

KIRKLAND CROSSINGS

freedom to live well®

August 2021



The first Wisconsin State Fair was held in Janesville, with approximately 13,000 to 18,000 people in attendance. Sponsored by the state's Agricultural Society, it was held on a six-acre plot along the banks of the Rock River. It featured a 200-pound squash and a quarter-acre plowing competition with teams of horses and oxen. It was reportedly the largest gathering in Wisconsin history.

When the second fair was held in Milwaukee in 1852, fairgoers took their carriages for rides around the Cold Spring Race Course.

Abraham Lincoln was invited to give the annual oration at the fair in 1859. He spoke on the principles of free labor - farmers and their families working for themselves without the use of hired labor - and of the interconnectedness of farmers, merchants, and other businesses. He advised farmers to embrace new methods of agriculture, with the goal of raising the standard of living.

The fair added new attractions each year, and in 1869, there was a fire engine demonstration where boxes, barrels and a large wooden building were set aflame. For decades, the fair moved from city to city, including Janesville, Watertown, Fond du Lac, Madison and Milwaukee, until 1892, when it was first held at its permanent and present location at Wisconsin State Fair Park.

On May 28, 2020, the state fair's board of directors announced the cancellation of the 2020 State Fair, due to the state's COVID-19 pandemic. Previous Fairs had been cancelled in 1917 and 1918, then 1942 through 1945, all due to World Wars I and II.

Statistics:

- Average age of a fairgoer: 40
- 84% of fairgoers reside in Wisconsin – half of them live in metropolitan Milwaukee
- Average visits to the fair: 3 times
- Average hours spent at the fair: 5 – 7 hours
- Attendance in 2019 : 1,130,572 (the highest attended during the modern era)
- Cream Puffs are the most popular food at the Wisconsin State Fair. Created in 1924 by the Wisconsin Bakers Association to highlight the state's wheat and dairy industries, the treat remains the longest continuously offered food item at the fair.

Wisconsin State Fair—Wikipedia

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Canceled State Fairs

Since its start in 1851, the Wisconsin State Fair has only been canceled a handful of times:

1861-1863 – American Civil War, fairgrounds in Madison were used as a training camp for troops and renamed Camp Randall

1893 – World's Columbian Exposition in Chicago, concerns about competition for attendance caused several Midwest fairs to cancel, including the Wisconsin State Fair and Minnesota State Fair

1945 – World War II, at the request of the Office of War Transportation

2020 – COVID-19 Pandemic, on the recommendation from health officials to avoid mass gatherings

While war, competing expositions, and even a pandemic may have stopped the fun for a year here and there, the State Fair has consistently returned to celebrate the best of Wisconsin.

Continuing Our Gratitude

“When life gets hectic and you feel overwhelmed, take a moment to focus on the people and things you are most grateful for. When you have an attitude of gratitude, frustrating troubles will fall by the wayside.”

— Dana Arcuri, Harvest of Hope:
Living Victoriously Through Adversity,
A 50-Day Devotional

“Take time daily to reflect on how much you have. It may not be all that you want but remember someone somewhere is dreaming to have what you have.”

— Germany Kent

Did you know...

Smiles, when genuine, can be extremely effective! Here are some tips on how a simple smile can benefit you, your health and those around you!

Smiling Is Contagious:

When someone is smiling they lighten up the room, change the moods of others, and make things happier.

Smiling Helps You Stay Positive:

Try this test: Smile. Now try to think of something negative without losing the smile. It's hard. When we smile our body is sending the rest of us a message that "Life is Good!" Stay away from depression, stress and worry by smiling.

Smiling Relieves Stress:

Stress can really show up in our faces. Smiling helps to prevent us from looking tired, worn down, and overwhelmed. When you are stressed, take time to put on a smile. The stress should be reduced and you'll be better able to take action.

Smiling Boosts Your Immune System:

Smiling helps the immune system to work better. When you smile, immune function improves possibly because you are more relaxed. Prevent the flu and colds by smiling.

Smiling Lowers Your Blood Pressure:

When you smile, there is a measurable reduction in your blood pressure. Give it a try if you have a blood pressure monitor at home. Sit for a few minutes, take a reading. Then smile for a minute and take another reading while still smiling. Do you notice a difference?

