

# Commons/Crossway Commons Recreation Calendar

## February 2020

### Saturday, February 1

**10:00 Morning Stretch-FC**

1:00 Competitive Bridge-G

**1:00 Entertainment: Student String**

**Bass Recital** Directed by Michael  
Watson-Auditorium

### Sunday, February 2

8:30 Bus to St. Mary's & White Bear  
Lake United Methodist Church  
and 9:45 to First Presbyterian & St.  
Genevieve-FL

**3:30 Chapel Service with Pastor  
Dean-C**

**5:30 Super Bowl® Party-CL**

**6:30 Movie: A New Leaf 1971 G 1h  
42m NOCC Comedy. Cast: Walter  
Matthau, Elaine May-MT**

### Monday, February 3

8:00-9:30 Open Swim-P

8:00-9:00 Open Gym-FC

9:30 Pool Aerobics-P

11:00 Bible Study Class-C

**11:00 Chair Exercises-FC**

1:00 Competitive Bridge-G

1:00 Crafting Group-HCR

**2:00 Lutheran Church Service-C**

**2:00pm Movie: Aerial Adventure**

**Tour: Kauai, Hawaii 1980 NOCC-MT**

3:00-4:00 Open Gym-FC

**4:00 Waverly Choir Rehearsal-C**

**6:00-8:00 Open Knitting-HCR**

### Tuesday, February 4

**8:15 Gentle Yoga Class-AD**

9:15 Cardio Mix-FC

9:15-10:45 Open Swim-P

**10:00 Catholic Service & Rosary-C**

10:00 Aquatic Stretch-P

**11:00 Chair Exercise-FC**

11:00 Sawdusters Rehearsal-Canceled

11:00-12:00 Open Gym-FC

1:00 Cribbage-G

1:15 Fit to be Balanced-FC

**2:00 Scheduled Stops-FL**

2:30-3:30 Open Swim-P

**6:30 Movie: The Young Victoria**

*2009 PG 1h 45m Subtitle Dram*

*a Cast: Emily Blunt, Rupert Friend,  
Paul Bettany- MT*

### Wednesday, February 5

8:00-9:30 Open Swim-P

8:00-9:00 Open Gym-FC

9:30 Pool Aerobics-P

**10:00 Chair Yoga-FC**

11:00 Chair Exercise-FC

**1:30 World Religion-AD**

3:00 Open Gym-FC

3:30 Chapel Service-C

### Thursday, February 6

**8:15 Gentle Yoga Class-AD**  
9:15-10:45 Open Swim-P  
9:15 Cardio Mix-FC  
10:00 Aquatic Stretch-P  
**10:00 Music Together** Intergeneration  
Music Program-AD  
**10:30 Scheduled Bus Stops** (day  
change)-FL  
11:00 Chair Exercise-FC  
11:00-12:00 Open Gym-FC  
**11:00-11:45 Intercessory Prayer**  
**Group-C**  
**12:30 Computer Class-CL**  
**1:00 Modern Bridge Refresher**  
**Course**, taught by resident Myrna  
Camp-G (venue change)  
1:15 Fit to Be Balanced-FC  
**2:00 Entertainment:** Gary LaRue  
sings the hits of the Rat Pack Era -AD  
**2:00 Bingo-Canceled**  
2:30-3:30 Open Swim-P  
**6:30 Movie: *An Officer and a***  
***Gentleman* 1982 R 2h 4m**  
*Military & War Drama NOCC*  
*Cast: Richard Gere, Louis Gossett Jr.,*  
*Julia Roberts -MT*

### Friday, February 7

8:00-9:15 Open Swim-P  
8:00-9:00 Open Gym-P  
9:30 Pool Aerobics-P  
**10:00 Chair Yoga-FC**  
**10:30 Scheduled Bus Stops-Canceled**  
11:00 Chair Exercises-FC  
1:00 "500" Cards-G  
**1:00 Moving Forward with Grief,**  
Presenter Chaplain Jenny Schroedel,  
Everyone Welcome-HCR  
3:00 Open Gym-FC  
**4:00 Social Hour-Travelogue-CL**

### Saturday, February 8

**9:00-12:00 Family Swim-P**  
**10:00 Morning Stretch-FC**  
1:00 Competitive Bridge-G

### Sunday, February 9

8:30 Bus to St. Mary's & White Bear  
Lake United Methodist Church  
and 9:45 to First Presbyterian &  
St. Genevieve-FL  
**3:30 Chapel** with Pastor Harry-C  
**6:30 Movie: *Downton Abbey***  
**(The Movie) 2019 PG 2h 2m Drama**  
*Subtitles Cast: Hugh Bonneville, Jim*  
*Carter-MT*

## Monday, February 10

8:00-9:30 Open Swim-P  
8:00-9:00 Open Gym-FC  
9:30 Pool Aerobics-P  
11:00 Bible Study Class-AD  
**11:00 Chair Exercises-FC**  
1:00 Competitive Bridge-G  
1:00 Crafting Group-HCR  
**2:00 Movie: Downton Abbey**  
*(The Movie) 2019 PG 2h 2m*  
*Drama Subtitles Cast: Hugh*  
*Bonneville, Jim Carter-MT*  
**2:00 Scheduled Stops-FL(day change)**  
**3:00-4:00 New- Bingo** for Commons  
and IL Residents-AD  
3:00-4:00 Open Gym-FC  
**4:00 Waverly Choir Rehearsal-C**  
6:00-8:00 Open Knitting-HCR  
**7:00 Edward Jones Perspective-CL**

