

## Meet Your Spiritual Life Committee

Your Spiritual Life Committee manages, maintains, and improves the quality of Spiritual Care Services provided to the residents, families, and staff.

We meet together to review Spiritual Life and Wellness opportunities, which include: Worship, Bible Study, End of Life, and other Resident and Staff Support. We evaluate and follow-up on previously identified quality issues. We discuss and resolve access and other issues relating to Spiritual Life services. And we generate, plan, and implement new Spiritual Life ideas and programs.

If you have ideas or suggestions that might enhance the Spiritual Life at SummerWood, please connect with one of the team members listed below.

*Pastor Jane Morgan*



(L-R) Anna Marie, Rachel, Jane, LouTasha and Jerry

## Alternatives During the Winter Weather

This winter went from mild to monstrous!

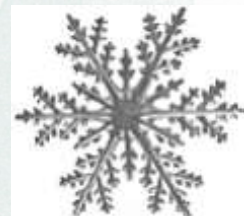
For your information, there are options other than trying to venture out onto the ice and into storms.

Low on groceries or personal items? Lunds, Coborns, HyVee and Cub all deliver groceries. Several places will also deliver prescriptions.

Optage is an option that will provide house calls by doctors, nurse practitioners, RNs, therapists and aides. Call Optage Housecalls, 651-746-8200, to find out what they can do for you.

We also sell forever stamps at the front desk! That saves a trip and can be charged to your account.

Absolutely have to go out, and family or friends aren't available? There are ride providers such as Plymouth Dial-a-Ride or Metro Mobility. Or maybe research online options like GoGoGrandparent with your family.



## Spiritual Care Opportunities

Sunday Worship: 10:45 am

Monday Rosary: 11:00 am

Third Thursday Catholic Mass: 11:00 am

Saturday Catholic Communion: 10:00 am  
*(except week of Mass)*

**Check calendar for various Bible studies.**

# SUMMERWOOD OF PLYMOUTH HIGHLIGHTS

## Fast Facts About Future Giving

If you hear “estate planning, planned giving or future giving” and think it’s only for people who are wealthier than you – or that it’s just too confusing – you’re not alone. However, future giving is for people of all ages and means, and it doesn’t have to be difficult. Here are some important points to keep in mind.

### **Future gifts are about you and your loved ones.**

There are many types of future gifts. Most are simple and affordable – like a beneficiary designation on an IRA or life insurance policy, or a gift through your will or trust. With the help of trusted advisors, you can likely find options that work for you and your loved ones.

### **Future gifts are for everyone.**

Anyone can make a future gift – no matter if your estate is worth \$100 or one million dollars. Gifts of all sizes make a difference at Carondelet Village. In fact, you may even be able to make a bigger impact than you thought possible when you make a future gift.

### **The passage of time can change pieces of your life.**

Maybe you completed your will or trust plan several years ago when your life looked different than it might now. It is a good idea to review the plans that you have for your assets every 3-5 years. A revisited estate plan makes your current wishes known and provides your loved ones with peace of mind.

### **We Can Help**

The Presbyterian Homes Foundation welcomes the opportunity to provide you with information about current giving and how best to make a future gift.

We’re here to help answer questions you may have regarding your individual goals. Please contact us at 651-631-6408 or 651-631-6418.



**Shopping shuttle  
running on  
March 6 and March 20.**

## March Highlights\*

- Friday, March 1 – 11:00 Vision Loss group in the Gathering Room
- Monday, March 4 – Card Sale in the Lobby at 10:30
- Monday, March 4 – Blood Pressure Clinic in a room TBD (Next month moving to the second Tuesday)
- Tuesday, March 5 - Looney Lutherans 2:00 in the Fellowship Hall, sponsored by Card Crafters.
- Wednesday, March 6 - Ash Wednesday Service at 6:30 in the Fellowship Hall
- Thursday, March 7 - Resident Council at 10:30 TBD
- Thursday, March 7 – Singalong with Barb 2:00 room TBD
- Fridays, March 8/15/22/29 - Holy Name of Jesus Kids 1:45 room TBD (Not Friday March 1)
- Tuesday, March 12, 2:00 – Free Irish Bingo Sponsored by Card Crafters in the Gathering Room
- Wednesday, March 13 – Bible Study Luncheon in the Gathering Room at 11:00.
- Thursday, March 14 – the Glenda Reid Show at 2:00 “Sentimental Journey” room TBD
- Monday, March 18 – Travel Ireland with Rich – 2:30 in the Gathering Room.
- Tuesday, March 19 – “Left Behind” film with Pastor Jane in the Theater at 2:00.
- Wednesday, March 20 - Bell Museum, 12:30, Please sign up, \$10 admission.
- Thursday, March 21 –Celebrate March Birthdays with Michael Nelson in the Gathering Room at 2:00.
- Tuesday, March 26 – “Musings with Morgan” (with Pastor Jane) in the Theater at 2:00.
- Wednesday, March 27 – Brunch at Crossroads Deli, 9:30, please sign up.
- Wednesday, March 27 – Cid’s Jug Band –U Can Jug or Nots - at 2:00 in the Gathering room.
- Thursday, March 28 – Irish Music that Tickle at 2:00 with our old friend Shawn Sweeney Room TBD.