Smiling makes you and others simply feel better!

Article By: About.com—Healthy Aging

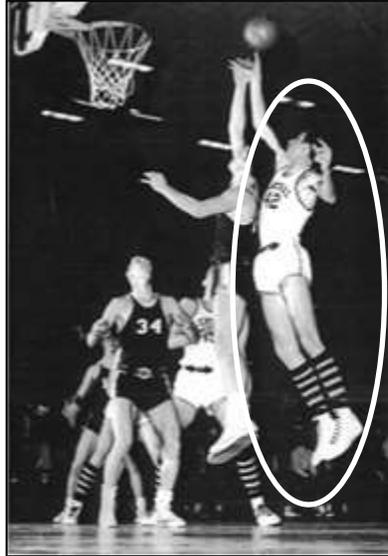
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Kirkland's Olympians

The 2021 Summer Olympics began on July 23rd and concludes on August 8th. The 1st Summer Olympics was held in April of 1896 in Athens, Greece. This year will be the 29th Summer Olympics. In celebration of this years Olympics, we asked our residents to show off sports from their youth.

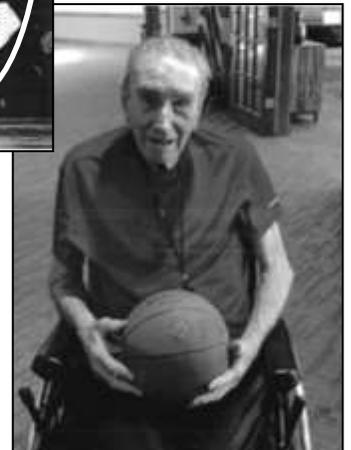


Charlotte Jeske pictured above playing softball in 1978



Bill Besgrove playing high school basketball in 1957 at West Allis Central.

Pictured below is him now with his old high school basketball!



Below is champion golfer Joyce Kopp winning a golf tournament in 1946



Above is Harry Baker holding his college discus. Harry through discus in high school at East Side High (now Riverside) in 1935-1939. He then went on to throw discus in college at Michigan State University from 1942 to 1943.

Marvin Kopp pictured below on the Cornell University Fencing Team in 1942!



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Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

EQUAL HOUSING OPPORTUNITY.
ALL FAITHS WELCOME.

Growing our Ministry: Community Expansions

In addition to the 6 new communities reported in July, Presbyterian Homes & Services (PHS) is growing our ministry by expanding some of our existing communities. These projects also serve to fulfill our vision to “providing more choices and opportunities for more older adults to live well.” Led by Senior Housing Partners, the development arm of PHS, and Senior Lifestyle Design, the PHS interior design team, projects are progressing at these communities:

Walnut Ridge Care Center, Clive, Iowa: Walnut Ridge extended their continuum of living options in fall 2020 with the opening of a long term care center and new common spaces, including a community room/chapel, restorative therapy suite, spa, salon and administrative offices to benefit all residents who call Walnut Ridge home. www.WalnutRidgeAtClive.org

Founders Ridge Phase 2, Bloomington, Minnesota: Construction has been completed for senior apartments and stand-alone brownstones that were part of the original master plan for this community. Apartment homes, an expanded dining room, a larger group fitness room, more underground parking,

electric car charging stations and other site improvements are now available for all residents to enjoy. [www.FOUNDERSRIDGEPHS.org](http://wwwFOUNDERSRIDGEPHS.org)

Langton Shores Phase 2, Roseville, Minnesota: The redevelopment of Langton Place care center got underway in January 2020 with the opening of newly named Langton Shores. The first phase of the campus welcomed guests for rehabilitation and therapy within the hospitality-focused transitional care center. This second phase will provide senior living apartments and town center amenities. www.LangtonShores.org

Senior Housing Partners, the development arm of PHS, also provides consulting, project development and marketing services to other non-profit senior housing organizations across the nation.

Senior Lifestyle Design is the interior design team of PHS. SLD oversees apartment and common space renovations each year at PHS. In 2020 COVID limited the ability to have contractors in existing communities. In recent months, projects are now moving forward with plans to raise \$50 million in capital for community renovations.