

## From the Gables Administrators Desk

**#MyWhy.** What is MyWhy? Presbyterian Homes has recently been sharing several MyWhy stories from both staff and residents in our StandUp meetings and on social media. Why do you live at PHS? Why did you choose to serve at PHS? Why do you do what you do?

My Why began when I was a teenager. I had visited my grandfather and great-grandmother in a senior living residence (one that was not quite as homelike as Lake Minnetonka Shores!) and the experience was the first time I felt stirred up inside. I reflected on those visits often, but did not necessarily feel a calling to serve in senior care at the time. Looking back, I believe that was my first ‘tug.’

I went on to college. During my first summer home, I decided to respond to that tug I felt. I was quickly hired as a Resident Assistant at a small Assisted Living in my hometown in Wisconsin. Although there is no doubt it was physically and emotionally hard work, I quickly realized that those I was caring for likely were offering me more than I could offer them. I learned many lessons that summer, and felt a strong sense of purpose. I observed as fellow employees interacted with residents. Spouses, friends, children and grandchildren came to visit and told stories, delivered favorite treats, looked at photos together. That was the summer I remember thinking so often about the blessing of life, the value of relationships, and the importance of faith, and how quickly time flies. As summer drew to a close, I ended up changing my major, transferring to a new university, and starting my journey in senior care. The greatest joy in my day remains the same after many years; to share stories, have fun, and discuss life lessons learned along the way.

I encourage you to have a cup of coffee or a favorite treat with a friend or family member. What is one bit of helpful advice you’ve learned from another person? Why do you live at LMS? Why did you choose to serve at LMS? What keeps you coming back?

***Lydia Buetow***  
***Care Center Administrator***

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*Lake Minnetonka Shores Campus*

*Court Terrace ~ Villa Terrace ~ Commons ~ Arbor ~ Gables*

# LAKE MINNETONKA SHORES

## Spiritual Care by Jackie Ziemer, LMS Senior Pastor

I don't know about you, but I am rather weary of empty promises. You know what I mean -- those expressed by political candidates, those uttered by a family member who has one too many times bailed on you, those said by friends in whom you just simply cannot believe anymore, we all have our own stories don't we? Then there is the recognition of the other side, when I begin to remember and realize the promises I have broken. And I know that what I feel is what I have potentially made others feel -- and that is not a good feeling, not at all. What does promises broken have to do with resurrection? Resurrection is a promise that was not broken, cannot be broken, will not be broken -- ever. God stakes God's love, God's commitment, God's very self on this promise. We might say, well, of course, that's all well and good.

You are stating the obvious, Pastor Jackie. But think about it. What difference might it make that at the end of the day, this is a promise that is real; that when no one else comes through, God does; when there seems to be little to count on, you and I can count on resurrection -- for both our future and our present. I think that's in part what Jesus is praying for -- for the disciples to be able to hear that his resurrection is a promise to believe in. Rescue from death... a promise God makes and God comes through. Why? "Because Light dawns for the righteous, and joy for the upright in heart" (Psalm 97). So, hear today that resurrection is promise, is your promise, is my promise. That it is a given. It's the one thing we can count on. "He is Risen! The Lord is Risen Indeed! Alleluia!" A Blessed Easter to all!

**April 14**

***Palm Sunday Services***

10:00 a.m. & 1:00 p.m.

Easter Cantata

"Witness" Maple Plains

Presbyterian Church

choir 7:00 p.m.

**April 18**

***Maundy Thursday Service***

With Holy Communion

3:00 p.m.

**April 19**

***Good Friday Service***

2:30 p.m.

**April 21**

***Easter Sunday Services***

10:00 a.m. & 1:00 p.m.

No Wednesday Service during Holy Week

All are welcome to attend any and all services

## Presbyterian Homes Foundation News

### A Thoughtful Way to Say "I Care"

Showing people how much you care is a special part of life, yet finding just the right gift to express your feelings can sometimes be difficult. Presbyterian Homes **Tribute Giving** program makes it easy for you. You will feel good and your honoree will feel special.

