) 9:15 FITNESS FUN TERRACE (WC) 10:00 DEVOTIONS WITH DCN RON 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:15 ICE CREAM CART - BRN 2:00 ICE CREAM CART - TER 2:00 BINGO (FH) 2:45 ICE CREAM CART - COM 3:30 MUSIC WITH ANDY & CAROL</p>	<p>21</p> <p>10:30 MUSIC WITH JOHN 1:30 COMMONS MOVIE (T) "ONE FLEW OVER THE CUCKOO'S NEST" 1:30 COMO CONSERVATORY (TER) 2:00 MUSIC AND STORIES WITH LINDA 6:30 TERRACE/BROWNSTONES MOVIE (T) "ONE FLEW OVER THE CUCKOO'S NEST"</p>
 <p>2:30 WORSHIP SERVICE</p>	<p>23</p> <p>8:30 BROWNSTONE FITNESS (BCL) 10:00 DEVOTIONS 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:30 COMMONS BIBLE STUDY (4A) 2:00 BINGO (FH) 3:30 TERRACE EXERCISE (WC)</p> <p>Victoria Day (Canada)</p>	<p>24</p> <p>COLOR OF THE DAY: CORAL</p> <p>9:15 YOGA STRETCH 10:00 RECYCLED CARDS-COMMONS ONLY (4A) 10:30 TERRACE KNITTERS (TCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:00 BRN STITCH & CHAT (BCL) 1:30 COMMONS PONTOON RIDES 2:00 THE MERRY MINSTRELS 3:30 TERRACE EXERCISE (WC)</p>	<p>25</p> <p>8:30 BROWNSTONE FITNESS (BCL) 10:00 WATCH & BATTERY REPAIR (TCL) 10:00 HYMNS WITH HOLLY 10:15 BROWNSTONES BIBLE STUDY (BCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 2:00 BINGO (FH) 2:00 TER PONTOON RIDES 3:00 BRN PONTOON RIDES 3:00 MUSIC WITH LORIE 3:30 TERRACE EXERCISE (WC)</p>	<p>26</p> <p>9:15 YOGA STRETCH 10:00 BIBLE STUDY WITH LINDA 10:00 TERRACE BIBLE STUDY (TCL) 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 1:30 TER/BRN COLOR CLUB (TCL) 2:00 CATHOLIC DEVOTIONS/ROSARY 2:30 BRAIN GAMES (3RD FL) 3:30 TERRACE EXERCISE (WC)</p>	<p>27</p> <p>8:30 BROWNSTONE FITNESS (BCL) 9:15 FITNESS FUN TERRACE (WC) 10:00 DEVOTIONS WITH DCN RON 11:00 COMMONS EXERCISE (FH & 990) 11:00 TERRACE LUNCH OUTING "GRANITE CITY" 11:00 COMMONS EXERCISE (FH & 990) 11:30 SEATED STRETCH & ROM 2:00 BINGO (FH) 3:30 MUSIC WITH ANDY & CAROL</p>	<p>28</p> <p>10:30 MUSIC WITH JOHN 11:00 TERRACE LUNCH OUTING "GRANITE CITY" 1:30 COMMONS MOVIE (T) "JULIE & JULIA" 6:30 TERRACE/BROWNSTONES MOVIE (T) "JULIE & JULIA"</p>
 <p>2:30 WORSHIP SERVICE</p>	<p>30</p> <p>COLOR OF THE DAY: RED, WHITE & BLUE</p> <p>10:30 SALUTE TO MEMORIAL DAY 11:30 MEMORIAL DAY LUNCH (3DR)</p>  <p>Memorial Day</p>	<p>31</p> <p>RED = COMMONS ONLY PROGRAMS BLUE = TERRACE AND BROWNSTONES ONLY PROGRAMS BLACK = TV CHANNEL 990 ITALICS = SPECIAL TV CHANNEL 990 PROGRAMS YELLOW HIGHLIGHTS = NEED TO SIGN UP</p>				