



TERRACE/TOWNHOMES ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:45 Resident Led Exercise (FC) 11:00 Chair Massage w/Ericka in C145 (sign up for 15 min. time slot at front desk) 1:00 Wood Carving (BD) 1:30 Bingo (MP) 2:00 "If My Doctor Only Knew" Discussion (WL) 2:30 Great Courses "Great Tours—Ireland & Northern Ireland" (CH) 4:00 Happy Times (MP) 5:30 Card Game 500 (L)	2 8:00 Gentle Stretch w/Lizz (FC) 8:45 Strength Class w/Lizz (FC) 11:00 Balance w/Lizz (991) 11:30 Open Gym w/Lizz (FC) 1:00 Bridge (MP) 2:00 Chapel Movie "Breakfast at Tiffany's" 5:30 The Card Game: Why Do We Do This? (L)	3 8:45 Resident Led Exercise (FC) 11:00 Schwan's Rep (Lodge) 1:30 Bingo (MP) 3:00 Informational Friday "Living Volcanoes" (CH) 5:30 Card Game 500 (L)	4 10:00 Bean Bags (WL) 11:00 Sing-A-Long (CH) 1:00 Hand & Foot Card Game (L)
5 2:00 Coffee Social Hour (D)	6 8:45 Resident Led Exercise (FC) 1:30 Bingo (MP) 3:00 Arm Chair Travel to Portugal (CH) 5:00 Poker (WL) 5:30 Card Game 500 (L)	7 8:00 Gentle Stretch w/Lizz (FC) 8:45 Strength Class w/Lizz (FC) 11:00 Balance w/Lizz (991) 11:30 Open Gym w/Lizz (FC) 12:00 Out to Lunch Bunch at Hazelwood Food & Drink Woodbury (sign up at front desk) 2:30 High Water Band Concert (CH)	8 8:45 Resident Led Exercise (FC) 11:00 Chair Massage w/Ericka in C145 (sign up for 15 min. time slot at front desk) 1:00 Wood Carving (BD) 1:30 Bingo (MP) 2:00 "If My Doctor Only Knew" Discussion (WL) 2:30 Great Courses "Great Tours—Ireland & Northern Ireland" (CH) 4:00 Happy Times (MP) 5:30 Card Game 500 (L)	9 8:00 Gentle Stretch w/Lizz (FC) 8:45 Strength Class w/Lizz (FC) 11:00 Balance w/Lizz (991) 11:30 Open Gym w/Lizz (FC) 1:00 Bridge (MP) 2:30 Cailyn Johnson Concert (CH) 5:30 The Card Game: Why Do We Do This? (L)	10 8:45 Resident Led Exercise (FC) 1:30 Bingo (MP) 3:00 Informational Friday "Top Secret Rosies" (CH) 5:30 Card Game 500 (L)	11 10:00 Bean Bags (WL) 11:00 Sing-A-Long (CH) 1:00 Hand & Foot Card Game (L)
12 2:00 Coffee Social Hour (D)	13 8:45 Resident Led Exercise (FC) 1:30 Bingo (MP) 3:00 Arm Chair Travel to Paris (CH) 5:00 Poker (WL) 5:30 Card Game 500 (L)	14 8:00 Gentle Stretch w/Lizz (FC) 8:45 Strength Class w/Lizz (FC) 11:00 Balance w/Lizz (991) 11:30 Open Gym w/Lizz (FC) 1:30 Cookie Social (D) 2:30 Debbie & Dean Concert (CH) 5:00 Valentine's Day Dinner (MP) (sign up at front desk) VALENTINE'S DAY	15 8:45 Resident Led Exercise (FC) 11:00 Chair Massage w/Ericka in C145 (sign up for 15 min. time slot at front desk) 1:00 Wood Carving (BD) 1:00 Gideon the Comfort Dog Visits the Lodge 1:30 Bingo (MP) 2:30 Great Courses "Great Tours—Ireland & Northern Ireland" (CH) 4:00 Happy Times (MP) 5:30 Card Game 500 (L)	16 8:00 Gentle Stretch w/Lizz (FC) 8:45 Strength Class w/Lizz (FC) 11:00 Balance w/Lizz (991) 11:30 Open Gym w/Lizz (FC) 1:00 Bridge (MP) 2:00 Chapel Movie "Sleepless in Seattle" 5:30 The Card Game: Why Do We Do This? (L)	17 8:45 Resident Led Exercise (FC) 11:00 Schwan's Rep (Lodge) 1:30 Bingo (MP) 3:00 Informational Friday "Niagara Falls" (CH) 5:30 Card Game 500 (L)	18 10:00 Bean Bags (WL) 10:00 Defensive Driving Class (CH) (sign up at front desk and pay at the door) 11:00 Sing-A-Long CANCELED FOR TODAY (CH) 1:00 Hand & Foot Card Game (L)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
19 2:00 Coffee Social Hour (D)	20 8:45 Resident Led Exercise (FC) 1:30 Bingo (MP) 3:00 Arm Chair Travel to The Holy Land (CH) 5:00 Poker (WL) 5:30 Card Game 500 (L) 7:00 Book Club (WL) PRESIDENTS DAY NO U.S. MAIL TODAY	21 8:00 Gentle Stretch w/Lizz (FC) 8:45 Strength Class w/Lizz (FC) 11:00 Balance w/Lizz (991) 11:30 Open Gym w/Lizz (FC) 2:30 North Suburban Choir Concert (CH)	22 8:45 Resident Led Exercise (FC) 11:00 Chair Massage w/Ericka in C145 (sign up for 15 min. time slot at front desk) 1:00 Wood Carving (BD) 1:30 Bingo (MP) 2:30 Great Courses "Great Tours—Ireland & Northern Ireland" (CH) 4:00 Happy Times (MP) 5:30 Card Game 500 (L) ASH WEDNESDAY	23 8:00 Gentle Stretch w/Lizz (FC) 8:45 Strength Class w/Lizz (FC) 11:00 Balance w/Lizz (991) 11:30 Open Gym w/Lizz (FC) 1:00 Bridge (WL) 2:00 Monthly Birthday Party (MP) 2:00 Chapel Movie "Hachi" 5:30 The Card Game: Why Do We Do This? (L)	24 8:45 Resident Led Exercise (FC) 10:00 GriefShare Group—Session 1 (CH) (sign up at front desk) 1:30 Bingo (MP) 3:00 Informational Friday "The Elephant and the Termite" (CH) 4:00 Townhome Potluck (WL) 5:30 Card Game 500 (L)	25 10:00 Bean Bags (WL) 11:00 Sing-A-Long (CH) 1:00 Hand & Foot Card Game (L) 4:00 Terrace Potluck Happy Hour (WL) 5:00 Terrace Potluck Dinner (WL)	
26 2:00 Coffee Social Hour (D)	27 8:45 Resident Led Exercise (FC) 1:30 Bingo (MP) 3:00 Arm Chair Travel to Wild Yellowstone (CH) 5:00 Poker (WL) 5:30 Card Game 500 (L)	28 8:00 Gentle Stretch w/Lizz (FC) 8:45 Strength Class w/Lizz (FC) 10:30 Arboretum Spring Flower Show (sign up at front desk—this outing is free of charge!) 11:00 Balance w/Lizz (991) 11:30 Open Gym w/Lizz (FC) 2:30 Jeff Brueske Concert (CH)	BD = Bear's Den BW = Birchwood Dining Room CH = Chapel C1 = Commons 1st Floor CR = Conference Room D = Deli FC = Fitness Center L = Library MP = Majestic Pines WL = Wilderness Lounge				