

From the Administrator's Desk

With summer slowly transitioning to autumn, we witness the beauty of God's creation around us and we continue a time of prayer and planning for the future of Lake Minnetonka Shores.

We wanted to provide this update as we approach the start of renovation activities in the care center. This continues to be a fluid process to complete the campus repositioning that began back in 2008 with a \$30 million dollar investment in the Town Center and assisted living. We have studied a variety of scenarios for the care center and are proceeding with a modified plan to make improvements to the building while we continue planning to rebuild the care center in the future.

As previously shared, we will maintain transitional care in its current form on first floor, but will reduce the capacity of long-term care from 90 down to 72. We anticipate this transition will occur naturally and that we will be able to continue to serve all care center residents on campus through the transition.

We have now received approval from the Minnesota Department of Health and CMS (Centers for Medicare and Medicaid Services) on our care center improvement plans. Work will begin shortly on a number of items including replacement of the care center roof. We will also be making common area improvements including new carpeting, paint, fixtures and furniture in the care center common spaces. We are in the process of updating the boiler and have overhauled the cooling system to improve capacity and performance.

We are excited for these needed updates to the care center and invite you to join us in prayer over the entire process.

Warm regards,

Jodi Devick-Neal, Campus Administrator



Lake Minnetonka Shores Campus

Court Terrace ~ Villa Terrace ~ Commons ~ Arbor ~ Gables

LAKE MINNETONKA SHORES

Spiritual Care by Marcia Rosa, LMS Pastor

“Let the heavens rejoice, let the earth be glad; let the sea resound, and all that is in it; let the fields be jubilant, and everything in them. Then all the trees of the forest will sing for joy; they will sing before the Lord” Psalm 96:11-13.

The beauty around Lake Minnetonka Shores is grand. Not only do we have the lake, but there is vast beauty from the park to our resident gardens, the arboretum to the patios. Indeed, we live in the beauty of God’s creation. This summer has been a joy. I have appreciated the smiles on your faces as you smell the roses, the peacefulness from the warmth of the sun, the fun of a picnic and ice cream social and the adventurous memories of a pontoon ride or fishing trip. 2019 has been a great summer!

Now we are beginning to embark on what I think is

the most beautiful time of year. I love the invigorating crispness to the air, trees dressing themselves in brilliant colors—even as they produce sweet fruit and we experience the wisdom of birds migrating south.

For me, fall is a time to experience the glory of God. The drastic change of nature reminds me that although God is the same yesterday, today and forever; the Word and Holy Spirit are also relevant, alive and speak to the changing moments of life. I encourage you to notice the beauty of September and take time to witness nature singing praises to God. It plays a melody of joy, peace, security and love in your heart to remind you of God’s activity and brilliance in your life. Happy Fall.



Presbyterian Homes Foundation News

Beneficiary Designations as Future Gifts

Not everyone wants to commit to making a gift in their wills or estates. Some prefer the increased flexibility that comes with beneficiary designations. You can name a beneficiary without engaging an attorney in the process. These are accounts that use beneficiary designations:

- IRAs and retirement plans
- Checking and savings accounts
- Life insurance policies
- Commercial annuities

A beneficiary may be a family member, friend or favorite charity. Some accounts, like taxable IRAs, will continue to have tax implications if they are left to family or friends, but would be a tax-free gift to a charity. Once you have identified who your beneficiaries are, there are just a few steps to complete to secure your intentions:

- Contact your retirement plan administrator, insurance company, bank or financial institution for a change-of-beneficiary form for the accounts that you are reviewing.

- Decide what percentage (1 to 100) you would like your beneficiaries to receive and indicate the percentage on the beneficiary form.
- Make a copy of the form for your records.
- Return the completed form to your plan administrator, insurance company, bank or financial institution.

If you decide to list a favorite charity as a beneficiary, you may also choose to notify the charity about your intentions. The Presbyterian Homes Foundation acknowledges all beneficiary designation donors as members of the Legacy Society. You may remain anonymous and still be considered a part of the Legacy Society, too.

For more information on naming Presbyterian Homes Foundation as a beneficiary, or to obtain the Foundation’s Federal Tax ID number, please call the Presbyterian Homes Foundation office at 651-631-6408, 651-631-6418 or visit our website at <https://preshomes.planningyourlegacy.org/beneficiary-designations>.

LAKE MINNETONKA SHORES

Campus Volunteer News

By Sue Wagener, Volunteer Director

There is a touch of fall in the air and that signals the time to start planning for participating in the Operation Christmas Child (OCC) Shoebox ministry.

According to the Samaritan's Purse website, their Mission is: *a nondenominational evangelical Christian organization providing spiritual and physical aid to hurting people around the world. . . . The organization serves the Church worldwide to promote the Gospel of the Lord Jesus Christ.*

For over 15 years, PHS has been collaborating with OCC packing thousands of shoe boxes that have been sent all over the world to needy children. A child who receives this small token of love oftentimes receives the gift of salvation and has been know to bring their whole family to faith.

