

Hearth Life Enrichment Calendar

August 2022

Monday, August 1

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
9:00 Chair Yoga-FC
10:00 Virtual Chair Exercises-CH 991
11:00 Chair Exercises-FC
1:00 Virtual Yoga-CH 991
1:30 Bingo-AD Canceled
2:00-3:00 Open Gym-FC
3:00 Bible Study with Pastor Keith-CL
6:00 Open Knitting-Bistro Area

Tuesday, August 2

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
9:00 Virtual Chair Exercise-CH 991
10:00 Boxing Class - FC
10:00 Catholic Service – C
11:00 Chair Exercises- FC
1:15-2:15 Open Swim-P
1:30 “500” Cards -AR
2:00-3:00 Open Gym-FC
6:30 Movie: Saving Mr. Banks
2013 PG 2h 5m Drama Subtitles -T

Wednesday, August 3

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
9:00 Chair Yoga - FC
10:00 Virtual Chair Exercise-CH 991
11:00 Chair Exercises-FC
1:00 Virtual Yoga- CH 991
1:00 Mexican Train Dominoes- AR
1:00 - 2:00 Open Swim – FC
1:15 Aquatic Stretch-P (new class)
2:00-3:00 Open Gym-FC
2:00 Chapel Service – C

Thursday, August 4

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
10:00 Virtual Chair Exercise – CH991
10:00 Cardio Mix-FC (New Class)
11:00 Chair Exercise – FC
1:00 Bridge-CL
1:15-2:15 Open Swim-P
2:00-3:00 Open Gym-FC
6:30 Movie: Driving Miss Daisy
1989 PG 1h 39m Drama Subtitles -T

Friday, August 5

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
10:00 Virtual Chair Exercise-CH 991
11:00 Chair Exercise – FC
11:00 Prayer Meeting with Pastor Keith-G
1:00 Virtual Yoga CH 991
1:00 - 2:00 Open Swim-P
1:15 Aquatic Stretch-P (new class)
2:00 - 3:00 Open Gym-FC
3:30 Writers Group-CL (See highlights for more details)

Saturday, August 6

10:00 Virtual Chair Exercise- CH 991

Sunday, August 7

4:00 Sunday Chapel Service with Pastor Keith Everyone Welcome! -C (New)
6:00 Catholic Mass on EWTN Channel 291

Monday, August 8

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
9:00 Chair Yoga-FC
10:00 Virtual Chair Exercises-CH 991
10:00 Trishaw Rides – Front Patio
11:00 Chair Exercises-FC
1:00 Virtual Yoga-CH 991
1:30 Bingo-AD
2:00-3:00 Open Gym-FC
3:00 Bible Study with Pastor Keith-CL
6:00 Open Knitting-Bistro Area

6:00 Edward Jones Perspectives-CL

Tuesday, August 9

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
9:00 Virtual Chair Exercise-CH 991
10:00 Catholic Service-C
10:00 Boxing Class - FC
11:00 Chair Exercises- FC
1:15 - 2:15 Open Swim - P
1:30 "500" Cards - AR
2:00-3:00 Open Gym-FC
2:30 Lutheran Communion and Service-C
6:30 Movie: Julie & Julia 2009 PG-13 2h
3m Real Life Comedy Subtitles -T

Wednesday, August 10

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
9:00 Chair Yoga - FC
10:00 Virtual Chair Exercise-CH 991
11:00 Chair Exercises-FC
1:00 Virtual Yoga- CH 991
1:00 Mexican Train Dominoes-AR
1:00 - 2:00 Open Swim – FC
1:15 Aquatic Stretch-P (new class)
1:30 Food Committee Meeting- G
2:00 - 3:00 Open Gym-FC
2:00 Chapel Service-C

Thursday, August 11

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
10:00 Virtual Chair Exercise – CH 991
10:00 Cardio Mix-FC (New Class)
11:00 Chair Exercise – FC
1:00 Bridge-CL
1:15-2:15 Open Swim-P
2:00-3:00 Open Gym-FC
**2:00 Entertainment: Neil Diamond Show
With Toddy Anderson – Rotunda Patio**
6:30 Movie: The King's Speech
2010 Rated R 1h 59m Drama Subtitles -T

