

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2022

## Lexington Landing Arbor Calendar

							1 9:30 Moves/News 10:15 Word Games 2:15 <b>Cooking Class: Puppy Chow w/ Cora</b> 6:30 Manicures RA's
2 8:30 <b>Vikings vs. Saints</b> 10:00 Coloring/Puzzles RA's 2:00 Afternoon Matinee RA's	3 9:30 News Views & Moves 10:00 Word Fun 2:20 Exercise w/ Cora 3:00 Walk & Roll 6:30 Noodle Ball RA's	4 10:00 Music & Movement 1:30 Matinee Netflix Movie 3:00 Chit Chat & Snacks 3:30 Active Games 6:30 Read & Relax  Yom Kippur Begins	5 9:30 News/Views/Moves 10:30 Flex Your Brain 1:15 Walking group/Active games 3:00 Word Games 4:00 <b>Fall Picture Frame Decorating</b> 6:00 Patio Time w/ Cora	6 9:30 Exercise/Word Games 10:00 Patio Time! 1:00 Reading Group 2:30 <b>In My Life Discussion</b> 6:00 Relaxation Group/ Reading	7 9:30 Walk & Roll w/ Cora 10:30 Brain Teasers 2:00 <b>Piano w/ Cora</b> 3:00 Chit Chat w/ Your Neighbors 6:00 Movie RA's	8 9:30 Moves/News 10:15 Word Games 2:15 <b>Acorn Craft w/ Lori</b> 6:30 Manicures RA's	
9 10:00 Coloring/Puzzles RA's 12:00 <b>Vikings vs. Bears</b> 2:00 Afternoon Matinee RA's  Sukkot Begins	10 9:30 News Views & Moves 10:00 Word Fun 2:20 <b>Fitness Class w/ Susan</b> 3:00 Walk & Roll 6:30 Noodle Ball RA's  Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	11 10:00 Music & Movement 1:30 Matinee Netflix Movie 3:00 Popcorn Time 3:30 Bingo w/ Lori 6:30 Meditation	12 9:30 News/Views/Moves 10:30 Flex Your Brain 11:00 <b>Worship</b> 1:15 Walking group/Active games 3:00 Word Games 3:30 <b>Concert w/ Vasili MPR</b> 6:00 Patio Time w/ Cora	13 9:30 Music & Movement 10:15 <b>Poetry Reading w/ Peg</b> 11:00 <b>Bible Study</b> 1:00 Chat & Coloring 2:30 <b>In My Life Discussion</b> 6:00 Relaxation Group/ Reading	14 9:30 Balloon Toss 10:30 <b>Piano w/ Mary Coonan</b> 2:00 <b>Apples &amp; Caramel</b> 3:00 Chit Chat w/ Your Neighbors 6:00 Movie RA's	15 9:30 Moves/News 10:15 Word Games 2:15 <b>Pumpkin Decorating w/ Cora</b> 6:30 Manicures RA's	
16 10:00 Coloring/Puzzles RA's 12:00 <b>Vikings vs. Dolphins</b> 2:00 Afternoon Matinee RA's	17 9:30 News Views & Moves 10:00 Word Fun 2:20 <b>Fitness Class w/ Susan</b> 3:00 Walk & Roll 6:30 Noodle Ball RA's  Simchat Torah Begins	18 10:00 Music & Movement 11:00 <b>Bible Study</b> 1:30 Matinee Netflix Movie 3:00 Chit Chat & Snacks 3:30 Active Games 6:30 Read & Relax	19 9:30 News/Views/Moves 10:30 Flex Your Brain 11:00 <b>Worship</b> 1:15 Walking group/Active games 3:00 Word Games 4:00 <b>Concert w/ Terry Walker MPR</b> 6:00 Patio Time w/ Cora	20 9:30 Exercise/Word Games 10:00 Patio Time! 1:00 Reading Group 1:00 <b>Flu Shot Clinic</b> 2:30 <b>In My Life Discussion</b> 6:00 Relaxation Group/ Reading	21 9:30 Walk & Roll w/ Cora 10:30 Balloon Toss 1:00 Relaxation 2:00 <b>Birthday Party w/ Bandanahhh MPR</b> 3:00 Chit Chat w/ Your Neighbors 6:00 Movie RA's	22 9:30 Moves/News 10:15 Word Games 2:15 <b>Pumpkin Egg Hunt w/ Lori</b> 6:30 Manicures RA's	
23 10:00 Coloring/Puzzles RA's 2:00 Afternoon Matinee RA's	24 9:30 News Views & Moves 10:00 Word Fun 2:20 <b>Fitness Class w/ Susan</b> 3:00 Walk & Roll 6:30 Noodle Ball RA's  Diwali (Hindi)	25 10:00 Music & Movement 11:00 <b>Bible Study</b> 1:30 Matinee Netflix Movie 2:00 <b>Fall Social MPR</b> 3:30 Bingo w/ Lori 6:30 Meditation	26 9:30 News/Views/Moves 10:30 Flex Your Brain 11:00 <b>Worship</b> 1:15 Walking group/Active games 3:00 Word Games 4:00 <b>Cider Time w/ Cora</b> 6:00 Hand Massages w/ Cora	27 9:30 Music & Movement 10:15 <b>Poetry Reading w/ Peg</b> 1:00 Chat & Coloring 2:30 <b>In My Life Discussion</b> 6:00 Relaxation Group/ Reading	28 9:30 Walk & Roll w/ Cora 10:30 <b>Piano w/ Mary Coonan</b> 2:00 <b>Piano w/ Cora</b> 3:00 Chit Chat w/ Your Neighbors 6:00 Movie RA's	29 9:30 Moves/News 10:15 Word Games 2:15 <b>Cat Origami w/ Cora</b> 6:30 Manicures RA's	
30 10:00 Coloring/Puzzles RA's 12:00 <b>Vikings vs. Cardinals</b> 2:00 Afternoon Matinee RA's	31 9:30 News Views & Moves 10:00 Word Fun 2:20 <b>Monster Mash Warm Up</b> 2:20 <b>Fitness Class w/ Susan</b> 3:00 <b>Halloween Trivia</b> 6:30 Noodle Ball RA's  Halloween						

Programs And Times Are Subject to Change.