Every tribute gift goes to support the mission of PHS to honor God by enriching the lives and touching the hearts of older adults. At this time of year, with Mother's Day, Memorial Day, and Father's Day approaching, you are invited to honor or remember someone special in your life. This is a time for us to pause from our busy daily lives and reflect on those who touch or have touched our hearts -- a parent, grandparent, family member or a dear friend.

To make a tribute gift *In Memory Of* or *In Honor Of* a special person in your life, please call the Presbyterian Homes Foundation at 651-631-6105, 651-631-6416 or 651-631-6418. Or if you prefer to make your gift online, please visit [preshomes.org](http://preshomes.org) and click on Make a Gift.

As always, you may designate your gift to support greatest needs, employee education assistance, benevolence or chaplaincy and spiritual care at your community.

May this time of year provide a peaceful reflection, as well as an opportunity, for an expression of gratitude for those who have touched your life.

Correction for March 2019: We realize that a sentence in last month's Foundation article may have been misleading in your newsletter. Please know that all of the gifts you direct to your community will benefit your community. Thank you!

# LAKE MINNETONKA SHORES

## Campus Volunteer News

by Sue Wagener, Volunteer Director

### VOLUNTEER APPRECIATION BANQUET

LMS currently has over 225 volunteers signed up to serve our staff and residents and we appreciate every one of them.

In honor of the time and talent that volunteers share with our campus, we will be celebrating our annual Volunteer Appreciation Banquet on April 30 starting at 5:30 p.m. in the Chapel. Please mark your calendar to save the date.

This year April 7—13 has been set aside to honor volunteerism nation wide. According to Points of Light, a non-profit volunteer management and civic engagement organization, volunteers are making a difference not only in their communities but all over the world.

Just think of how volunteers have impacted your world; scout leaders, church volunteers, community club organizations, national organizations like the Red Cross, Lions Club, Habitat for Humanity, Senior Corps and the list goes on and on.

I have heard that people in the USA volunteer more than any other country in the world. I believe that is the character of our nation, to serve others. If you are a volunteer, I want you to pat yourself on the back. If you are not a volunteer, maybe you should become one.

## Volunteer Of The Month

by Sue Wagener, Volunteer Director

### MARCH

The Volunteer of the Month for March is fairly new to our team, but he already has had a great influence on our campus. Gene Hill became a LMS volunteer last August. He, along with his wife, Becky, visit residents as Spiritual Care Volunteers.

When Gene was interviewed and asked, "Why do you want to volunteer here at LMS?" Gene's answer was simple, God called him here.

Gene was nominated for his dedication to service and compassion as he visits our residents. It was said that he has made special connections with several people and they are uplifted when he arrives. Good job, Gene!



**Gene Hill**  
**March V.O.M.**

**CONGRATULATIONS GENE!**

## Creating Smiles in the Eyes of the People We Serve



### St. Patrick's Day Fun



# LAKE MINNETONKA SHORES

## New Employees



**Albert Glenn  
Mejorada**  
Restaurant/Care  
Center Server



**Armando Yzaguirre**  
Culinary Cook



**Jucel Ann  
Jumao-As**  
RN Gables Care  
Center



**Mary Ellen  
Rewerts**  
Restaurant/Care  
Center Server



**Allison Kind**  
Culinary Server



**Barbara Lawless**  
Resident Assistant  
in the Commons



**Bobbie Jordan**  
Resident Assistant  
Gables TCU



**Daniel Simonson**  
Culinary Server



**Lucia Rivers**  
Culinary Server

Wel come to  
our team



**Kathryn Strumstad**  
Resident Assistant in  
the Arbor

# LAKE MINNETONKA SHORES



Save the Date!