Friday, August 12

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
10:00 Virtual Chair Exercise-CH 991
11:00 Chair Exercise – FC
11:00 Prayer Meeting with Pastor Keith-G
1:00 Virtual Yoga CH 991
1:00 - 2:00 Open Swim – FC
1:15 Aquatic Stretch-P (new class)
2:00-3:00 Open Gym-FC
3:30 Writers Group-CL

Saturday, August 13

10:00 Virtual Chair Exercise- CH 991

Sunday, August 14

4:00 Sunday Chapel-C (New)
6:00 Catholic Mass on EWTN
Channel 291

Monday, August 15

8:00-9:00 Open Gym-FC
8:00-9:15 Open Swim-P
9:00 Chair Yoga - FC
10:00 Virtual Chair Exercise-CH 991
11:00 Chair Exercise – FC
1:00 Virtual Yoga- CH 991
1:30 Bingo- AD
2:00-3:00 Open Gym-FC
3:00 Bible Study with Pastor Keith-CL
6:00 Open Knitting - Bistro Area

6:30 Movie: The Terminal

2004 Subtitles PG-13 2h 8m Romantic
Comedy CC-T

Friday, August 19

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

10:00 Virtual Chair Exercise-CH 991

11:00 Chair Exercise – FC

11:00 Prayer Meeting with Pastor Keith-G

1:00 Virtual Yoga CH 991

1:00 - 2:00 Open Swim – FC

1:15 Aquatic Stretch-P (new class)

2:00-3:00 Open Gym-FC

**2:00 Entertainment: The Pop Standard
Quartet Concert- RP**

3:30 Writers Group-CL (See highlights for
more details)

Saturday, August 20

10:00 Virtual Chair Exercise- CH 991

Sunday, August 21

4:00 Sunday Chapel Service C (New)

6:00 Catholic Mass on EWTN
Channel 291

Monday, August 22

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

9:00 Chair Yoga - FC

10:00 Virtual Chair Exercise-CH 991

11:00 Chair Exercise – FC

1:00 Virtual Yoga- CH 991

1:30 Bingo- AD

2:00-3:00 Open Gym-FC

3:00 Bible Study with Pastor Keith-CL

3:30 Meet and Greet the New Choir

Director, Julie Quinn Kiernan Everyone is
Welcome! (See highlights for more details)
AD

6:00 Open Knitting - Bistro Area

**6:30 Entertainment: Northwestern
College Student Piano Recital with
Sonja Grimes - AD**

Tuesday, August 16

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

9:00 Virtual Chair Exercise-CH 991

10:00 Catholic Service-C

10:00 Boxing Class - FC

11:00 Chair Exercises- FC

1:15 - 2:15 Open Swim - P

1:30 “500” Cards -AR

2:00-3:00 Open Gym-FC

3:00 Resident Council - AD

6:30 Movie: West Side Story

1961 NR Musical 2h 32m Subtitles-T

Wednesday, August 17

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

9:00 Chair Yoga - FC

10:00 Virtual Chair Exercise-CH 991

11:00 Chair Exercises-FC

1:00 Virtual Yoga- CH 991

1:00 Mexican Train Dominoes-AR

1:00 - 2:00 Open Swim – FC

1:15 Aquatic Stretch-P (new class)

2:00 - 3:00 Open Gym-FC

2:00 Chapel Service-C

Thursday, August 18

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

10:00 Virtual Chair Exercise – CH 991

10:00 Cardio Mix-FC (New Class)

11:00 Chair Exercise – FC

1:00 Bridge – CL

1:00 Jewelry Class -HCR

See Highlight for more details

1:15-2:15 Open Swim-P

2:00-3:00 Open Gym-FC

**3:00 Friends of the Library-G (note day
change)**

6:30 Movie: Marty

1955 NR 1h 30m Romance Classic CC-T

Tuesday, August 23

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

9:00 Virtual Chair Exercise-CH 991

10:00 Catholic Service – C

10:00 Boxing Class -FC

11:00 Chair Exercise – FC

1:15-2:15 Open Swim-P

1:30 500 Cards and other Card games -AR

2:00-3:00 Open Gym-FC

2:00 Lighthouse Painting Class-FC (See highlights for more details)

