

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p style="text-align: center;">2022</p> <h1 style="text-align: center;">July</h1>		 <p style="text-align: center;">HAPPY 4TH OF JULY</p>		<p style="text-align: center;">All Life-Enrichment programming is held within our Arbor Community unless noted.</p> <p style="text-align: center;">(CR) is our 1st Floor Community Room, (C) is 1st Floor Chapel</p>	<p>1 9:00 Daily Perk and Word Find Handout 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin: RA 2:00 Aromatherapy Lotion: RA 6:00 Piano Classics with Vishnu: RA</p>	<p>2 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie</p>
<p>3 9:00 Daily Perk and Word Find Handout 2:00 Hymn Sing-along 6:00 Lawrence Welk Hour</p>	<p>4</p> <p style="text-align: center;">The Fourth Of July Holiday</p>	<p>5 9:00 Daily Perk and Word Find Handout 10:15 Individual or Group Table Games: RA 1:30 1:1 Reminisce, Hymn Sing, Prayers, Hand/Shoulder Massage: RA 2:00 Group Walks and Patio Time: RA</p>	<p>6 9:00 Daily Perk and Word Find Handout 10:15 Individual or Group Table Games: RA 11:00 Catholic Communion Service (C): RA 1:30 Parachute on the Patio: RA 2:00 Patio Time: RA</p>	<p>7 9:00 Daily Perk and Word Find Handout 10:15 Individual or Group Table Games: RA 10:30 Bible Study & Hymn Sing with Pastor Lin: RA 2:00 Tom Erikson Music (CR): Nate, Helga, Sandy, Ernie, Louise, Don</p>	<p>8 9:00 Daily Perk and Word Find Handout 10:15 Mini Horse, Desi (Patio): Cynthia 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin: RA 2:00 Aromatherapy Lotion: RA</p>	<p>9 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie</p>	
<p>10 9:00 Daily Perk and Word Find Handout 2:00 Hymn Sing-along 6:00 Lawrence Welk Hour</p>	<p>11 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Hymn Sing: Cynthia 11:00 Wellness Pro: Cynthia 11:00 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 2:00 Drum Circle: Cynthia</p>	<p>12 10:15 Stroll to Central Park for Toddler Storytime: Cynthia, Sandy, Don 1:30 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 3:00: Woodbury Luth. Kitchen Band (CR): Cynthia, Ernie, Don 6:00 Brad & Claire Recorder Duo: RA</p>	<p>13 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:15 Adult Coloring/Painting: Cynthia 11:00 Catholic Communion (C): Cynthia 2:00 Campfire Sing-Along: Cynthia</p>	<p>14 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Bible Study & Hymn Sing with Pastor Lin 11:00 Music & Chair Exercise: Cynthia 2:00 Roe Family Singers (CR): Cynthia, Sandy, Ernie, Louise, Don</p>	<p>15 9:00 Daily Perk and Word Find Handout 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin: RA 2:00 Aromatherapy Lotion: RA 6:00 Piano Classics with Vishnu: RA</p>	<p>16 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie</p>	
<p>17 9:00 Daily Perk and Word Find Handout 2:00 Hymn Sing-along 6:00 Lawrence Welk Hour</p>	<p>18 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Hymn Sing: Cynthia 11:00 Wellness Pro: Cynthia 11:00 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 2:00 Word of the Day & Name 10: Cynthia</p>	<p>19 10:15 Stroll to Central Park for Toddler Storytime: Cynthia, Sandy, Don 1:30 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 2:00 Games on the Patio (Bean Bag Toss, Ring Toss, Shuffleboard): Cynthia, Helga, Ernie, Don</p>	<p>20 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:15 Adult Coloring/Painting: Cynthia 11:00 Catholic Communion (C): Cynthia 2:00 Residents' Birthday Party, Music, Singing and Cupcakes: Cynthia, Helga, Ernie, Louise</p>	<p>21 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia: Cynthia 10:30 Bible Study & Hymn Sing with Pastor Lin 11:00 Music & Chair Exercise: Cynthia 2:00 Senior Saxes (CR): Cynthia, Helga, Sandy, Ernie, Don</p>	<p>22 9:00 Daily Perk and Word Find Handout 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin: RA 2:00 Aromatherapy Lotion: RA 6:00 Piano Classics with Vishnu: RA</p>	<p>23 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie</p>	
<p>24/31 9:00 Daily Perk and Word Find Handout 2:00 Hymn Sing-along 6:00 Lawrence Welk Hour</p>	<p>25 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Hymn Sing: Cynthia 11:00 Wellness Pro: Cynthia 11:00 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 1:30 Scenic Bus Ride: Cynthia</p>	<p>26 10:15 Stroll to Central Park for Toddler Storytime: Cynthia, Sandy, Don 1:30 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 2:15 Cooking Club: Cynthia, Helga</p>	<p>27 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:15 Adult Coloring/Painting: Cynthia 11:00 Catholic Communion (C): Cynthia 2:00 iPod Music Buddies, Volunteers and Residents listen together: Cynthia, Sandy, Ernie</p>	<p>28 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Bible Study & Hymn Sing with Pastor Lin 11:00 Music & Chair Exercise: Cynthia 1:30 Family FaceTime: Cynthia 2:15 Cowboy Poetry with Fiddlin' Friend (CR): Cynthia, Ernie, Don</p>	<p>29 9:00 Daily Perk and Word Find Handout 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin: RA 2:00 Aromatherapy Lotion: RA 6:00 Piano Classics with Vishnu: RA</p>	<p>31 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie</p>	