

Valley Ridge Assisted Living Menu

Breakfast 8am-10am Served in the Café *Lunch 12:00pm-1:00pm* *Supper 5:00pm-6:00pm

Lunch

| 18-Oct Monday | 19-Oct Tuesday | 20-Oct Wednesday | 21-Oct Thursday | 22-Oct Friday | 23-Oct Saturday | 24-Oct Sunday |
|---|---|---|--|---|--|---|
| Garden Vegetable Soup Or Toss Salad Chicken Ala King Biscuit Green beans & Tomato | Cheesy Potato Soup Or Toss Salad Beef Chili Corn Muffin Broccoli Chocolate Pudding | Beef & Barley Soup OR Toss sala Turkey Waldorf Salad Bread stick Cheesecake Pudding | Corn Chowder Soup Or Toss Salad Meatball Marinara Sandwich Fruit cup Cookie | Squash soup Or Toss Salad BBQ Chicken Diced sweet potato Roasted Brussel sprouts Vanilla pudding | Tomato Basil soup Or Toss Salad Beef Taco Salad Fiesta corn Ice Cream of the Day | Country Chicken Soup Or Toss Salad Meatloaf Mashed potato & Gravy Wax Beans |

Supper

| 18-Oct Monday | 19-Oct Tuesday | 20-Oct Wednesday | 21-Oct Thursday | 22-Oct Friday | 23-Oct Saturday | 24-Oct Sunday |
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| Garden Vegetable Soup Or Toss Salad Stuffed Shells with Meatsauce Vegetable blend Marble Cake | Cheesy Potato Soup Or Toss Salad Chicken Marsala Whole Grain Penne Diced carrots Strawberry Rhubarb Pie | Beef & Barley Soup Or Toss Salad Grilled Ham Steak Garlic Mashed potato California Vegetables <i>7 up Cake</i> | Corn Chowder Or Toss Salad Chicken tenders Buttered corn Creamy cucumber salad Sherbet | Squash Soup Coconut shrimp White rice Broccoli Vanilla Pudding | Tomato Basil soup Or toss salad Honey lemon Glazed Salmon Quinoa Vegetable blend Banana Cream Pie | Country Chicken Soup Tossed Salad French Toast Bacon Scambled eggs Fruit |

*Please Note: Orders for Alternate Menus must be into the kitchen by 9:30 AM for the Lunch Meal and 2:00 PM for the Supper Meal.
If order is not placed by the cut off times the options available at the meal time will be the Featured Item or Cold Turkey Sandwich

Kitchen Phone Number: 952-882-4006

Menus Subject to Change