3:00 Ramsey County Pop-Up Library

6:30 Movie: The Terminal

2004 Subtitles PG2h 8m Romantic

Comedy CC-TL

Wednesday, August 24

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

9:00 Chair Yoga – FC

10:00 Virtual Chair Exercise-CH 991

11:00 Chair Exercises-FC

1:00 Virtual Yoga- CH 991

1:00 Mexican Train Dominoes-AR

1:00 - 2:00 Open Swim – FC

1:15 Aquatic Stretch-P (new class)

2:00 - 3:00 Open Gym-FC

2:00 Chapel Service-C

Thursday, August 25

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

10:00 Virtual Chair Exercise – CH 991

10:00 Cardio Mix-FC (New Class)

11:00 Chair Exercises-FC

1:00 Bridge-CL

1:30-3:30 Waverly Gardens Fair

Food, Music, Games and Rides

Come and enjoy in our back parking lot

1:15-2:15 Open Swim-P Closed

2:00-3:00 Open Gym-FC Closed

3:00 Friends of the Library meeting -G

Friday, August 26

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

10:00 Virtual Chair Exercise-CH 991

10:00 Balance and Strength Class-AD

10:30 Schedule Stops-FL

11:00-11:45 Prayer Meeting with Pastor Keith-G (See highlights for more details)

11:00 Chair Exercises-FC

1:00 Virtual Yoga-CH 991

1:00-2:00 Open Swim-P

1:15 Aquatic Stretch-P (new class)

2:00 Open Gym-FC

Saturday, August 27

10:00 Virtual Chair Exercises-CH991

Sunday, August 28

8:30 Bus to St. Mary of the Lake and United Methodist Church- On Hold

9:45 Bus to First Presbyterian- On Hold (see highlights for more details)

3:30 Sunday Service-CH 991

6:00 Catholic Mass on EWTN

Channel 291 (note Channel)

Monday, August 29

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

9:00 Chair Yoga - FC

10:00 Virtual Chair Exercise-CH 991

10:00 Pet Visits with Kim and Hazel – A

11:00 Chair Exercise – FC

1:00 Virtual Yoga- CH 991

1:30 Bingo- AD

2:00-3:00 Open Gym-FC

3:00 Bible Study with Pastor Keith-CL

6:00 Open Knitting - Bistro Area

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Tuesday, August 30

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

9:00 Virtual Chair Exercise-CH 991

10:00 Catholic Service – C

10:00 Boxing Class -FC

11:00 Chair Exercise – FC

1:15-2:15 Open Swim-P

1:30 500 Cards and other Card games -AR

2:00-3:00 Open Gym-FC

2:00 Entertainment: Guitar Concert

With Mary Hall – Rotunda Patio

6:30 Movie: Top Gun

1986 PG 1h 49m Action/ Romantic Drama

Subtitles-T

Wednesday, August 31

8:00-9:00 Open Gym-FC

8:00-9:15 Open Swim-P

9:00 Chair Yoga – FC

10:00 Virtual Chair Exercise-CH 991

11:00 Chair Exercises-FC

1:00 Virtual Yoga- CH 991

1:00 Mexican Train Dominoes-AR

1:00 - 2:00 Open Swim – FC

1:15 Aquatic Stretch-P (new class)

2:00 - 3:00 Open Gym-FC

2:00 Chapel Service-C

August HIGHLIGHTS

Movies: 6:30pm Tuesday and Thursdays Movies-Theater Pop and popcorn will be served!

Mondays 1:30 Bingo Please come and join us for live bingo in the auditorium. **(No bingo on Monday, July 4th due to the Holiday and the 11th we have entertainment instead)** Auditorium

Off-Site Sunday Services-On 8:30 Bus to St. Mary of the Lake and White Bear Lake United Methodist Church and 9:45 Bus to First Presbyterian Sign-up at the front desk. Contact Julie *4062 with any questions. Front Lobby

Friday, July 15, 3:30 Writers Group They will meet the 1st and 3rd Friday of each month. Everyone Welcome! **July 1st class** canceled due to the Holiday. A sign-up sheet will be in the library. Club Room

Friday, July 1, 8, 15, 22, and 29 11:00-11:45 Pray Meeting Will be held every Friday at 11:00. Prayer will be led by Pastor Keith, all are welcome. Contact Pastor Keith with any questions *4014-Gallery

Thursdays, July 7, 14, 21, and 28, 1:00 Bridge This bridge is considered “fun bridge”. This will be held each Thursday of the month. Club Room

