

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Arbor Ponds

Perk & Morning Coffee 1
 11:30 Lunch
12:30 Exercise with Dawnn
1:00 Worship
 2:00 Coffee Social
 4:30 Dinner
 Evening Activity with RA's

Perk & Morning Coffee 2
 11:30 Lunch
1:30 Balloon Games
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity with RA's
 Groundhog Day

Perk & Morning Coffee 3
 11:30 Lunch
12:30 Exercise with Dawnn
1:00-2:00 Miss Minnesota
2:00 Social - Cafe
 4:30 Dinner
 Evening Activity w/RA's

Perk & Morning Coffee 4
10:30 Bingo - CR
 11:30 Lunch
Decorations for Valentines
 4:30 Dinner
 Evening Activity with RA's

8:30 & 10:00 am SOLLC Worship 5
 *links to video at SOLLC & St. Michael Catholic Church on You Tube

Perk & Morning Coffee 6
 11:30 lunch
12:30 Exercise with Dawnn
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity/Craft with RA's

Perk & Morning Coffee 7
10:45-1:15 Crafts with kids at church
 11:30 Lunch
1:30 Valentines Card Craft
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity W/RA's

Perk & Morning Coffee 8
 11:30 Lunch
12:30 Exercise with Dawnn
12:45 Poetry with Zoe'
 11:30 Lunch
1:00 Worship
 2:00 Coffee Social
 4:30 Dinner

Perk & Morning Coffee 9
 11:30 Lunch
1:30 Making Fruit Pizza & Coffee Time
 4:30 Dinner
 Evening Activity with RA's

Perk & Morning Coffee 10
 11:30 Lunch
12:30 Exercise with Dawnn
2:00 Social Soup or Bowl- CR
 4:30 Dinner
 Evening Activity with RA's

Perk & Morning Coffee 11
10:30 Bingo - CR
 11:30 Lunch
1:00-3:00 Jr Optimist Group/Manicures
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity with RA's

8:30 & 10:00 am SOLLC Worship 12
 *links to video at SOLLC & St. Michael Catholic Church on You Tube

Perk & Morning Coffee 13
 11:30 lunch
12:30 Exercise with Dawnn
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity/Craft with RA's

Perk & Morning Coffee 14
 11:30 Lunch
1:30 Valentines Fondu wafers
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity w/RA's
 Valentine's Day

Perk & Morning Coffee 15
 11:00-12:00 Art History Class- CR
 11:30 Lunch
12:30 Exercise with Dawnn
1:00 Worship
 2:00 Coffee Social
 4:30 Dinner
 Evening Activity W/RA's

Perk & Morning Coffee 16
 11:30 Lunch
2:00 Parachute Game in Arbor
 4:30 Dinner
 Evening Activity with RA's

Perk & Morning Coffee 17
 11:30 Lunch
12:30 Exercise with Dawnn
2:00 Birthday/Valentines Party- CR
 4:30 Dinner

Perk & Morning Coffee 18
10:30 Bingo - CR
 11:30 Lunch
1:30 Sparkling Wine Party
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity with RA's

8:30 & 10:00 am SOLLC Worship 19
 *links to video at SOLLC & St. Michael Catholic Church on You Tube

Perk & Morning Coffee 20
 11:30 lunch
12:30 Exercise with Dawnn
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity/Craft with RA's
 Presidents' Day

Perk & Morning Coffee 21
 11:30 Lunch
 2:00 Afternoon Coffee
1:30 Bingo
 4:30 Dinner
 Evening Activity w/RA's
 Mardi Gras

Perk & Morning Coffee 22
 11:30 Lunch
12:30 Exercise with Dawnn
1:00 Worship
 2:00 Coffee Social
 4:30 Dinner
 Evening Activity with RA's
 Ash Wednesday

Perk & Morning Coffee 23
 11:30 Lunch
1:00 Gideon
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity with RA's

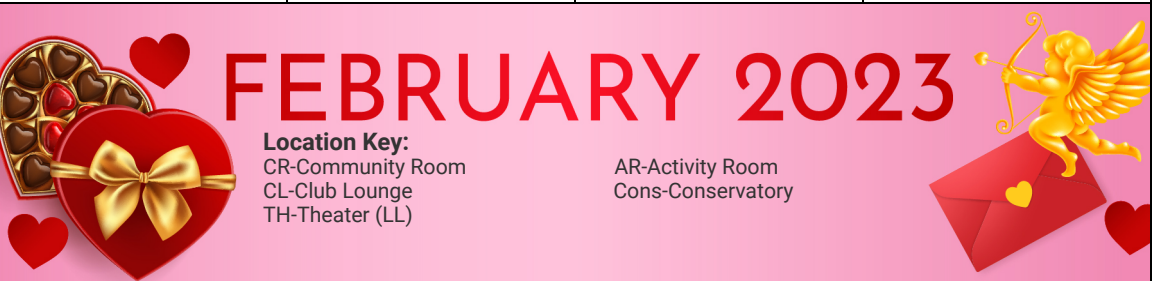
Perk & Morning Coffee 24
 11:30 Lunch
12:30 Exercise with Dawnn
2:00 Social in Cafe
 4:30 Dinner
 Evening Activity with RA's

Perk & Morning Coffee 25
10:30 Bingo - CR
 11:30 Lunch
1:30 Afternoon Coffee & Decorate Cookie Day
 4:30 Dinner
 Evening Activity with RA's

8:30 & 10:00 am SOLLC Worship 26
 *links to video at SOLLC & St. Michael Catholic Church on You Tube

Perk & Morning Coffee 27
 11:30 lunch
12:30 Exercise with Dawnn
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity/Craft with RA's

Perk & Morning Coffee 28
 11:30 Lunch
1:30 Floral Arrangement Day
 2:00 Afternoon Coffee
 4:30 Dinner
 Evening Activity w/RA's



FEBRUARY 2023

Location Key:
 CR-Community Room
 CL-Club Lounge
 TH-Theater (LL)

AR-Activity Room
 Cons-Conservatory