

Commons Activity Calendar



Timber Hills Business Office Hours

MONDAY—FRIDAY 8:30 AM—5:00 PM

SATURDAY—SUNDAY 9:00 AM—3:00 PM

EVENTS MARKED IN BOLD ARE GROUP ACTIVITIES.

FACE MASKS AND SOCIAL DISTANCING ARE REQUIRED AT ALL GROUP ACTIVITIES, INCLUDING EXERCISE CLASSES!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|--|
| <p>“When you look at your mother, you are looking at the purest love you will ever know.” —Mitch Albom</p> | | | | | | <p>ROOM LOCATION CODES: FC = Fitness Center (lower level) CH = Chapel BDR= Birchwood Dining Room (lower level) MP = Majestic Pines Dining Room (lower level) C1 = Common Area on first floor near elevators</p> |
| <p>2 9:00 Bible Reading (991) 1:00 Sunday Worship Service & Communion with Pastor Tom (CH)</p> | <p>3 9:00 Bible Reading (991) 10:00 Family Feud Game (C1) 11:00 Functional Fitness (991) 1:00 Bible Study (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 This Week in History (991)</p> | <p>4 8:00 Open Gym (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Silver Dance Class w/Riley (991) 1:00 Card Games of Residents' Choice (C1) 2:30 Tara Brueske Concert (991)</p> | <p>5 9:00 Bible Reading (991) 11:00 Functional Fitness (991) 1:00 Walk through the Bible (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 Bean Bag Toss (C1)</p> | <p>6 8:00 Open Gym (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Chair Yoga w/Riley (991) 1:00 National Day of Prayer with Pastor Tom NOTE: Chapel open 1-3 for silent prayer and reflection 2:00 Gideon the Therapy Dog Visits (Lodge) 3:00 Trivia (C1)</p> | <p>7 9:30 Hearing Aide Checks (CR) Sign up required 10:00 Group Crossword Puzzle (C1) 11:00 Functional Fitness (991) 1:30 Bingo (BDR) Sign up required 3:00 Adult Coloring (C1)</p> | <p>8</p> |
| <p>9 1:00 Sunday Worship Service & Communion with Pastor Don (CH)</p> | <p>10 9:00 Bible Reading (991) 10:00 Wheel of Fortune (C1) 11:00 Functional Fitness (991) 1:00 Bible Study (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 This Week in History (991) 3:30 Pianist Isaac T. Concert in the Commons</p> | <p>11 8:00 Open Gym (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class with Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Silver Dance Class w/Riley (991) 1:00 Card Games of Residents' Choice (C1) 2:30 Banddanaah! Concert (991)</p> | <p>12 9:00 Bible Reading (991) 11:00 Functional Fitness (991) 1:00 Walk through the Bible (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 Bean Bag Toss (C1)</p> | <p>13 8:00 Open Gym (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Chair Yoga with Riley (991) 1:00 Navigating Change (MP) 3:00 Trivia (C1)</p> | <p>14 10:00 Group Crossword Puzzle (C1) 10:00 Catholic Mass (CH) Sign up required 11:00 Functional Fitness (991) 1:30 Bingo (BDR) Sign up required 3:00 Adult Coloring (C1)</p> | <p>15</p> |



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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|-----------|
| 16 9:00 Bible Reading (991) 1:00 Sunday Worship Service & Communion with Pastor Tom (CH) | 17 9:00 Bible Reading (991) 10:00 Family Feud TV Game (C1) 11:00 Functional Fitness (991) 1:00 Bible Study (CH or 991) 1:30 Bingo (BDR) Sign up required 2:30 Anthony Shore Concert (991) | 18 8:00 Open Gym w/Riley (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Silver Dance Class w/Riley (991) 1:00 Card Games of Residents' Choice (C1) 2:30 Ken & Darlene Concert (991) 3:45 Commons Chat Circle (C1) | 19 9:00 Bible Reading (991) 11:00 Functional Fitness (991) 1:00 Walk through the Bible (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 Bean Bag Toss (C1) | 20 8:00 Open Gym w/Riley (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Chair Yoga w/Riley (991) 1:00 Navigating Change (MP) 1:30 Centerpiece Craft with Eileen (C1) Sign up required 3:00 Trivia (C1) | 21 10:00 Group Crossword Puzzle (C1) 11:00 Functional Fitness (991) 1:30 Bingo (BDR) Sign up required 3:00 Adult Coloring (C1) | 22 |
| 23 2:00 Sunday Worship Service & Communion with Pastor Don (CH) | 24 9:00 Bible Reading (991) 10:00 Wheel of Fortune (C1) 11:00 Functional Fitness (991) 1:00 Bible Study (CH or 991) 1:30 Bingo (BDR) Sign up required 3:00 This Week in History (991) | 25 8:00 Open Gym w/Riley (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Silver Dance Class w/Riley (991) 1:00 Card Games of Residents' Choice (C1) 2:30 Jim Berner Concert (991) | 26 9:00 Bible Reading (991) 11:00 Functional Fitness (991) 1:00 Service of Remembrance (991) 1:30 Bingo (BDR) Sign up required 3:00 Bean Bag Toss (C1) | 27 8:00 Open Gym w/Riley (FC) 9:00 Bible Reading with Doug (991) 9:30 Balance Class w/Riley (CH) 11:00 Functional Fitness w/Riley (991) 11:30 Chair Yoga w/Riley (991) 1:00 Navigating Change (MP) 2:00 Birthday Party for May Birthdays (BDR) Sign up required 3:00 Trivia (C1) | 28 10:00 Group Crossword Puzzle (C1) 11:00 Functional Fitness (991) 1:30 Bingo (BDR) Sign up required 3:00 Adult Coloring (C1) | 29 |
| 30 9:00 Bible Reading (991) 2:00 Sunday Worship Service & Communion with Pastor Tom (CH) | 31  | 1:00 Card Games of Residents' Choice (C1) 2:30 Jim Berner Concert (991) | | | | |