

February 2023

## Love abundant

*See what kind of love the Father has given to us, that we should be called children of God. (1 John 3:1 ESV)*

What kind of love has God given us? The Greek language has different words for love: brotherly love, familial love, and romantic love. We celebrate Valentine's Day in February—predominantly an appreciation of romantic love. Another kind of love emphasized by Christians is agape love. Such a love seeks the good of others.

C.S. Lewis wrote: "In God there is no hunger that needs to be filled, only plenteousness that desires to give." From God's abundance comes his love. And it is a self-giving love. For God so loved the world that he gave his one and only Son (John 3:16). Why would he do that? To make us family! And as family, we are to love one another—to display God's family likeness. For "Love bears all things, believes all things, hopes all things, endures all things" (1 Corinthians 13:7).

Has God's self-giving love touched your life? Receive the love of God in Christ and become part of his family. From out of the abundance of God's love for us, we will bless others—our family, friends, community, and world with true agape love, God's love.

By Pastor Matt Anderson

## Welcome New Staff to SummerWood!



Fatou Cham  
HHA



Amy Dussey  
HHA



Elizabeth  
Janousek  
HHA



Sarah Omari  
HHA

# SummerWood of Plymouth

## February Highlights

**F**ebruary is the month of 'love,' and we will be celebrating just that!

- Wed., Feb 1 we will have a Magical Mystery Valentines Bus Trip. Where are we going? That is the mystery! We feel confident that MOST residents will enjoy this destination.
- On Tuesday, the 7th you will have a chance to buy some incredible handmade cards at the CardCrafter Sale, right here in the lobby.
- Our friend Tara B will be her on Thursday, the 9th to share some love songs (She's an amazing vocalist and pianist).
- On Monday, the 13th, Dawn will be hosting our annual 'Not-So-Newly-Wed Game!' We are looking for couples to take part. (Marriage is not a requirement.)
- For Valentine's Day, the 14th, Tony will provide an elegant dinner. We'll also have special music with Tim Patrick, a crooner, to serenade you while eating.
- Not to forget Presidents Day, David Jones (our favorite Historian) will be here on Thursday the 16th to present on the Washington Monument. We may learn about how politics are the same, or different, from those days.

**The shopping shuttle will go on  
Feb 1 and Feb 15 at 10am.**



## SummerWood Phone Numbers

**Main Phone Number: 763-383-8888**

Main HHA after hours cell # 651-335-5180

Arbor HHA after hours cell # 763-286-9797

<b>Barry Spiers, Campus Admin.</b>	<b>763-329-7452</b>
<b>Beth Fries, Housing Counselor</b>	<b>763-329-7451</b>
<b>Kitchen (Room Service)</b>	<b>763-329-7453</b>
<b>Dining Room (Reservation)</b>	<b>763-329-7473</b>
<b>Natasha Sorge, Homecare Support</b>	<b>763-329-7456</b>
<b>Awa Yaffa, RN, Clinical Dir.</b>	<b>763-329-7457</b>
<b>James Wade, Environmental Serv</b>	<b>763-329-7458</b>
<b>Cid Skaalrud, Life Enrichment Dir.</b>	<b>763-329-7459</b>
<b>Anthony Donato, Culinary Dir.</b>	<b>763-329-7462</b>
<b>Julie Momonyi, RN (Arbor)</b>	<b>763-329-7463</b>
<b>Tammy Hanson, RN (Commons)</b>	<b>763-329-7465</b>
<b>Matt Anderson, Campus Pastor</b>	<b>763-329-7468</b>
<b>Elizabeth Yellen, Gift Planning Officer</b>	<b>952-249-2416</b>
<b>SummerWood Salon, Tami L.</b>	<b>763-354-8280</b>

## February Birthdays

Sharon L	5th
June S	11th
Mary O	12th
Kathy B	14th
Marge B	16th
Helen H	17th
Marge A	18th
LaVerne R	28th



## New Legislation and You: Secure 2.0 Act

A new year has brought more than just resolutions. It's brought new laws and other changes that may affect you. The new laws include retirement changes, known collectively as "Secure 2.0," that may affect your saving and your giving.



### 1. Allows for a distribution from your IRA to fund a life-income gift

If you are 70-1/2 or older, you can make a one-time election for a QCD of up to \$50,000 (without being taxed) from your IRA to fund a life-income gift such as a charitable gift annuity, charitable remainder unitrust or charitable remainder annuity trust. These types of gifts allow you to make a gift to a qualified charity, like PHS or your PHS community, and receive lifetime payments to boost your retirement income, or provide lifetime payment for another beneficiary.

### 2. Increases the required minimum distribution (RMD) age to 73 in 2023

It does not increase the age when an IRA owner can take a qualified charitable distribution (QCD). That remains at 70-1/2.

### 3. Adjusts for inflation the \$100,000 annual limit on direct gifts to qualified charities from your IRA

Historically, the amount you could give to qualifying charities without paying income taxes on the distribution was capped at \$100,000 per year. This figure will now be adjusted annually for inflation. This ensures that your giving keeps pace with inflation.

We know these updates can seem complex and it's important to receive answers to your questions! Your financial advisors can provide you with more details. If you have questions about giving to your PHS community, please contact a gift planner at your community or call the PHS Foundation at 651-631-6408 or 651-631-6418. Happy 2023!

SummerWood of Plymouth  
16205 36th Avenue North  
Plymouth, MN 55446

763-383-8888  
SummerWoodPlymouth.org

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

## Optage: a fresh look expresses an enduring commitment to support you at home

**O**ptage™, the home and community services division of Presbyterian Homes & Services (PHS), recently introduced a new logo and website.

Our new logo is a stylized flame symbolizing the presence of God's Holy Spirit. It also includes a fish within the flame, an ancient symbol of Christian fellowship.

**Optage.org** has been redesigned for an exceptional user experience. The new website will be faster and easier to navigate, and brings a range of features that help older adults find and use services for home care, hospice and meals.

Optage services help people live independently, actively and with purpose, whether one's home is in a senior living community or in the broader community. Optage works from a foundation of

Christian ministry that upholds the spirit of compassion and service to all.

In addition, Optage staff maintain special training and certification in geriatric care so older adults receive the best, targeted care for their unique needs. For those living in senior communities, Optage staff apply their expertise in collaborating with multiple caregivers, including family and site staff to deliver seamless, holistic care.

With Optage, you gain the confidence to stay at home and live the life you choose. To contact the Optage care team directly or to learn more about the supportive services available, visit [Optage.org](https://www.optage.org) today!

