

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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1
Channel 991
9:00 Bible Reading
1:00 Worship Service

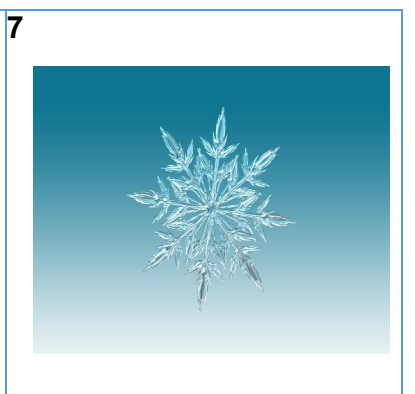
2
9:15 1:1 Visits
10:00 Exercise
11:00 Worship w/Pastor Tom
1:00 Music w/Lou Lou
2:00 Puzzles
3:00 Snack & Chat
4:00 Social Circle

3
9:15 Word Puzzles
10:15 Exercise w/Lizz
11:00 Bingo
1:00 Baking
2:30 Kurt & Ash Concert
3:45 Social Circle/Snack & Chat
4:00 Rosary w/MaryJo
4:00 Nail Painting and Hand Massages

4
9:15 Coffee Talk
10:30 Catholic Communion
11:15 Exercise w/Courtney
11:30 Bingo
1:00 Games w/Courtney
2:00 Social Circle/Snack and Chat
2:30 Visits w/Frank & Diversional
3:00 Puzzles

5
9:15 Word Puzzles
10:15 Exercise w/Lizz
11:00 Bingo
1:00 Devotion & Communion w/Pastor Beth
2:00 Activities w/Mary
3:00 Social Circle/Snack & Chat
3:45 Music w/Don

6
9:15 1:1 Visits
10:00 Exercise
10:30 Baking w/Diane
1:00 Day of the Epiphany Day Art
2:15 Social Circle/Snack & Chat
3:00 Games w/Courtney
4:00 Trivia



8
Channel 991
9:00 Bible Reading
1:00 Worship Service

9
9:15 1:1 Visits
10:00 Exercise
11:00 Worship w/Pastor Tom
1:00 Music w/Lou Lou
2:00 Reminisce
23:00 Social Circle/Snack & Chat
3:00 Winter Carnival Crowning Ceremony
4:00 Social Circle

10
9:15 Word Puzzles
10:15 Exercise w/Lizz
11:15 Bingo
1:00 Baking
2:30 Michael Larson Concert
3:45 Social Circle/Snack & Chat
4:00 Rosary w/MaryJo
4:00 Nail Painting and Hand Massages

11
9:15 Coffee Talk
10:30 "It's a a Sled Dog's Life Presentation by Melonie Shipman"
11:15 Exercise w/Courtney
1:00 Games w/Courtney
1:30 Gideon the Comfort Dog Visits
2:00 Social Circle/Snack & Chat
2:30 Bean Bags
2:30 Visits w/Frank
3:30 Puzzles

12
9:15 Word Puzzles
10:15 Exercise w/Lizz
10:45 Arctic Art
1:00 Activities w/Mary
3:00 Social Circle/Snack & Chat
3:45 Music w/Don

13
9:15 1:1 Visits
10:00 Exercise
10:00 Catholic Mass (Chapel)
10:30 Catholic Communion
11:00 Bingo
1:00 3D Snowflakes w/Eileen
3:00 Informational Friday "Masters of the Artic Ice"
4:00 Trivia



15
Channel 991
9:00 Bible Reading
1:00 Worship Service

16
9:15 1:1 Visits
10:00 Exercise
11:00 Worship w/Pastor Tom
1:00 Music w/Lou Lou
2:00 Social Circle/Snack & Chat
3:00 Table Games w/Courtney
4:00 Social Circle

17
9:15 Word Puzzles
10:15 Exercise w/Lizz
11:15 Bingo
1:00 Baking
2:30 Nate Hance Concert
3:45 Social Circle/Snack & Chat
4:00 Rosary w/MaryJo
4:00 Nail Painting and Hand Massages

18
9:15 Coffee Talk
10:30 Catholic Communion
11:15 Exercise w/Courtney
11:30 Bingo
1:00 Games w/Courtney
2:00 Social Circle/Snack & Chat
2:30 Visits w/Frank
3:00 Puzzles

19
9:15 Word Puzzles
10:15 Exercise w/Lizz
10:45 Penguin Art
1:00 Activities w/Mary
3:00 Social Circle/Snack and Chat
3:45 Music w/Don

20
9:15 1:1 Visits
10:00 Exercise/Ball Fun
10:30 Chat Circle
11:00 Bingo
1:00 Finish the Lines
2:00 Social Circle/Snack & Chat
3:00 Informational Friday "March of the Penguins"
4:00 Trivia



22
Channel 991
9:00 Bible Reading
1:00 Worship Service

23
9:15 1:1 Visits
10:00 Exercise
11:00 Worship w/Pastor Tom
1:00 Music w/Lou Lou
2:00 Social Circle/Snack and Chat
3:00 Final Arctic Art
4:00 Social Circle

24
9:15 Word Puzzles
10:15 Exercise w/Lizz
11:15 Bingo
1:00 Table Games
2:30 Rockin' Woody Concert
3:45 Social Circle/Snack & Chat
4:00 Rosary w/MaryJo
4:00 Nail Painting and Hand Massages

25
9:15 Coffee Talk
10:30 Catholic Communion
11:15 Exercise w/Courtney
11:30 Bingo
1:00 Games w/Courtney
2:00 Social Circle/Snack & Chat
2:30 Visits w/Frank
3:00 Puzzles

26
9:15 Word Puzzles
10:15 Exercise w/Lizz
11:00 Bingo
1:00 Activities w/Mary
3:00 Social Circle/Snack & Chat
3:45 Music w/Don

27
9:15 1:1 Visits
10:00 Exercise
10:30 Baking w/Diane
1:00 Don't Break the Ice
2:00 Social Circle/Snack & Chat
3:00 Informational Friday "Wild Alaska"
4:00 Trivia



29
Channel 991
9:00 Bible Reading
1:00 Worship Service

30
9:15 1:1 Visits
10:00 Exercise
11:00 Worship w/Pastor Tom
1:00 Baking—Rolo Treats
2:00 Chat Circle/Snack and Chat
3:00 Arm Chair Travel /Thailand
4:00 Birthday Reminisce

HAPPY BIRTHDAY ANN!

31
9:15 Word Puzzles
10:15 Exercise w/Lizz
11:15 Bingo
1:00 Winter Painting
3:45 Social Circle/Snack & Chat
4:00 Rosary w/MaryJo
4:00 Nail Painting and Hand Massages

