

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1 style="text-align: center;">2022 June</h1>	<h2 style="text-align: center;">Arbor Activities</h2>		1 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:15 1:1 Reminisce Visits 11:00 Catholic Communion (C): Cynthia 2:00 iPod Music Buddies, Volunteers and Residents listen together: Cynthia, Ernie, Marty, Laurie	2 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Bible Study & Hymn Sing with Pastor Lin 11:00 Music & Chair Exercise: Cynthia 1:30 Family FaceTime: Cynthia 2:15 Drum Circle: Cynthia	3 9:00 Daily Perk and Word Find Handout 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin 2:00 Aromatherapy Lotion: RA	4 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie	
	5 9:00 Daily Perk and Word Find Handout 2:00 Hymn Sing-along 6:00 Lawrence Welk Hour	6 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Hymn Sing: Cynthia 11:00 Wellness Pro: Cynthia 11:00 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 1:30 Old-time Folksong Sing-Along: Cynthia	7 10:15 Stroll to Central Park for Toddler Storytime: Cynthia, Don, Laurie 1:30 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 3:00 Stonecrest Singers (CR): Cynthia	8 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:15 1:1 Reminisce Visits 11:00 Catholic Communion (C): Cynthia 2:00 iPod Music Buddies, Volunteers and Residents listen together: Cynthia, Ernie, Marty	9 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Bible Study & Hymn Sing with Pastor Lin 11:00 Music & Chair Exercise: Cynthia 1:30 Family FaceTime: Cynthia 2:15 Creative Writing & Storytime: Cynthia	10 9:00 Daily Perk and Word Find Handout 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin 2:00 Aromatherapy Lotion: RA	11 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie
	12 9:00 Daily Perk and Word Find Handout 2:00 Hymn Sing-along 6:00 Lawrence Welk Hour	13 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Hymn Sing: Cynthia 11:00 Wellness Pro: Cynthia 11:00 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 2:00 Piano with Elsie: Cynthia	14 10:15 Stroll to Central Park for Toddler Storytime: Cynthia, Don, Helga 1:30 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 3:00 Stonecrest Singers (CR): Cynthia 6:00 Brad & Claire Recorder Duo: RA	15 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Desi the Horse Visit (Patio): Cynthia 11:00 Catholic Communion (C): Cynthia 2:00 Residents' Birthday Party, Music, Singing and Cupcakes: Cynthia, Ernie, Helga, Louise, Laurie	16 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Bible Study & Hymn Sing with Pastor Lin 11:00 Music & Chair Exercise: Cynthia 1:30 Family FaceTime: Cynthia 2:00 Piano with Dan Chouinard (CR): Cynthia, Don, Ernie, Helga, Sandy	17 9:00 Daily Perk and Word Find Handout 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin 2:00 Aromatherapy Lotion: RA	18 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie
	19 9:00 Daily Perk and Word Find Handout 2:00 Hymn Sing-along 6:00 Lawrence Welk Hour	20 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Hymn Sing: Cynthia 11:00 Wellness Pro: Cynthia 11:00 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 1:30 4th of July Art and Decorating: Cynthia, Ernie, Helga	21 10:15 Stroll to Central Park for Toddler Storytime: Cynthia, Don 1:30 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 3:00 Stonecrest Singers Choir Concert Friends & Family Welcome (CR): Cynthia, Don, Ernie, Louise, Laurie	22 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:15 1:1 Reminisce Visits 11:00 Catholic Communion (C): Cynthia 1:30 Scenic Bus Ride (Patriotic Theme): Cynthia	23 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia: Cynthia 10:30 Bible Study & Hymn Sing with Pastor Lin 11:00 Music & Chair Exercise: Cynthia 1:30 Family FaceTime: Cynthia 2:00 Cooking Club: Cynthia, Helga	24 9:00 Daily Perk and Word Find Handout 11:00 Group Exercise with Wing Wellness Professional (RA Gather) 1:30 Ecumenical Worship Service with Pastor Lin 2:00 Aromatherapy Lotion: RA	25 9:00 Daily Perk and Word Find Handout 2:00 Individual Music: and Adult Coloring 6:00 Resident Choice Movie
	26 9:00 Daily Perk and Word Find Handout 2:00 Hymn Sing-along 6:00 Lawrence Welk Hour	27 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Hymn Sing: Cynthia 11:00 Wellness Pro: Cynthia 11:00 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 2:00 Campfire Sing-Along: Cynthia	28 10:15 Stroll to Central Park for Toddler Storytime: Cynthia, Don 1:30 1:1 Reminisce, Sing, Prayers, Hand/Shoulder Massage: Cynthia 1:30 Carnival Games Outdoors: Cynthia, Ernie, Helga, Louise, Sandy, Laurie	29 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:15 1:1 Reminisce Visits 11:00 Catholic Communion (C): Cynthia 2:00 iPod Music Buddies, Volunteers and Residents listen together: Cynthia, Ernie, Marty, Sandy	30 10:00 Chapel Chat: News, Weather, Trivia, Horoscopes, Comics, Writers Almanac, The Perk: Cynthia 10:30 Bible Study & Hymn Sing with Pastor Lin 11:00 Music & Chair Exercise: Cynthia 1:30 Family FaceTime: Cynthia 3:00 SpiritSong Choir (CR): Cynthia, Don, Ernie, Helga, Louise, Sandy		<p style="text-align: center;">All Life-Enrichment programming is held within our Arbor Community unless noted.</p> <p style="text-align: center;">(CR) is our 1st Floor Community Room, (C) is 1st Floor Chapel</p>