Thursday, July 7, 7:00 Entertainment: The Swing Cats Sextet

The Swing Cats Sextet is our 3 horn band performing familiar American Songbook songs from the 20s to 50s, including traditional jazz, swing, Latin arrangements. We have Charles Kemper on keys and vocals, and back him with 2 saxes, trumpet, bass and drums! Rose Garden

Tuesday, July 8, 1:30 Trishaw Rides Come join us for a ride around our campus with trained staff. Enjoy the fresh air while riding in the front of our new Trishaw bike. Everyone needs to sign a Liability Waive prior to bike ride. Front Patio

Saturday, July 9, 11:00-12:00 Speaker Meet & Greet Jeanne Hendricks,
Candidate for U.S. Congress. Sponsored by Friends of the DFL. All are Welcome
to Attend-AD

**Monday, July 11, 2:00 Entertainment: MacPhail Hour Presents Harmonious
Horns; Mike Alexander and Allison Akins**

One of the most in-demand freelance musicians in the Midwest, horn
player **MIKE ALEXANDER** is known for his versatility as a solo, chamber, orchestral, and
commercial musician. Mike was appointed Principal horn of the Minnesota Opera Orchestra in
2019, and performs regularly with the Minnesota Orchestra, Saint Paul Chamber Orchestra as
well as opera and ballet pits throughout Minnesota. Outside of classical music, Mike has played
in touring Broadway productions ranging from West Side Story to My Fair Lady and has
performed with a myriad of musical acts including Evanescence, Josh Groban, Weird Al
Yankovic, and Mannheim Steamroller. Alexander holds a master's degree in performance from
the New England Conservatory, and a bachelor's in horn performance with Artist Diploma from
the Eastman School of Music.

Although the majority of **ALLISON AKINS** work at MacPhail is comprised of managing the
Sing, Play, learn! early childhood music program at MacPhail, Allison is an accomplished horn
player. Akins has a master's degree in Horn Performance and Literature from the Eastman
School of Music, in addition to her undergraduate performance degree from the University of
Kansas. An avid performer, she has worked with the Kansas City Symphony, Rochester (NY)
Philharmonic, Portland (ME) Symphony as well as national tours of Tony Award-winning
musicals Billy Elliot and Mary Poppins. Current freelance work has included collaborations with
local ensembles including Vocal Essence, Oratorio Society, Magnum Chorus and Itasca
Symphony Orchestra. Allison also remains an active member of Chione Woodwind Quintet and
serves as their treasurer.- **Rotunda Patio**

Monday, July 11, 6:00pm Edward Jones Perspectives Everyone Welcome!-Club
Room

Monday, July 18, 10:00 Trishaw Rides Come join us for a ride around our
campus with trained staff. Enjoy the fresh air while riding in the front of our new
Trishaw bike. Everyone needs to sign a Liability Waive prior to bike ride. Front
Patio

Friday, July 22, 2:00 Entertainment: Nordic Music Program The performers are
Kristina Lantz, violin, Erika Lantz, soprano and Melanie Ohnstad, piano-
Auditorium

Tuesday, July 26, 2:00 Entertainment: Jim Kirkendall Jim is a veteran entertainer who performs different styles of music during a fun set that offers the audience an engaging variety of music. He has performed extensively throughout the United States and Canada.

Jim presents selections of original material as well as favorite covers from the likes of John Denver, Elvis, The Beatles etc and a lot of well-known sing-a-longs. .

Jim performs with both six and twelve string guitars and a smooth vocal style that seamlessly interweaves country, folk and Americana during his performance.

Rotunda Patio

AD= Auditorium (Ground Level)

AR= Commons Activity Room (2nd Floor)

B= Bistro

C= Chapel (Ground Level)

CL= Club Room (Across from Library)

CON= Conservatory

FL= Front Lobby

FC= Fitness Center (Ground Level)

FP= Front Patio

CH991= in-house Virtual Channel-991

G= Gallery (Next to conservatory)

GC= Garden Court Dining (Across from Dining Room)

HCR= Hearth Community Room (first floor)

L= Library (First Floor)

T= Movie Theatre (Ground Level)

NG= North Gables (Ground Level)

R = Rotunda (Ground Level)

RG= Rose Garden

Any question please contact Jill Hanson at *4061 Programs are subject to change and cancellation.

