



2022 Arbor Calendar

			Wednesday 1	Thursday 2	Friday 3	Saturday 4
			10:30 Trivia 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Afternoon Tea W Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music	10:30 Colleen W Heibler on Guitar 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy	10:30 Chair Yoga 1:00-2:00 Relaxing Music 3:00 Elder Song 7:00 Travel Film
Sunday 5	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11
10:30 Morning Stretch 1:00-2:00 Relaxing Music 2:00 Table Games 4:00 Worship Service 7:00 Nature Film	10:30 Noodle Ball 1:00-2:00 Relaxing Music 2:00 Small group Activity 3:30 Bingo W/Jenny	10:30 Word Games 1:00-2:00 Relaxing Music 2:00 Crafts & Conversation W/ Jenny 2:30 Exercise W/ Jessica 4:30 Happy Hour W/Jenny	10:30 Trivia 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Afternoon Tea W Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music	10:30 James Shaw on Piano 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy	10:30 Chair Yoga 1:00-2:00 Relaxing Music 3:00 Elder Song 7:00 Travel Film
Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
10:30 Morning Stretch 1:00-2:00 Relaxing Music 2:00 Table Games 4:00 Worship Service 7:00 Nature Film	10:30 Noodle Ball 1:00-2:00 Relaxing Music 2:00 Small group Activity 3:30 Bingo W/Jenny	10:30 Word Games 1:00-2:00 Relaxing Music 2:00 Crafts & Conversation W/ Jenny 2:30 Exercise W/ Jessica 4:30 Happy Hour W/Jenny	10:30 Trivia 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Afternoon Tea W Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music	10:30 John Beck on Guitar 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy	10:30 Chair Yoga 1:00-2:00 Relaxing Music 3:00 Elder Song 7:00 Travel Film
Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
10:30 Morning Stretch 1:00-2:00 Relaxing Music 2:00 Table Games 4:00 Worship Service 7:00 Nature Film	10:30 Noodle Ball 1:00-2:00 Relaxing Music 2:00 Small group Activity 3:30 Bingo W/Jenny	10:30 Word Games 1:00-2:00 Relaxing Music 2:00 Crafts & Conversation W/ Jenny 2:30 Exercise W/ Jessica 4:30 Happy Hour W/Jenny	10:30 Trivia 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Afternoon Tea W Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music	10:30 Manicures W/Peggy 1:00-2:00 Relaxing Music 2:30 Exercise W/ Jessica 3:00 Bingo W/Peggy	10:30 Chair Yoga 1:00-2:00 Relaxing Music 3:00 Elder Song 7:00 Travel Film
Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30		
10:30 Morning Stretch 1:00-2:00 Relaxing Music 2:00 Table Games 4:00 Worship Service 7:00 Nature Film	10:30 Noodle Ball 1:00-2:00 Relaxing Music 2:00 Small group Activity 3:30 Bingo W/Jenny	10:30 Word Games 1:00-2:00 Relaxing Music 2:00 Crafts & Conversation W/ Jenny 2:30 Exercise W/ Jessica 4:30 Happy Hour W/Jenny	10:30 Trivia 1:00-2:00 Relaxing Music 2:00 Sensory Spa Time W/ Jenny 3:00 Hymn Sing W/Pastor Jane 3:30 Afternoon Tea W Jenny & Roda	11:15 Catholic Mass-Chapel 1:00-2:00 Relaxing Music 2:00 Gardening W/Peggy 4:00 Piano Music	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>**This calendar is subject to change at any time.**</p> </div>	