

Commons Activity Calendar



Timber Hills Business Office Hours

MONDAY—FRIDAY 8:30 AM—5:00 PM

SATURDAY—SUNDAY 9:00 AM—3:00 PM

EVENTS MARKED IN BOLD ARE GROUP ACTIVITIES.

FACE MASKS AND SOCIAL DISTANCING ARE REQUIRED AT ALL GROUP ACTIVITIES, INCLUDING EXERCISE CLASSES!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“When you look at your mother, you are looking at the purest love you will ever know.” —Mitch Albom</p>						<p>ROOM LOCATION CODES: FC = Fitness Center (lower level) CH = Chapel BDR= Birchwood Dining Room (lower level) MP = Majestic Pines Dining Room (lower level) C1 = Common Area on first floor near elevators</p>
<p>2 9:00 Bible Reading (991) 1:00 Sunday Worship Service & Communion with Pastor Tom (CH)</p>	<p>3 9:00 Bible Reading (991) 10:00 Family Feud Game (C1) 11:00 Functional Fitness (991) 1:00 Bible Study (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 This Week in History (991)</p>	<p>4 8:00 Open Gym (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Silver Dance Class w/Riley (991) 1:00 Card Games of Residents' Choice (C1) 2:30 Tara Brueske Concert (991)</p>	<p>5 9:00 Bible Reading (991) 11:00 Functional Fitness (991) 1:00 Walk through the Bible (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 Bean Bag Toss (C1)</p>	<p>6 8:00 Open Gym (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Chair Yoga w/Riley (991) 1:00 National Day of Prayer with Pastor Tom NOTE: Chapel open 1-3 for silent prayer and reflection 2:00 Gideon the Therapy Dog Visits (Lodge) 3:00 Trivia (C1)</p>	<p>7 9:30 Hearing Aide Checks (CR) Sign up required 10:00 Group Crossword Puzzle (C1) 11:00 Functional Fitness (991) 1:30 Bingo (BDR) Sign up required 3:00 Adult Coloring (C1)</p>	<p>8</p>
<p>9 1:00 Sunday Worship Service & Communion with Pastor Don (CH)</p>	<p>10 9:00 Bible Reading (991) 10:00 Wheel of Fortune (C1) 11:00 Functional Fitness (991) 1:00 Bible Study (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 This Week in History (991) 3:30 Pianist Isaac T. Concert in the Commons</p>	<p>11 8:00 Open Gym (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class with Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Silver Dance Class w/Riley (991) 1:00 Card Games of Residents' Choice (C1) 2:30 Banddanaah! Concert (991)</p>	<p>12 9:00 Bible Reading (991) 11:00 Functional Fitness (991) 1:00 Walk through the Bible (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 Bean Bag Toss (C1)</p>	<p>13 8:00 Open Gym (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Chair Yoga with Riley (991) 1:00 Navigating Change (MP) 3:00 Trivia (C1)</p>	<p>14 10:00 Group Crossword Puzzle (C1) 10:00 Catholic Mass (CH) Sign up required 11:00 Functional Fitness (991) 1:30 Bingo (BDR) Sign up required 3:00 Adult Coloring (C1)</p>	<p>15</p>



Commons Activity Calendar



Timber Hills Business Office Hours

MONDAY—FRIDAY 8:30AM—5:00 PM

SATURDAY—SUNDAY 9:00 AM—3:00 PM

EVENTS MARKED IN BOLD ARE GROUP ACTIVITIES.

FACE MASKS AND SOCIAL DISTANCING ARE REQUIRED AT ALL GROUP ACTIVITIES, INCLUDING EXERCISE CLASSES!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:00 Bible Reading (991) 1:00 Sunday Worship Service & Communion with Pastor Tom (CH)	17 9:00 Bible Reading (991) 10:00 Family Feud TV Game (C1) 11:00 Functional Fitness (991) 1:00 Bible Study (CH or 991) 1:30 Bingo (BDR) Sign up required 2:30 Anthony Shore Concert (991)	18 8:00 Open Gym w/Riley (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Silver Dance Class w/Riley (991) 1:00 Card Games of Residents' Choice (C1) 2:30 Ken & Darlene Concert (991) 3:45 Commons Chat Circle (C1)	19 9:00 Bible Reading (991) 11:00 Functional Fitness (991) 1:00 Walk through the Bible (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 Bean Bag Toss (C1)	20 8:00 Open Gym w/Riley (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Chair Yoga w/Riley (991) 1:00 Navigating Change (MP) 1:30 Centerpiece Craft with Eileen (C1) Sign up required 3:00 Trivia (C1)	21 10:00 Group Crossword Puzzle (C1) 11:00 Functional Fitness (991) 1:30 Bingo (BDR) Sign up required 3:00 Adult Coloring (C1)	22
23 1:00 Sunday Worship Service & Communion with Pastor Don (CH)	24 9:00 Bible Reading (991) 10:00 Wheel of Fortune (C1) 11:00 Functional Fitness (991) 1:00 Bible Study (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 This Week in History (991)	25 8:00 Open Gym w/Riley (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Silver Dance Class w/Riley (991) 1:00 Card Games of Residents' Choice (C1) 2:30 Jim Berner Concert (991)	26 9:00 Bible Reading (991) 11:00 Functional Fitness (991) 1:00 Service of Remembrance (991) 1:30 Bingo (BDR) Sign up required 3:00 Bean Bag Toss (C1)	27 8:00 Open Gym w/Riley (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Chair Yoga w/Riley (991) 1:00 Navigating Change (MP) 2:00 Birthday Party for May Birthdays (BDR) Sign up required 3:00 Trivia (C1)	28 10:00 Group Crossword Puzzle (C1) 11:00 Functional Fitness (991) 1:30 Bingo (BDR) Sign up required 3:00 Adult Coloring (C1)	29
30 9:00 Bible Reading (991) 1:00 Sunday Worship Service & Communion with Pastor Tom (CH)	31 					