


****This calendar is subject to change at any time.****



July 2022

Arbor Calendar

Friday 1	Saturday 2
10:30 Colleen W Heibler on Guitar 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy & Sharon	10:30 Manicures W/Peggy 1:00-2:00 Relaxing Music 2:00 Paint& Puzzles W/ Peggy 7:00 Travel Film
Friday 8	Saturday 9
10:30 James Shaw on Piano 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy & Sharon	10:30 Chair Yoga 1:00-2:00 Relaxing Music 3:00 Elder Song 7:00 Travel Film
Friday 15	Saturday 16
10:30 Joanne Bolles on Guitar 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy & Sharon	10:30 Manicures W/Peggy 1:00-2:00 Relaxing Music 2:00 Paint& Puzzles W/ Peggy 7:00 Travel Film
Friday 22	Saturday 23
10:30 Sing A Long 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy & Sharon	10:30 Chair Yoga 1:00-2:00 Relaxing Music 3:00 Elder Song 7:00 Travel Film
Friday 29	Saturday 30
10:30 Christian Nielson on Guitar 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy & Sharon	10:30 Manicures W/Peggy 1:00-2:00 Relaxing Music 2:00 Paint& Puzzles W/ Peggy 7:00 Travel Film

Sunday 3	Monday 4	Tuesday 5	Wednesday 6	Thursday 7
10:30 Morning Stretch W/ Peggy 1:00-2:00 Relaxing Music 2:00 Table Games 4:00 Worship Service 7:00 Nature Film		10:30 Word Games 1:00-2:00 Relaxing Music 2:00 Crafts & Chat W/ Jenny & Kitty 2:30 Exercise W/ Jessica 4:30 Happy Hour W/Jenny & Kitty	10:30 Trivia 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Patio Tea W/ Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music
Sunday 10	Monday 11	Tuesday 12	Wednesday 13	Thursday 14
10:30 Morning Stretch 1:00-2:00 Relaxing Music 2:00 Table Games 4:00 Worship Service 7:00 Nature Film	10:30 Noodle Ball 1:00-2:00 Relaxing Music 2:00 Small group Activity 3:30 Bingo W/Jenny & Sharon	10:30 Word Games 1:00-2:00 Relaxing Music 2:00 Crafts & Chat W/ Jenny & Kitty 2:30 Exercise W/ Jessica 4:30 Happy Hour W/Jenny & Kitty	10:30 Sweet Feet 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Patio Tea W/ Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music
Sunday 17	Monday 18	Tuesday 19	Wednesday 20	Thursday 21
10:30 Morning Stretch W/ Peggy 1:00-2:00 Relaxing Music 2:00 Table Games 4:00 Worship Service 7:00 Nature Film	10:30 Noodle Ball 1:00-2:00 Relaxing Music 2:00 Small group Activity 3:30 Bingo W/Jenny & Sharon	10:30 Word Games 1:00-2:00 Relaxing Music 2:00 Crafts & Chat W/ Jenny & Kitty 2:30 Exercise W/ Jessica 4:30 Happy Hour W/Jenny & Kitty	10:30 Trivia 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Patio Tea W/ Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music
Sunday 24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28
10:30 Morning Stretch 1:00-2:00 Relaxing Music 2:00 Table Games 4:00 Worship Service 7:00 Nature Film	10:30 Noodle Ball 1:00-2:00 Relaxing Music 2:00 Small group Activity 3:30 Bingo W/Jenny & Sharon	10:30 Word Games 1:00-2:00 Relaxing Music 2:00 Crafts & Chat W/ Jenny & Kitty 2:30 Exercise W/ Jessica 4:30 Happy Hour W/Jenny & Kitty	10:30 Sweet Feet 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Patio Tea W/ Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music