

*November/December 2022*

## Thankful!

**W**e have much to be thankful for at Timber Hills. Our community feels whole again. We have had so many new residents move in who are experiencing all that we have to offer as a senior living community. We are finally seeing the completion of our renovation along with being controlled by fewer COVID-19 mandates.

The renovation will start winding down in November. The Deli and General Store will be all complete early November except for the delivery and installation of the cabinets. We will open as soon as we are approved by the MN Dept. of Health and we feel equipped and ready to serve! The Receptionist Desk area will be under construction beginning October 31. The Lodge furniture will be delivered in later November and will complete the common areas and dining rooms. Following placement of all of the furnishings will be the artwork, signage and final touches. I am very excited to share that we have engaged JD Woodworks to come in and repair and touch up the interior logs and other damaged pieces such as doors and trim. We will conduct a final walkthrough to determine what is not accurate and or in need of repair. As we look to “decking the halls” in the Lodge and commons spaces, we will be purchasing new Christmas tree decorations that will match and complement our new color scheme. I am hopeful that by our Christmas parties, we will be enjoying them all in our new décor and furnishings!

As I believe this will be our first “normal” traditional Thanksgiving and Christmas holiday since 2019, I wish you the most blessed holidays. I pray you experience much joy along with the many others you as we look forward to celebrating with family and friends under one roof, sharing spaces.

Happy Thanksgiving & Merry Christmas!!

Warmest Regards,  
Stacy Carlsrud  
Campus Administrator

# Timber Hills

## Christmas parties

### Save the date!

Christmas is right around the corner and we look forward to coming together as a community to celebrate!

The Arbor Family Christmas Party will be on Sunday, December 4 at 12:00 pm.

Commons residents will celebrate in the Majestic Pines Dining Room on Thursday, December 8 at 11:30 am. (Entertainment with Michael Riddle.)

Based on feedback from the Terrace and Townhome residents, we have scheduled the parties as a luncheon again this year.

The Townhome party is on Tuesday, December 15 at 12:00 pm.

The Terrace party is on Thursday, December 17 at 12:00 pm.

Based on the RSVP response from Terrace and Townhome residents, we will add an additional date if needed.

Valerie Current, Life Enrichment Director



## Campus Pastor

November and December in Minnesota are always the start to our fall and winter months that are so very long in this northern country. We say goodbye to the summer sun, the summer warmth and the summer beauty.

We then enter this new season of cold, snow and blustery days. Yet, we also start the season of holidays that warm our spirits and remind us of what God has done for us. These are the holidays we have always looked forward to since our childhood. In November, we celebrate Thanksgiving (all the food you can eat!), a time of giving thanks for what God has given us.

Then on into December we enter the Christmas season when we celebrate the birth of our Savior Jesus, as written in **Isaiah 9:6**, **“For unto us a child is born, unto us a Son is given; and the government will be upon His shoulders. And His name will be called Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace.”** For it is in this birth, a virgin birth, that Jesus became a human being to live, serve, teach, preach and to voluntarily go to the Cross of Calvary to pay the price God demands for the sins of this world. Imagine as Mary gave birth to Jesus and she held Him in her arms, the thoughts of God’s blessing upon her life and the life her Son Jesus would live. Praise His Holy Name—He lived and died so men and women can live for eternity.  
Pastor Tom

## Service of Remembrance

**You are all welcome to our  
bi-annual Memorial Service  
November 23 at 1 pm  
in the Chapel**



**T**his service is to remember those dear residents, friends, and family members who have passed away in the last six months. As we gather together, we will spend time honoring each and every one of them, who were so wonderfully a part of our community. We give thanks to God for the memories, the joy and the great time we all had. May God bless our time together.

## Thank You

By Marjorie Watson

My mail contained a Thank You note  
That really made my day!  
The Attitude of Gratitude,  
I'm glad it's not passe.

It was the substance of the note,  
Not form that made it nice.  
A phone call would be welcome,  
Or email would suffice.

The "magic words" are Thank You.  
That's a lesson that Mom taught,  
And the pleasure that is given  
It surely can't be bought.

When God is sent our Thank Yous  
Prayer may be how we give them  
Another way we can repay  
Is simply just to live them.

## Care for the family caregiver

**N**ovember is National Family Caregivers Month, a time to thank, support, educate and empower family caregivers. Timber Hills and Presbyterian Homes & Services recognize the family members who extend their love and care to support the older adults in their lives, day in and day out.

To mark the occasion, and to remind caregivers that they are valuable and their own self-care is important, we offer these tips:

- Take charge of your life. Remember that the health condition of the person you care for need not always take center stage.
- Accept the offer of others to help and suggest specific things they can do.
- Educate yourself about the health condition of the person you care for.
- Organize and update medical information and legal documents so they are easy to find.
- Grieve for your losses; watch for signs of depression and seek professional help when you need it.
- Give yourself credit for doing the best you can!

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Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

## Honoring your gifts

**G**enerosity knows no season, but November and December are historically the months that we like to give to favorite charities. Many feel it's a way to celebrate the blessings in their lives.

If you are inclined, please know that your charitable support of Presbyterian Homes & Services helps you, your neighbors and your community in real ways. You may choose to direct your gift to a priority at the community of your choice, such as the Where the Need is Greatest Fund, Employee Education Assistance Fund, Benevolence Fund or the Chaplaincy & Spiritual Life Fund. The Foundation processes and acknowledges your gifts. In turn, all gifts are routed to where you direct. **The Foundation and PHS communities welcome and honor your gift designations.**

The first PHS community, now Johanna Shores, in Arden Hills, Minnesota, was built from philanthropy. In 1955, Miss Lillias Joy donated 20 acres of land on the shores of Lake Johanna which gave PHS its

beginning. Thus began a faithful tradition of giving to this ministry. **Your charitable gift, together with gifts from other residents, employees, family and friends, enriches lives at your community.**

**If you are called to give now or later – thank you!**  
**Cash or check:** You may send a check to Presbyterian Homes Foundation, 2845 Hamline Ave N, Roseville, MN 55113. **Online:** Secure online giving is available at [preshomes.org](http://preshomes.org) (click on "Make a Gift"). **Give direct:** You may hear about national and state Giving Days. The organizations that sponsor these take fees from donors' gifts. To ensure that your online charitable contributions made the difference you desire, it's best to give directly to favorite charities.

**We are here to help you!** For assistance, please contact Janene Connelly at 651-631-6408 or Jill Kane at 651-631-6418 or Camille Schafer at 651-631-6105. **Blessings and thanks to you!**