What could be a better return on your investment resources than to bring thousands of people to faith in Jesus Christ. I've heard you can't take it with you, but you can use it for an eternal difference. Look for more information on OCC around our campus soon.

Volunteer Of The Month

by Sue Wagener, Volunteer Director

August

August's Volunteer of the Month is pretty well known for her servant heart. Her nominee states that Arline Glenn seems like she is an employee because you see her always helping everywhere.

As a volunteer, Arline is the first one to raise her hand when there is a need. During the 2018 blizzard, Arline delivered pizza to the night shift and provided an in-person "Thank You" to our staff for working through the storm.

As a LMS ambassador, Arline provides friendship and comfort to those moving in as she understands the emotional impact new residents go through.



Arline Glenn
August V.O.M.

CONGRATULATIONS ARLINE!

Summer Patio Concert Series

Good Foot Express



LAKE MINNETONKA SHORES

New Employees



Olivia Berthiaume
Culinary Server



Victor Ajagbusi
TCU Clinical
Coordinator



Shalee Sokoloski
Gables Admission
Coordinator



Domini Jallah
Resident Assistant
Commons/Arbor

Wel come to our team

Creating Smiles in the Eyes of the People We Serve



FUN DAY!
**Day At The Lake
Event**
with pontoon rides,
Blue Grove Blue
Grass Band, Ice
Cream Truck, and
foods from Jersey
Mike's



LAKE MINNETONKA SHORES



Save the Date!



See Activity Calendar for changes that may have occurred after this issue was published.

Special Outings:

- 9/5 Applebee's Lunch Outing
- 9/9 Ridgedale Mall and Target Trip
- 9/11 Como Zoo
- 9/11 Gables Mtkka Drive in Lunch Outing
- 9/12 Trader Joe's Trip
- 9/14 Spot Light Polka Outing
- 9/16 Lund's & Byerly's Trip
- 9/18 Country Music Jam & Lunch at Gillespie Center
- 9/19 Wal-Mart Trip
- 9/19 Llama Farm Outing
- 9/20 Crossroads Deli Lunch Outing
- 9/22 Scenic Ride to Arboretum
- 9/25 Swimming at Folkestone
- 9/25 Cub Foods and Dollar Store Trip
- 9/26 Lunds & Byerlys Trip
- 9/26 Commons Apple Jack's Orchard Lunch Outing
- 9/30 Big Stone Mini Golf adventure

Please Contact Donna Olsen, Campus Life Enrichment Director, at 952-471-4407 if you have questions about outings.

Entertainment and Special Events

Julie Weisenhorn will be helping in the Gardens this month watch calendar for times & dates.

- 9/4 Court/Villa Tenant Meeting & Birthday Party
- 9/6 Mike Riddle Entertains (Guitar/vocals)
- 9/9 Women's Breakfast with Cory
- 9/9 Gables Resident Council
- 9/10 Men's Breakfast with Cory
- 9/12 Gables Menu Council
- 9/13 Watch Battery Service here
- 9/13 Gillespie Singers Concert
- 9/14 "Treasures Uncovered" Westonka Historical Society
- 9/16 BBB presentation "Safe Guarding Our Seniors"
- 9/17 Veteran's meeting
- 9/19 Vintage Bingo with Jodi
- 9/20 James Shaw entertains (piano/vocals)
- 9/24 National Centenarian Celebration
- 9/25 IL/AL Menu Council
- 9/26 Evening Concert with Doug Alt
- 9/27 Arbor & Gables Birthday Bash
- 9/30 Book Club Meets

Creating Smiles in the Eyes of the People We Serve



Walking group at the University of Minnesota's Landscape Arboretum



Al & Alma's Lunch Cruise with Gillespie Center



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Spring Park, MN 55384

952-471-4000

www.lakeminnetonkashores.org

Postmaster: address correction requested

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

EQUAL HOUSING OPPORTUNITY.
ALL FAITHS WELCOME.

Optage[®] House Calls: Primary Care at Your Door

Remember the days of doctor home visits? By living at Lake Minnetonka Shores, you may be eligible to receive that same level of personal service from professional health care providers through Optage[®] House Calls.

Optage House Calls recognizes that you deserve meaningful services that meet your unique health care needs and sustain meaningful connections with your providers. A personal physician and nurse practitioner, with extensive experience in geriatric care, lead a team to provide ongoing personal and coordinated care that responds to your needs and preferences. We develop an individualized plan of care that is updated continuously. We pay attention to details, make timely visits and anticipate your needs. Optage House Calls is Medicare certified and ensures that you receive the care and attention you deserve.

House Calls services include:

- Health history and physical examinations
- Scheduling for health screenings
- Social and psychological services
- Referrals to specialty services
- Oversight of other care plans
- Vaccinations
- Safety/Home evaluation
- Hospital care coordination services

Optage House Calls is a service division of Presbyterian Homes & Services (PHS) available in your community. (Eligibility requirements apply.) To learn about eligibility call Optage House Calls at 651-746-8200 or go to www.optagehousecalls.org.

Watch for news next month about the new PHS Medicare Advantage Plans featuring Optage House Calls, which are designed for eligible residents living in select PHS communities.