

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2022



Lexington Landing Life Enrichment Calendar

						<p>11:00 Cooking Class: Puppy Chow w/ Cora CAR 1:15 Chicken Foot CAR 6:30 Movie: <i>Geronimo</i> MPR</p>															
<p>8:30 Vikings vs. Saints 1:30 Walking Club (meet on 2) CAR/Outdoors (Self Lead)</p>	<p>9:00 Active Aging Bingo Card Begins (Ends Friday) 11:00 Commons Apt. Visits w/ Cora 1:00 OPEN GYM: Free Fitness Orientation w/ Susan 2:15 Giant Crosswords CAR 6:30 Movie: <i>The Poison Rose</i> MPR</p>	<p>10:00 Grief Support Group LIB 10:00 Shopping: Hy-Vee 11:15 Bingo CAR 1:30 Chat & Craft BISTRO 2:00 Popcorn FL 4:45 Manicures (Reservations) CAR 6:30 Rosary CL</p>	<p>10:00 Worship MPR 10:30 Book Club LIB 11:00 Catholic Mass MPR 11:15 Movie Committee CAR 1:30 Bridge CL 2:00 Mexican Train CAR 4:00 Happy Hour CL</p>	<p>10:00 Men's Bible Study CL 10:00 Out & About Comm. LIB 11:00 Education Committee LIB 11:15 Watercolor Painting CAR 12:30 OUTING: Aamodt's Apple Orchard (Reservations) 2:00 Indoor Walking Club 4:30 In My Life MPR</p>	<p>10:00 Women's Bible Study CL 10:00 Men's Coffee MPR 11:00 Cribbage BISTRO 4:00 Happy Hour CL</p>	<p>11:00 Paper Crafts CAR 1:15 Flex Your Brain CAR 6:30 Movie: <i>The Age of Adaline</i> MPR</p>															
<p>12:00 Vikings vs. Bears 1:30 Walking Club (meet on 2) CAR/Outdoors (Self Lead)</p>	<p>10:00 Shopping: Target 11:00 Commons Apt. Visits w/ Lori 11:00 Film: Ralph Samuelson: A Lake City kid who made history on Lake Pepin MPR 2:15 Giant Crosswords CAR 6:30 Movie: <i>1922</i> MPR</p>	<p>8:30 Coffee w/ Courtney DR 8:30 OUTING: Day Trip to Lake City (Reservations) 10:00 Grief Support Group CANCELLED 1:30 Chat & Craft BISTRO 2:00 Popcorn FL 4:45 Manicures (Reservations) CAR 6:30 Rosary CL</p>	<p>10:00 Worship MPR 11:00 Catholic Communion MPR 11:30 You be the Judge CAR 1:00 Chat w/ Pastor Brad (Office) 1:30 Bridge CL 2:00 Mexican Train CAR 3:30 Concert w/ Vasili MPR 4:00 Happy Hour CL</p>	<p>10:00 Men's Bible Study CL 11:15 Craft: Crazy Creepy Crawly-pop MPR 2:00 Presentation: Science, Public Policy & Parisian Politics MPR 2:00 Indoor Walking Club 4:30 In My Life MPR</p>	<p>10:00 Women's Bible Study CL 10:00 Men's Coffee MPR 11:00 Cribbage BISTRO 4:00 Happy Hour CL</p>	<p>11:00 Social Hour w/ Cora BISTRO 1:15 Chicken Foot CAR 6:30 Movie: <i>The Perfect Storm</i> MPR</p>															
<p>12:00 Vikings vs. Dolphins 1:30 Walking Club (meet on 2) CAR/Outdoors (Self Lead)</p>	<p>9:15 Intermediate Card Making Class 1 (Reservations-FULL) CAR 10:30 Intermediate Card Making Class 2 (Reservations-FULL) CAR 11:00 Commons Apt. Visits w/ Cora 2:15 Giant Crosswords CAR 6:30 Movie: <i>I Came By</i> MPR</p>	<p>10:00 Grief Support Group LIB 10:00 Shopping: Lund's & Byerly's 11:15 Bingo CAR 1:30 Chat & Craft BISTRO 2:00 Popcorn FL 4:45 Manicures (Reservations) CAR 6:30 Rosary CL</p>	<p>10:00 