\*Subject to change

# SUMMERWOOD OF PLYMOUTH

## March Birthdays!

<b>Don Peterson</b>	<b>3rd</b>
<b>Suzanne Kinnear</b>	<b>4th</b>
<b>Shirley Anderson</b>	<b>8th</b>
<b>Elizabeth Nelson</b>	<b>10th</b>
<b>Kay Larson</b>	<b>10th</b>
<b>Barb Coenen</b>	<b>15th</b>
<b>Anna Marie Huesers</b>	<b>18th</b>
<b>Doris Gapp</b>	<b>19th</b>
<b>Jane Phillips</b>	<b>25th</b>
<b>Ila Ronning</b>	<b>27th</b>
<b>John Pechelunas</b>	<b>30th</b>

## SummerWood Phone Numbers



**Main Phone Number: 763-383-8888**

◆ **Main HHA after hours cell # 651-335-5180**

◆ **Arbor HHA after hours cell # 763-286-9797**

<b>Sharon Millett, Campus Administrator</b>	<b>ext. 102</b>
<b>Jenny Writz, Housing Counselor</b>	<b>ext. 101</b>
<b>Kitchen (Room Service)</b>	<b>ext. 103</b>
<b>Cheryl Johnson, Home Care Support</b>	<b>ext. 106</b>
<b>Gretchen Hansen, RN, Clinical Dir.</b>	<b>ext. 107</b>
<b>Darren Ouimette, Environmental Serv.</b>	<b>ext. 108</b>
<b>Cid Skaalrud, Life Enrichment Dir.</b>	<b>ext. 109</b>
<b>LaJoy Green, Culinary Dir.</b>	<b>ext. 112</b>
<b>Shannah Pool, RN (Arbor)</b>	<b>ext. 113</b>
<b>Natalie Loher, RN (Commons)</b>	<b>ext. 115</b>
<b>Jane Morgan, Chaplain</b>	<b>ext. 118</b>
<b>Kent Osterman, (Gift Planning Office)</b>	<b>612-704-3379</b>
<b>SummerWood Salon</b>	<b>763-551-1266</b>
<b>Mary Birkhauser</b>	

Welcome to SummerWood,  
New Residents!



Ethel Forbes



John Hoekstra



Patsy Palmer



Pat Steinhauser

The next **Resident Council Board Meeting** will be held on Thursday, March 7.

Attendance at the Tenant Council meeting is limited to residents who have been selected to serve as representatives of the resident body joined by site management.

Your council members are:

President, Roger Knutson (204), Vice President, Kate Cady (314), Secretary, Betty Brown (207), Kent Johnson (117), Kay Larson (115), Dorothy Paulsen (321), Gary Peterson (211), Larry Vorlicky (318).

A **Resident Meeting** will be held on Wednesday, March 13 at 2:00 pm in the Library. All SummerWood residents are encouraged to attend this informational meeting.

**Call Jenny today for information or to schedule a personal tour, 763-383-8888 ext. 101**



SummerWood of Plymouth  
16205 36th Avenue North  
Plymouth, MN 55446  
763-383-8888  
[www.summerwoodplymouth.org](http://www.summerwoodplymouth.org)

***Postmaster: address correction requested.***

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

EQUAL HOUSING OPPORTUNITY.  
ALL FAITHS WELCOME.

## *Our strategic goals uphold your freedom to live well*

Everything we do at Presbyterian Homes & Services (PHS) aims to fulfill our vision “to provide more choices and opportunities for more older adults to live well.” The 2019 PHS annual report, due out this month, highlights our strategic goals for 2019 and the years ahead. We want to share some of these goals with you.

PHS offers 15 distinct living options and service divisions to expand choices and ease transitions for each resident and client we serve. We remain committed to grow to 80 communities by 2035 and to triple the reach of our services that extend into the broader community. Our strategic priorities also include robust life enrichment, personalized wellness and expanded volunteerism, because we know that you don’t just want to live, you want to live well.

Through Optage® and Genevive we have expanded our geriatric physician services and care navigation supports that are available to you right in your home. With Medicare Advantage plans and value-

based contracting, we are able to extend these services to many older adults who cannot otherwise afford the integrated care and supports that lead to better living.

We are also working to preserve affordable housing and expand access for a growing number of older adults who find themselves with few options between subsidized and market rate housing. After all, we know that one of the greatest determinants of health and happiness is the place we call home.

Finally, we believe that employees are the most important resource in our ministry and are blessed with the ability to attract people who are purpose driven. Through expanded employee development initiatives, like the Hugh K. and Margaret S. Schilling Leadership Institute, we are committed to an environment where employees are valued and empowered to make a difference. This is our promise to employees that undergirds our commitment to you.