

January 2023

New Campus Pastor Matt Anderson

Greetings in the Lord! It is with great pleasure that I join the SummerWood community as your new campus pastor. I go by Pastor Matt and look forward to getting to know you. My wife Liz and I celebrated our 22nd wedding anniversary this past June. We have two teenage children: Talitha (age 19) and Josiah (age 18). We just moved to the Plymouth area from Chanhasen, where we lived the last 9 ½ years. Music runs deep in our family. My wife, Liz, teaches elementary music at Deephaven Elementary School. Both our kids have played in band and love to sing. My son Josiah plays the French horn and was the drum major for Chanhasen High School Marching Band this school year. He is a senior. My daughter played the trumpet in high school. She is currently a second-year student at the University of Minnesota, studying Environmental Science. I sing and play guitar and enjoy leading hymns and praise songs. Regarding education, I earned a Master of Divinity from Multnomah Biblical Seminary in Portland, Oregon, and a Doctor of Ministry from Bethel Seminary in St. Paul, Minnesota. My pastoral experience includes serving the local church as a senior pastor and adult group home communities as a chaplain. I enjoy learning new things, reading and seeing possibilities. I am thankful that we serve a God of new beginnings. Lamentations 3:22-23 proclaims:



“The steadfast love of the LORD never ceases;
his mercies never come to an end;
they are new every morning; great is your faithfulness.”

It is an honor to serve as your campus pastor. I pray God’s blessing of mercy for you this new year. I look forward to partnering with you in the gospel of Jesus Christ for God’s glory!

Sincerely,
Matt Anderson

SummerWood of Plymouth



Comfort Boadu
Housekeeping

Michelle Camah
HHA



Nick Walker
Nutrition and Culinary
Services Supervisor



SummerWood Phone Numbers

Main Phone Number: 763-383-8888

Main HHA after hours cell # 651-335-5180

Arbor HHA after hours cell # 763-286-9797

Barry Spiers, Campus Admin.	763-329-7452
Beth Fries, Housing Counselor	763-329-7451
Kitchen (Room Service)	763-329-7453
Dining Room (Reservation)	763-329-7473
Natasha Sorge, Homecare Support	763-329-7456
Awa Yaffa, RN, Clinical Dir.	763-329-7457
James Wade, Environmental Serv	763-329-7458
Cid Skaalrud, Life Enrichment Dir.	763-329-7459
Anthony Donato, Culinary Dir.	763-329-7462
Julie Momonyi, RN (Arbor)	763-329-7463
Tammy Hanson, RN (Commons)	763-329-7465
Matt Anderson, Chaplain	763-329-7468
Elizabeth Yellen, Gift Planning Officer	952-249-2416
SummerWood Salon, Tami L.	763-354-8280

January Highlights

Special events for January include:

- A tropical lunch with music featuring the Panhandlers (Caribbean Steel Drums)
- Lunch at the new Asian Mall in Eden Prairie
- A visit to the Cafesjian Art Trust Museum to see the beautiful blown glass of Dale Chihuly
- Betty Gove's new book launch, "Where the Lady Slipper's Grow"
- Violin & Piano Duet, Kurt Weber and Ash St John
- Creative Studio projects

And more plans underway!

January Birthdays

Shirley M	4th
Cynthia A	12th
Grace R	15th
Sharon G	22nd
Marie P	25th
Chuck G	28th



Giving benefits you, too

Thank you for making a difference through your charitable giving in 2022. Your gifts showed your compassion for your neighbors and employees. Please take a moment to consider how your generous sharing is helping you, too ... because it does! These are some benefits that you may experience:



Giving provides a sense of purpose, which is linked to identity. Phases of life provide us with different defining roles, like employee or parent. As life moves forward, we may feel less connected to some roles. Volunteering and giving are roles that have staying power, though. Studies show that these roles enhance an overall sense of purpose and identity.

Giving may aid overall health. Research has shown that giving can create happy feelings, lessen chronic pain and lower blood pressure for some. Sharing our time usually enhances our social lives, which in turn can positively affect our long-term health.

Altruism is contagious. It is often observed that when one person performs a good deed, it causes a chain reaction of other good deeds. We see this happen at our communities.

The positives created by volunteering your prayers, time and money don't just benefit your PHS community, they benefit you as well! As 2023 begins, what plans might you have for your giving this year?

We give thanks to residents, family members, friends and employees who made charitable gifts to Presbyterian Homes & Services during the holiday season. Every gift makes a difference. We are grateful for you and for your giving spirit. Please feel free to contact us at 651-631-6408 or 651-631-6418 if we can be of assistance to you this year.

Happy New Year 2023!!

SummerWood of Plymouth
16205 36th Avenue North
Plymouth, MN 55446

763-383-8888
SummerWoodPlymouth.org

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

Beloved

“A new command I give you: Love one another. As I have loved you, so you must love one another.”

~John 13:34

Our Presbyterian Homes & Services (PHS) mission statement, “to honor God by enriching the lives and touching the hearts of older adults,” is built on Jesus’ command to “love one another.” We honor God by loving one another, and we love others because we know and experience God’s great love for ourselves.

There is no greater gift in life than knowing we are loved by God. We are, indeed, God’s **beloved children** — intimately known and eternally loved by the one who created us. Similarly, there is no higher calling than to love: to embody and reflect God’s care and kindness to others through our thoughts, words and actions.

Throughout the year, in a series entitled “Beloved,” we will explore what it means to give and receive

love through stories of the people who live and work at PHS. These stories will be published across PHS communication channels, including our blog and Facebook. But we need more eyes and ears — not to mention hearts and minds — to do this well.

We ask for your help in this effort. We want to hear from you about the special people — employees, residents, volunteers, families or friends — whose words and actions demonstrate love at your community. Their stories inspire us to give and receive love daily, reminding one another that we are all beloved.

Share what you know with us by email at **communication@preshomes.org** or share your idea or story with your campus staff. We look forward to hearing from you.