

Presbyterian Homes - Housing

PHS Fall Winter 2021-2022

Regular

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
APPETIZER						
TOMATO BASIL TOSS SALAD	BROCCOLI CHEESE TOSSED SALAD	CHICKEN CHOWDER TOSS SALAD	BLACK BEAN SOUP TOSS SALAD	MINESTRONE TOSS SALAD	HEARTY VEGAN CHILI TOSS SALAD	SPIT PEA TOSS SALAD
LUNCH						
SWEET & SOUR CHICKEN BROWN RICE GREEN BEANS	CORNED BEEF DINNER BREAD STICK	BEEF LASAGNA STEAMED SPINACH	TURKEY ROAST W/ GRAVY MASHED POTATO SQUASH	BATTERED FISH POTATO WEDGES GARDEN SLAW	BRUSCHETTA CHICKEN RICE BLEND ZUCCHINI	ROAST PORK W/ GRAVY SWEET POTATO BRUSSEL SPROUTS
PEACH CRISP	PINEAPPLE UPSIDE DOWN CAKE	CHOCOLATE PUDDING	PUMPKIN BAR	FROSTED BROWNIE	ICE CREAM	LEMON MERINGUE PIE
SHRIMP SCAMPI BROWN RICE GREEN BEANS	CHICKEN CAESAR SALAD BREAD STICK	EGG SALAD SANDWICH STEAMED SPINACH	PORK CHOP W/ GRAVY MASHED POTATO SQUASH	CHICKEN CACCIATORE BUTTERED NOODLES GARDEN SLAW	SWEET & SOUR MEATBALLS RICE BLEND ZUCCHINI	BREAKFAST CASSEROLE BRUSSEL SPROUTS
APPETIZER						
CHICKEN CHILI TOSS SALAD	CHICKEN NOODLE TOSS SALAD	NAVY BEAN V-8 JUICE	CHICKEN WILD RICE TOSS SALAD	GARDEN VEGETABLES TOSS SALAD	BEEF VEGETABLE MANDARIN JELLO	PASTA FAJIOLI FINGER RELISHES W/DIP
DINNER						
SALIBURY STEAK MASHED POTATO BAHAMA VEGETABLES	ORANGE GLAZED CHICKEN ROASTED POTATOES ASPARAGUS	SMOKED BRISKET MARINATED CUCUMBERS BUTTERMILK BISCUIT	CHICKEN CHOW MEIN STEAMED RICE BROCCOLI	SHRIMP PRIMAVERA FRENCH BREAD	BEEF TIPS W/ GRAVY MASHED POTATO DICED BEETS	BEEF GOULASH BAHAMA VEGETABLES BLEND
PEANUT BUTTER COOKIE	SUGAR COOKIE	OATMEAL RAISIN COOKIE	CHOCOLATE CHIP COOKIE	MACADAMIA NUT COOKIE	ASSORTED COOKIES	ASSORTED COOKIES
GRILLED HAM & CHEESE BAHAMA VEGETABLES	PORK W/ SUNDRIED TOMATO SAUCE ROASTED POTATOS ASPARAGUS	SEAFOOD ROLL MARINATED CUCUMBERS	BROILED COD STEAMED RICE BROCCOLI	LIVER & ONION MASHED POTATOES CAPRI VEGETABLE	WHITE CHICKEN CHILI BUTTERMILK BISCUIT DICED BEETS	TUNA SANDWICH ON WHEAT BAHAMA VEGETABLE BLEND

10/11

10/12

10/13

10/14

10/15

10/16

10/17