

September 2021

October 2021

COMMONS WINGS WELLNESS SOCIAL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
<p>1:30 Worship Service with Pastor Jim Hoekstra: Chapel (CCTV)</p> <p>3:00 Bingo: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:00 Piano Music: Commons Lobby</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>10:15 Wii Games: Commons Loft</p> <p>1:15 Bingo: Commons Loft</p> <p>2:30 Movie: Terrace Activity Rm</p> <p>3:15 Piano Music: Commons Lobby</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Fellowship: Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>2:00 Coffeehouse Social: Harvest Restaurant</p> <p>6:30 Prayer Circle: Chapel</p>	<p>8:30 Video Exercise: Terrace Activity Rm</p> <p>10:00 Catholic Service: (CCTV)</p> <p>11:00 Women's Devotional: Chapel</p> <p>1:00 Chair Yoga with Mandi: Chapel (CCTV)</p> <p>1:15 Bingo: Commons Loft</p> <p>3:00 Chapel Service with Pastor Sherree: Commons Loft</p>	<p>SPIRIT WEAR</p> <p>10:30 Light Exercise with Carol: Commons Loft</p> <p>11:00 Exercise: CANCELLED (CCTV)</p> <p>1:30 NEW! Dice Games: Commons Loft</p> <p>3:15 Piano Music: Commons Lobby</p> <p>6:30 Bingo: Community Room</p>	<p>1:00 Wii Bowling: Terrace Activity Room</p> <p>6:30 Hymn Sing: Commons Lobby</p>

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October 2021

COMMONS WINGS WELLNESS SOCIAL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<p>1:30 Worship Service with Zion Lutheran: Chapel (CCTV)</p> <p>3:00 Bingo: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:00 Piano Music: Commons Lobby</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>1:15 Bingo: Commons Loft</p> <p>2:30 Movie: Terrace Activity Room</p> <p>3:15 Piano Music: Commons Lobby</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Fellowship: Community Room</p> <p>10:30 Light Exercise with Carol: Commons Loft</p> <p>11:00 Exercise with Celeste: Chapel (CCTV)</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>3:00 NEW! Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Chapel</p>	<p>8:30 Video Exercise: Terrace Activity Rm</p> <p>10:00 Catholic Service: (CCTV)</p> <p>11:00 Centering Prayer: Chapel</p> <p>1:00 Chair Yoga with Mandi: Chapel (CCTV)</p> <p>1:15 Bingo: Commons Loft</p> <p>2:30 Resident Meeting: Commons Loft</p> <p>3:00 Chapel Service with Pastor Sherree: Commons Loft</p> <p>6:30 Therapy Dog Visit- Shilo: Commons Lobby</p>	<p>SPIRIT WEAR</p> <p>9:30-10:30 FLU SHOT CLINIC (Stay in your apartment)</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:30 NEW! Dice Games: Commons Loft</p> <p>3:15 Piano Music: Commons Lobby</p> <p>6:30 Bingo: Community Room</p>	<p>10:00 Family of Christ Lutheran Church Service: Chapel (CCTV)</p> <p>1:00 Wii Bowling: Terrace Activity Room</p> <p>6:30 Hymn Sing: Terrace Fireside</p>

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October 2021

COMMONS WINGS WELLNESS SOCIAL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
<p>Clergy Appreciation Day</p> <p>1:30 Worship Service with Anoka Baptist: Chapel (CCTV)</p> <p>3:00 Bingo: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:00 Piano Music: Commons Lobby</p> <p>2:00 Big Daddy Squeeze Performance: Chapel (CCTV)</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>10:00-12:00 Therapy Dog Visit-Bailey: Commons Lobby</p> <p>1:15 Bingo: Commons Loft</p> <p>2:30 Movie: Activity Rm</p> <p>3:15 NEW! Trivia: Commons Loft</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Fellowship: Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>3:00 NEW! Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Chapel</p>	<p>8:30 Video Exercise: Terrace Activity Rm</p> <p>10:00 Catholic Service: (CCTV)</p> <p>11:00 Women's Devotion- "Mary, Mother of Jesus": Chapel</p> <p>1:00 Chair Yoga with Mandi: Chapel (CCTV)</p> <p>1:15 Bingo: Commons Loft</p> <p>3:00 Chapel Service with Pastor Sherree: Commons Loft</p> <p>6:30 Therapy Dog Visit- Shilo: Commons Lobby</p>	<p>SPIRIT WEAR</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:30 Birthday Party for ALL with Monroe Wright: Harvest Restaurant</p> <p>6:30 Bingo: Community Room</p>	<p>1:00 Wii Bowling: Activity Rm</p> <p>6:30 Hymn Sing: Commons Lobby</p>

