

November 2022

Commons WINGS Wellness Social Calendar

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1:30 Worship Service with Riverdale Assembly of God: Chapel (CCTV) 27</p> <p>2:00 Coffee & Cookies: Terrace Lobby</p> <p>2:30 Bingo: Commons Loft</p>	<p>10:00 Anoka Tech OTA Wellness Program: Terrace Community Room 28</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Moderate Exercise: Chapel (CCTV)</p> <p>1:00 Bible Study: Terrace Activity Room</p> <p>1:30 Trivia with Celeste: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room 29</p> <p>10:30 Sing Along: Commons Loft</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Popcorn & Movie: Terrace Activity Room</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Coffee Social: Terrace Community Room 30</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Popcorn & Movie – Casablanca: Terrace Activity Room</p> <p>2:00 Baking Group: Commons Activity Room</p> <p>3:00 Card Games: Commons Loft</p> <p>5:30 Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room 1</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – “Our Daily Bread”: (CCTV)</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:00 Bingo: Commons Loft</p> <p>3:00 Chapel Service: Commons Loft</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>10:00 Christmas Carolers: Commons Lobby 2</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>11:45 Christmas Presentation with Music: Chapel (CCTV)</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>2:00 Commons Resident Meeting: Commons Loft</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>1:00 Wii Bowling: Terrace Activity Room 3</p> <p>6:30 Hymn Sing: Commons Lobby</p>

December 2022

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Exercise with Celeste: Commons Loft</p> <p>1:30 Worship Service with Zion Lutheran: Chapel (CCTV)</p> <p>2:00 Coffee & Cookies: Terrace Lobby</p> <p>2:30 Bingo: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:00 Bible Study: Terrace Activity Room</p> <p>1:30 Trivia with Celeste: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>10:30 Sing Along: Commons Loft</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Food Committee: Harvest Restaurant</p> <p>2:30 Popcorn & Movie: Terrace Activity Room</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Coffee Social: Terrace Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Popcorn & Movie – Hondo: Terrace Activity Room</p> <p>2:00 Baking Group: Commons Activity Room</p> <p>3:00 Card Games: Commons Loft</p> <p>5:30 Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – “Our Daily Bread”: (CCTV)</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:00 Bingo: Commons Loft</p> <p>3:00 Chapel Service with Communion: Commons Loft</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Culvers Lunch Outing (\$)**</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>10:00 Family of Christ Lutheran Church Service: Chapel (CCTV)</p> <p>1:00 Wii Bowling: Terrace Activity Room</p> <p>2:00 Family of Christ Lutheran Christmas Carolers: Commons Lobby</p> <p>6:30 Hymn Sing: Terrace Fireside</p>

Daily Event Line – Activities & Menu for the Day Call *7014

December 2022

Commons WINGS Wellness Social Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Exercise with Celeste: Commons Loft 11</p> <p>1:30 Worship Service with Anoka Baptist: Chapel (CCTV)</p> <p>2:00 Coffee & Cookies: Terrace Lobby</p> <p>2:30 Bingo: Commons Loft</p>	<p>9:00 Best Loved Christmas Story Reading: (CCTV) 12</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:00 Christmas Entertainment by CODA: Chapel (CCTV)</p> <p>2:15 Bible Study: Terrace Activity Room</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Christmas Carol Sing Along: Chapel (CCTV)</p>	<p>8:30 Video Exercise: Terrace Activity Room 13</p> <p>9:00 Best Loved Christmas Story Reading: (CCTV)</p> <p>10:30 Sing Along: Commons Loft</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Hot Cocoa with Treat & Photo with Santa: Harvest Restaurant/ Commons Lobby</p> <p>2:30 Popcorn & Movie A Christmas Story: Terrace Activity Room</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>9:00 Best Loved Christmas Story Reading: (CCTV) 14</p> <p>10:00 Men's Coffee Social: Terrace Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Farmstead Holiday Parade</p> <p>1:30 Popcorn & Movie – White Christmas: Terrace Activity Room</p> <p>2:00 Holiday Cookie Decorating: Commons Activity Room</p> <p>3:00 Ornament Making/Decorating: Commons Loft</p> <p>5:30 Dice Games: Commons Loft</p> <p>6:00 Anoka Country Fair Holiday Light Tour**</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room 15</p> <p>9:00 Best Loved Christmas Story Reading: (CCTV)</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – “Our Daily Bread”: (CCTV)</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:00 Christmas Bingo: Commons Loft</p> <p>3:00 Christmas Service: Commons Lobby</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>9:00 Best Loved Christmas Story Reading: (CCTV) 16</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Birthday Party with Entertainment by Monroe Wright: Harvest Restaurant</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>1:00 Wii Bowling: Terrace Activity Room 17</p> <p>1:00 Shesleigh's Traditional Carols Piano Performance: Commons Lobby</p> <p>6:30 Hymn Sing: Commons Lobby</p>

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December 2022

Commons WINGS Wellness Social Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Exercise with Celeste: Commons Loft 18</p> <p>1:30 Worship Service with Solid Rock Free Lutheran: Chapel (CCTV)</p> <p>2:00 Coffee & Cookies: Terrace Lobby</p> <p>2:30 Bingo: Commons Loft</p>	<p>10:00 Twin Cities Railroad Museum Outing (\$)** 19</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:00 Bible Study: Terrace Activity Room</p> <p>1:30 Trivia with Celeste: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room 20</p> <p>10:30 Sing Along: Commons Loft</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Popcorn & Movie: Terrace Activity Room</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Coffee Social: Terrace Community Room 21</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Bakers Square Lunch Outing (\$)**</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Popcorn & Movie – The Nativity Story: Terrace Activity Room</p> <p>2:00 Baking Group: Commons Activity Room</p> <p>3:00 Card Games: Commons Loft</p> <p>5:30 Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room 22</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – “Our Daily Bread”: (CCTV)</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:00 Bingo: Commons Loft</p> <p>3:00 Chapel Service: Commons Loft</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>10:30 Light Exercise: Commons Loft 23</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>Christmas Eve 24</p> <p>1:00 Christmas Eve Service: Chapel (CCTV)</p> <p>1:00 Wii Bowling: Terrace Activity Room</p> <p>6:30 Hymn Sing: Terrace Fireside</p>

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December 2022

Commons WINGS Wellness Social Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	31
<u>Christmas Day</u>						<u>New Year's Eve</u>
<p>1:30 Worship Service with Riverdale Assembly of God: Chapel (CCTV)</p> <p>2:00 Coffee & Cookies: Terrace Lobby</p> <p>2:30 Bingo: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:00 Bible Study: Terrace Activity Room</p> <p>1:30 Trivia with Celeste: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>10:30 Sing Along: Commons Loft</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Popcorn & Movie: Terrace Activity Room</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Coffee Social: Terrace Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Popcorn & Movie – Easy Living: Terrace Activity Room</p> <p>2:00 Baking Group: Commons Activity Room</p> <p>3:00 Card Games: Commons Loft</p> <p>5:30 Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – “Our Daily Bread”: (CCTV)</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:00 Bingo: Commons Loft</p> <p>3:00 Chapel Service: Commons Loft</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Noon Years Eve Celebration with Elvis: Commons Lobby</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>1:00 Wii Bowling: Terrace Activity Room</p>

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