



February Arbors SummerWood of Plymouth 2023

Sun	Mon	Tues	Wed	Thu	Fri	Sat
 <p>Life Enrichment Office 763-329-7459 Calendar subject to change, see bulletin boards.</p>			1 10:30 Fitness with Jess 11:00 Spiritual Act. Andrea 2:00 Fun with Andrea 2:30 Snack 3:00 Heartshaped Suncatchers Andrea+Laurie	2 11:00 Stretch with Cid 11:10 Piano w/Karla PM Dawn & Carol 2:00 Puzzles 2:30 Snack 3:00 Cards & Dice	3 11:00 Bingo with Andrea 2:00 TBD 2:30 Snack 3:00 Cardio Drum with Andrea	4 5:30 UNO with Sarah
5 10:30 Fellowship Gathering Pastor Matt 3:30 Classical Piano Music with Johnny	6 10:30 Fitness with Jess 11:00 Piano w/Karla 2:00 CardioDrum w/Dawn 2:30 Snack 3:00 Chain Reaction/ Dawn	7 11:00 Group Game with Andrea 2:00 HymnSing w/Pastor Matt 2:30 Snack 3:00 Games with Andrea	8 10:30 Fitness with Jess 11:00 Spiritual Act. Andrea 2:00 Fun w/ Andrea+Laurie 2:30 Snack 3:00 Heart Magnets Andrea+Laurie	9 11:00 Music with Cid PM Gretchen & Carol 2:00 Puzzles 2:30 Snack 3:00 Cards & Dice	10 11:00 Cardio Drum 2:00 TBD 2:30 Snack 3:00 Bingo with Andrea	11 Volunteer TBD
12 10:30 Fellowship Gathering Pastor Matt 3:30 Classical Piano Music with Johnny	13 10:30 Fitness with Jess 11:00 Piano w/Karla 2:00 TBD 2:30 Snack 3:00 Bible Study with Pastor Matt	14 Valentine's Day 11:00 Group Game with Andrea 2:00 HymnSing w/Pastor Matt 2:30 Snack 3:00 Valentines Party	15 10:30 Fitness with Jess 11:00 Spiritual Act. Andrea 2:00 Poem Creation 2:30 Snack 3:00 Curtis & Loretta Music Andrea+Laurie	16 11:00 Music with Cid PM Dawn & Carol 2:00 Puzzles 2:30 Snack 3:00 Cards & Dice 6:00 Piano with Tess	17 11:00 Bingo with Andrea 2:00 TBD 2:30 Snack 3:00 Cardio Drum with Andrea	18 5:30 UNO with Sarah
19 10:30 Fellowship Gathering Pastor Matt 3:30 Classical Piano Music with Johnny	20 Presidents Day 10:30 Fitness with Jess 11:00 Piano w/Karla 2:00 CardioDrum Gretchen 2:30 Snack 3:00 Bible Study with Pastor Matt	21 11:00 Group Game with Andrea 2:00 HymnSing w/Pastor Matt 2:30 Snack 3:00 Games with Andrea	22 Ash Wednesday 10:30 Fitness with Jess 11:00 Spiritual Act. Andrea 2:00 Fun w/Andrea 2:30 Snack 3:00 Bingo Andrea +Laurie	23 11:00 Music with Cid PM Dawn & Carol 2:00 Puzzles 2:30 Snack 3:00 Cards & Dice	24 11:00 Cardio Drum 2:00 TBD 2:30 Snack 3:00 Bingo with Andrea	25 Volunteer TBD
26 10:30 Fellowship Gathering Pastor Matt 3:30 Classical Piano Music with Johnny	27 10:30 Fitness with Jess 11:00 Piano w/Karla 2:00 CardioDrum Gretchen 2:30 Snack 3:00 Game with Gretchen 6:00 Piano with Tess	28 11:00 Group Game with Andrea 2:00 HymnSing w/Pastor Matt 2:30 Snack 3:00 Games with Andrea	