Worship MPR 11:00 Catholic Communion MPR 1:00 Chat w/ Pastor Brad (Office) 1:30 Bridge CL 2:00 Mexican Train CAR 4:00 Concert w/ Terry Walker MPR 4:00 Happy Hour CL</p>	<p>11:15 Craft: Floating Ghosts CAR 1:00 Flu Shot Clinic (AL) APT's 2:00 Flu Shot Clinic (IL) MPR 2:00 Indoor Walking Club 4:30 In My Life MPR</p>	<p>10:00 Women's Bible Study CL 10:00 Men's Coffee MPR 11:00 Cribbage BISTRO 2:00 Birthday Party w/ Bandanahhh 4:00 Happy Hour CL</p>	<p>11:00 Paper Crafts CAR 1:15 Flex Your Brain CAR 6:30 Movie: <i>Munich: The Edge of War</i> MPR</p>															
<p>1:30 Walking Club (meet on 2) CAR/Outdoors (Self Lead)</p>	<p>11:00 Commons Apt. Visits w/ Lori 2:15 Giant Crosswords CAR 6:30 Movie: <i>Suffragette</i> MPR</p>	<p>8:30 Coffee w/ Courtney DR 10:00 Grief Support Group LIB 10:00 Shopping: Cub 11:15 Bingo CAR 1:30 Chat & Craft BISTRO 2:00 Fall Social MPR 4:45 Manicures (Reservations) CAR 6:30 Rosary CL</p>	<p>10:00 Worship MPR 11:00 Catholic Communion MPR 1:00 Chat w/ Pastor Brad (Office) 1:30 Bridge CL 2:00 Mexican Train CAR 4:00 Happy Hour CL</p>	<p>10:00 Men's Bible Study CL 11:15 Watercolor Painting CAR 2:00 Indoor Walking Club 2:00 Presentation: The Ethnics of Implicit Bias... MPR 4:30 In My Life MPR</p>	<p>10:00 Women's Bible Study CL 10:00 Men's Coffee MPR 11:00 Cribbage BISTRO 4:00 Happy Hour CL</p>	<p>11:00 Social Hour w/ Cora BISTRO 1:15 Chicken Foot CAR 6:30 Movie: <i>Bridges of Madison County</i> MPR</p>															
<p>12:00 Vikings vs. Cardinals 1:30 Walking Club (meet on 2) CAR/Outdoors (Self Lead)</p>	<p>11:00 Commons Apt. Visits w/ Cora 2:15 Group Crosswords CAR 1:00 Monster Mash Warm Up FR 2:15 Halloween Trivia CAR 6:30 Movie: <i>Hubie Halloween</i> MPR</p>	<p style="text-align: right;">Fitness Classes:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 33%;">MONDAY</th> <th style="width: 33%;">WEDNESDAY</th> <th style="width: 33%;">FRIDAY</th> </tr> </thead> <tbody> <tr> <td>1:00 - 1:30 p.m. Chair Yoga</td> <td>1:00 - 1:30 p.m. Tai Chi</td> <td>1:00 - 1:30 p.m. Chair Yoga</td> </tr> <tr> <td>1:40 - 2:10 p.m. Balance</td> <td>1:40 - 2:10 p.m. Balance</td> <td>1:40 - 2:10 p.m. Balance</td> </tr> <tr> <td>2:20 - 2:50 p.m. Arbor Fitness Class</td> <td>2:20 - 2:50 p.m. Strength</td> <td>2:20 - 2:50 p.m. Strength</td> </tr> <tr> <td>3:00 - 4:15 p.m. Open Gym</td> <td>3:00 - 4:15 p.m. Open Gym</td> <td>3:00 - 4:15 p.m. Open Gym</td> </tr> </tbody> </table>					MONDAY	WEDNESDAY	FRIDAY	1:00 - 1:30 p.m. Chair Yoga	1:00 - 1:30 p.m. Tai Chi	1:00 - 1:30 p.m. Chair Yoga	1:40 - 2:10 p.m. Balance	1:40 - 2:10 p.m. Balance	1:40 - 2:10 p.m. Balance	2:20 - 2:50 p.m. Arbor Fitness Class	2:20 - 2:50 p.m. Strength	2:20 - 2:50 p.m. Strength	3:00 - 4:15 p.m. Open Gym	3:00 - 4:15 p.m. Open Gym	3:00 - 4:15 p.m. Open Gym
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Programs and Times Are Subject to Change.