

September 2023

And when Jesus heard it, he said to them...“I came not to call the righteous, but sinners.” - Mark 2:17

Did you have a parent or grandparent who called out for you to come home for supper? I remember my mom calling out from the side door of our house for my brother and I to return home because it was getting dark outside. Now, as a parent, I personally know the deep concern and longing for children to return home. I care for my kids and want them to be safe. That’s the way God longs for you and me. He wants each of us to come home. In the old hymn, *Softly and Tenderly* by Will L. Thompson, Jesus is described as calling sinners to come home. He doesn’t shout or yell. He isn’t impatient or rude. Rather, he sincerely calls out “softly and tenderly.” This is an irresistible gentleness calling you and me to come home.

Home is to be a place where we find rest and peace. It’s a place to belong. After a long day of work, we desire rest and relaxation. Heaven is described as a place of rest. The Bible states that those who believe in Jesus enter God’s rest (see Hebrews 4:3). Likewise, Jesus beckons us in Matthew 11:28, “Come to me, all who labor and are heavy laden, and I will give you rest.” Have you come home to Jesus? Maybe you’re not sure what that will entail or mean for you. It can start with a simple prayer:

“Jesus, I know you are calling me to yourself. You offer rest to those who are weary. That’s what I want: to come home to you for rest. You came to seek and save sinners. I know I have sinned against you and others. I confess my sin to you and turn from it now. Forgive me. I believe that you died for my sin and have risen to new life. I am made right with God by faith in you alone. Thank you for caring, coming, and calling me home. Amen.”

By Pastor Matt Anderson



SummerWood of Plymouth

September Highlights

Sunday, September 10 at noon we'll celebrate the Vikings first game of the season in the Theater. Refreshments provided.

Rescheduled David Jones History 14th, Charles Lindbergh. We have also scheduled Statue of Liberty for November.

Creative projects and other events are still being planned

Community Opportunities:

Visit the Hasselquist Farm near Elk River September 13, (this is Larry's daughter Susan's place. Many paved surfaces, but using steps is involved)

Minnesota's largest candy store on September 27. (Also know as John's Apple Farm)

~Cid

Welcome New Staff to SummerWood!



Nina Aubuchon—HHA



Layla Dabre—HHA

SummerWood Phone Numbers

Main Phone: 763-383-8888

Main HHA after hours # 651-335-5180

Arbor HHA after hours # 763-286-9797

Barry Spiers, Campus Admin.	763-329-7452
Beth Fries, Housing Counselor	763-329-7451
Kitchen (Room Service)	763-329-7453
Dining Room (Reservation)	763-329-7473
Natasha Sorge, Homecare Support	763-329-7456
Sarah Henkels, RN, Clinical Dir.	763-329-7457
Tim Haarstad, Environmental Serv	763-329-7458
Cid Skaalrud, Life Enrichment Dir.	763-329-7459
Anthony Donato, Culinary Dir.	763-329-7462
Julie Momanyi, RN (Arbor)	763-329-7463
Tammy Hanson, RN (Commons)	763-329-7465
Matt Anderson, Campus Pastor	763-329-7468
Elizabeth Yellen, Gift Planning Officer	952-249-2416
SummerWood Salon, Tami L.	763-354-8280

The Essential Shopping Shuttle is Wednesday September 6 & 20 at 9:30 a.m. Sign up by noon the day before.



September Birthdays



Helen J	9-6
Ruth S	9-14
Sue K	9-17



How the PHS Foundation Helps Your Community

The Presbyterian Homes Foundation is here to help you and your community with charitable giving. We assist residents, families, friends and employees with making financial contributions that help residents and employees at PHS communities.



All PHS communities and the Foundation are 501(c)(3) organizations, eligible to receive tax-deductible gifts. Giving directly to the Foundation ensures 100 percent of your gift is passed on to the community and fund that you designate. You will also receive a receipt acknowledging your contribution. Most of all, you will encourage smiles and brighten days!

How You Make a Difference: There are many ways to be a donor. Annual gifts are made with cash, check or credit/debit card through the mail or on our secure online giving page at preshomes.org. Future gifts may be made through a will, trust, beneficiary designation on a retirement account or life insurance policy or gifting a portion of a PHS entrance deposit. Gifts of all sizes are meaningful and help your community!

You may direct your charitable contribution to: Funds that support residents include greatest needs, benevolence or spiritual life. Funds that support employees include PHS employee hardship, scholarships and appreciation.

If you are interested in making a cash gift or would like to learn more about making a future gift, please see a Foundation gift planner at your community or call the PHS Foundation office at 651-631-6408 or 651-631-6418.

You may also wish to visit preshomes.org and click on “Make a Gift” at the top of every page to learn how your charitable gifts make a difference every day. Thank you for your financial gifts and the many ways that you enrich your community. We are grateful for you!

SummerWood of Plymouth
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Plymouth, MN 55446

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SummerWoodPlymouth.org

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

Mark your Calendar! Active Aging Week: October 2-8

Celebrating aging and the benefits of active living at any age, Active Aging Week showcases the capabilities of older adults as fully participating members of society and promotes the benefits of a healthy lifestyle. Presbyterian Homes & Services vision of “providing more choices and opportunities for more older adults to live well,” shapes Active Aging Week in our communities with opportunities for you to discover how you can continue living well.

Mark your calendar for a week of events, classes and programs, October 2-8. Each day of the week will feature one of the *Seven Dimensions of Wellness*: physical, social, intellectual, emotional, vocational, environmental and spiritual, demonstrating the unity of the different departments that support you on a day to day basis. Throughout the week, we will explore your personal wellness goals while providing opportunities to re-connect and learn more about the community surrounding you.

Initiated in 2003 by the International Council on Active Aging®, the weeklong observation calls attention to and wholeheartedly celebrates the positivity of aging today. Active Aging Week challenges society’s diminished expectations of aging by showing that, regardless of age or health conditions, older adults can live as fully as possible in all areas of life. The objective of the annual health-promotion event is to give as many older adults as possible the means to experience wellness opportunities and exercise in a safe, supportive environment. It also promotes the benefits of healthier, more active lifestyles across the life span.

Watch for more information this month and check your calendars next month to see what great things are planned for Active Aging Week at your community.