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October 2021

COMMONS WINGS WELLNESS SOCIAL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
<p>1:30 Worship Service with Solid Rock Free Lutheran: Chapel (CCTV)</p> <p>3:00 Bingo: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:00 Piano Music: Commons Lobby</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>10:00-12:00 Therapy Dog Visit-Bailey: Commons Lobby</p> <p>1:15 Bingo: Commons Loft</p> <p>2:30 Movie: Terrace Activity Rm</p> <p>3:15 Piano Music: Commons Lobby</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Fellowship: Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>TIME CHANGE 1:00 Popcorn & Trivia: Commons Loft</p> <p>2:00-4:00 Fall Cleaning "Sale": Community Room</p> <p>3:00 NEW! Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Chapel</p>	<p>8:30 Video Exercise: Terrace Activity Rm</p> <p>10:00 Catholic Service: (CCTV)</p> <p>11:00 Women's Devotion-"Dorcas": Chapel</p> <p>1:00 Chair Yoga with Mandi: Chapel (CCTV)</p> <p>1:15 Bingo: Commons Loft</p> <p>3:00 Chapel Service with Pastor Sherree: Commons Loft</p> <p>3:30 Card Making Class: Commons Activity Room</p>	<p>SPIRIT WEAR</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>2:00 Entertainment-Gordy Miller: Chapel (CCTV)</p> <p>3:00 NEW! Dice Games: Commons Loft</p> <p>6:30 Bingo: Community Room</p>	<p>1:00 Wii Bowling: Activity Rm</p> <p>6:30 Hymn Sing: Terrace Fireside</p>

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October 2021

COMMONS WINGS WELLNESS SOCIAL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29	30
<p>1:30 Worship Service with Riverdale Assembly of God: Chapel (CCTV)</p> <p>3:00 Bingo: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:00 Piano Music: Commons Lobby</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>2:30 Travel Trivia- "Rome": Terrace Fireside</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Community Room</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>10:00-12:00 Therapy Dog Visit- Bailey: Commons Lobby</p> <p>1:15 Bingo: Commons Loft</p> <p>2:30 Movie: Terrace Activity Rm</p> <p>3:15 NEW! Trivia: Commons Loft</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Fellowship: Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:00 Craft Creations-Melted Crayon Pumpkin: Commons Activity Room</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>3:00 NEW! Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Chapel</p>	<p>HALLOWEEN DRESS UP!</p> <p>8:30 Video Exercise: Terrace Activity Rm</p> <p>10:00 Catholic Service: (CCTV)</p> <p>11:00 Women's Devotion- "Abigail": Chapel</p> <p>1:00 Chair Yoga with Mandi: Chapel (CCTV)</p> <p>1:15 Bingo: Commons Loft</p> <p>3:00 Chapel Service with Pastor Sherree: Commons Loft</p>	<p>SPIRIT WEAR</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:30 NEW! Name That Tune: Commons Loft</p> <p>3:00 NEW! Dice Games: Commons Loft</p> <p>6:30 Bingo: Community Room</p>	<p>1:00 Wii Bowling: Activity Rm</p> <p>6:30 Hymn Sing: Commons Lobby</p>

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Oct

November 2021

COMMONS WINGS WELLNESS SOCIAL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
<p>1:30 Worship Service with Immanuel Presbyterian: Chapel (CCTV)</p> <p>3:00 Bingo: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:00 Piano Music: Commons Lobby</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>2:30 Travel Trivia- "Minnesota": Chapel (CCTV)</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: CANCELLED</p> <p>6:30 Service of Remembrance: Chapel</p>	<p>8:30 Video Exercise: Terrace Activity Room</p> <p>1:15 Bingo: Commons Loft</p> <p>2:30 Movie: Terrace Activity Room</p> <p>3:15 Piano Music: Commons Lobby</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Fellowship: Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>2:00 Popcorn & Trivia: Commons Loft</p> <p>3:00 Dice Games: Commons Loft</p> <p>6:30 Prayer Circle: Chapel</p>	<p>8:30 Video Exercise: Terrace Activity Rm</p> <p>10:00 Catholic Service: (CCTV)</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:15 Bingo: Commons Loft</p> <p>2:00 Chair Yoga with Mandi: Chapel (CCTV)</p> <p>2:30 Resident Meeting: Commons Loft</p> <p>3:00 Chapel Service with Pastor Sherree: Commons Loft</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:00 Exercise: Chapel (CCTV)</p> <p>1:30 Name that Tune: Commons Loft</p> <p>3:00 Dice Games: Commons Loft</p> <p>6:30 Bingo: Community Room</p>	<p>1:00 Wii Bowling: Activity Rm</p> <p>6:30 Hymn Sing: Commons Lobby</p>

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