**See Activity Calendar for changes that may have occurred after this issue was published.**

## Special Outings

- 4/1 Ridgedale Mall and Target Trip
- 4/8 Lunds & Byerlys Trip
- 4/10 Swimming at Folkestone
- 4/11 Trader Joe's Trip
- 4/15 Original Pancake House Lunch Outing
- 4/15 Gables Ridgedale Mall outing
- 4/17 Flower Show at the Galleria
- 4/17 Country Music Jam & Lunch at Gillespie Center
- 4/18 Wal-Mart Trip
- 4/22 Tuesday Morning Store
- 4/24 Swimming at Folkestone
- 4/25 Cub Foods and Dollar Store Trip
- 4/29 Lunds & Byerlys Trip
- 4/29 Gables Cheesecake Factory Lunch Outing

**Please Contact Donna Olsen, Campus Life Enrichment Director, at 952-471-4407 if you have questions about outings.**

## Entertainment and Special Events

- 4/2 Gables Resident Council
- 4/3 Court/Villa Tenant meeting & Birthday Party
- 4/5 Jim Christenson entertains (piano/vocals)
- 4/6 "Eggstravaganza" Easter Bunny Event
- 4/11 Julie Weisenhorn House Plant Clinic
- 4/12 Duke Zecco entertains (guitar/vocals)
- 4/13 Westonka Historical Society Presentation
- 4/14 Easter Cantata "Witness" Maple Plain Presb. Church
- 4/15 Key Lime Pie Social
- 4/18 Gillespie Singers Concert
- 4/19 Good Friday Service
- 4/21 Special Easter Services
- 4/25 New Resident Luncheon
- 4/26 Commons Tenant Meeting and Birthday Party
- 4/26 Arbor & Gables Birthday Bash
- 4/26 Book Club Meets
- 4/29 Guest Speaker, Davis Jones Presents: "1936 Olympics"
- 4/30 Volunteer Appreciation Banquet
- 4/27 Mt Calvary Lutheran Church Children's Choir program
- 4/28 Wellespring Concert
- 4/29 Veteran's Affair 1-1 Appointments

## Creating Smiles in the Eyes of the People We Serve



Farmers & Adelle Bluegrass band



Westonka High School Band



Lake Minnetonka Shores  
4515 Shoreline Drive  
Spring Park, MN 55384

952-471-4000

[www.lakeminnetonkashores.org](http://www.lakeminnetonkashores.org)

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

EQUAL HOUSING OPPORTUNITY.  
ALL FAITHS WELCOME.

## *Volunteers: Love in Action*

*"Let us love, not in words or speech, but in truth and actions." - 1 John 3:18 (NRSV)*

**V**olunteers who serve Presbyterian Homes & Services (PHS) help build a better world for older adults each day, one act of kindness at a time. More than 3,000 residents and friends found meaningful engagement and a sense of vocation by volunteering across PHS communities in the past year. Volunteers are the heart and soul of PHS, strengthening our Christian ministry through their stewardship of time and talent offered in gifts of compassion, dedication and love.

PHS welcomes all kinds of volunteers—from students to older adults. Volunteers help to organize outings and assist with activities, or just spend time listening to and talking with residents. Many PHS residents find themselves with significant free time and a desire to contribute to their community in a positive way. Volunteering can help imbue a new sense of purpose or enable the pursuit of hobbies and passions. In addition, studies have shown that the act of

volunteering has a positive effect on the overall health and well-being of older adults.

### **April is Volunteer Appreciation Month.**

Presbyterian Homes & Services would like to say thank you to all who lend their time, talent and support, whether it be just for one afternoon or year-round. We celebrate the ordinary people who accomplish extraordinary things as PHS volunteers. They encourage the people they help and motivate others to serve as well.

Our mission, "to honor God by enriching the lives and touching the hearts of older adults," is made possible in part by the support of such volunteers. If you have a passion that you'd like to bring or a skill that can be used to benefit the lives of older adults, we'd like to hear from you. Contact your site leader or go to [www.preshomes.org](http://www.preshomes.org) and click on *Get to Know Us - Volunteers* to learn about volunteer opportunities.