## Tuesday, February 11

**8:15 Gentle Yoga Class-AD**  
9:15 Cardio Mix-FC  
9:15-10:45 Open Swim-P  
**10:00 Catholic Mass by Father**  
**Tom-C**  
10:00 Aquatic Stretch-P  
**11:00 Chair Exercise-FC**  
11:00 Sawdusters Rehearsal-C  
11:00-12:00 Open Gym-FC  
1:00 Cribbage-G  
1:15 Fit to be Balanced-FC  
**2:00 Scheduled Stops-Canceled**  
2:30-3:30 Open Swim-P  
**6:30 Movie: Julia 1977 PG 1h 58m**  
*CC Drama Cast Jane Fonda, Vanessa*  
*Redgrave -MT*

## Wednesday, February 12

8:00-9:30 Open Swim-P  
8:00-9:00 Open Gym-FC  
9:30 Pool Aerobics-P  
**10:00 Chair Yoga-FC**  
11:00 Chair Exercise-FC  
**1:30 World Religion-AD**  
3:00 Open Gym-FC  
3:30 Chapel Service-C

## Thursday, February 13

**8:00-3:30 by Appointment:**  
Waverly Gardens' Accounting  
Assistant-CL  
**8:15 Gentle Yoga Class-AD**  
9:15-10:45 Open Swim-P  
9:15 Cardio Mix-FC  
10:00 Aquatic Stretch-P  
**10:00 Music Together** Intergeneration  
Music Program-AD  
11:00 Chair Exercise-FC  
11:00-12:00 Open Gym-FC  
1:00 Modern Bridge Refresher Course,  
taught by resident Myrna Camp-CL  
1:15 Fit to Be Balanced-FC  
2:00 Bingo-Canceled  
2:30-3:30 Open Swim-P  
**2:30 Food Committee-G**  
**6:00pm-8:00pm Entertainment:**  
**CODA Valentine's Day Dance-AD**  
**6:30 Movie: P.S. I Love You 2007 PG-**  
*13 2h 7m Subtitles Romanic Drama -*  
*Cast Hilary Swank, Gerard Butler-MT*

### **Friday, February 14**

#### **Happy Valentine's Day!**

8:00-9:15 Open Swim-P

8:00-9:00 Open Gym-FC

9:30 Pool Aerobics-P

**10:00 Chair Yoga-FC**

**10:30 Scheduled Bus Stops-FL**

11:00 Chair Exercises-FC

**11:00-3:00 Taylor Marie**

**Fashions-CL**

**11:30 Schwan's Delivery/Take  
Orders-FL**

1:00 "500" Cards-G

**2:00 Valentine's Day Party with  
Mary Franz-AD**

**2:00 Bingo-AD** Note day change

3:00 Open Gym-FC

**4:00 Social Hour-Sing Along-CL**

### **Saturday, February 15**

**10:00 Morning Stretch-FC**

1:00 Competitive Bridge-G

### **Sunday, February 16**

8:30 Bus to St. Mary's & White Bear  
Lake United Methodist Church  
and 9:45 to First Presbyterian &  
St. Genevieve-C

**3:30 Chapel** with Pastor Kyle

**6:30 Movie: Dave PG-13 1h 45m**  
*Political Comedies CC Cast Kevin  
Kline, Sigourney Weaver -MT*

### **Monday, February 17**

8:00-9:30 Open Swim-P

8:00-9:00 Open Gym-FC

9:30 Pool Aerobics-P

11:00 Bible Study Class-AD

**11:00 Chair Exercises-FC**

1:00 Competitive Bridge-G

1:00 Crafting Group-HCR

**2:00 Movie: Reader's Digest Scenic  
Cruises of the World 2004 NR-MT**

**2:00 Cremation Society  
Presentation-AD**

3:00-4:00 Open Gym-FC

**4:00 Waverly Choir Rehearsal-C**

6:00-8:00 Open Knitting-HCR

### **Tuesday, February 18**

**8:15 Gentle Yoga Class-AD**

9:15 Cardio Mix-FC

9:15-10:45 Open Swim-P

**10:00 Catholic Service and Rosary-C**

10:00 Aquatic Stretch-P

**11:00 Chair Exercise-FC**

11:00 Sawdusters Rehearsal-C

11:00-12:00 Open Gym-FC

1:00 Cribbage-G

1:15 Fit to be Balanced-FC

**2:00 Scheduled Stops-FL**

2:30 Open Swim-P

**3:00-4:00 Resident Council-AD**

**6:30 Movie: The Way 2010 PG-13 2h**  
*1m Drama CC Cast Martin Sheen,  
Emilio Estevez-MT*

### Wednesday, February 19

8:00-9:30 Open Swim-P  
8:00-9:00 Open Gym-FC  
9:30 Pool Aerobics-P  
**10:00 Chair Yoga-FC**  
**10:15 Therapy Dog Visits-Hearth**  
11:00 Chair Exercise-FC  
**1:30 World Religion-AD**  
3:00 Open Gym-FC  
3:30 Chapel Service-C

### Thursday, February 20

**8:15 Gentle Yoga Class-AD**  
9:15-10:45 Open Swim-P  
9:15 Cardio Mix-FC  
10:00 Aquatic Stretch-P  
**10:00 Music Together**  
Intergeneration Music Program-AD  
11:00 Chair Exercises-FC  
11:00 Open Gym-FC  
**11:00 Intercessory Prayer Group-C**  
**11:00 Parkinson's disease**  
**Webinar-MT**  
**1:00 Modern Bridge Refresher**  
**Course**, taught by resident Myrna  
Camp-CL  
1:15 Fit to be Balanced-FC  
**2:00 Bingo-AD**  
2:30 Open Swim-Pool  
**6:30 Movie: Temple Grandin 2010 NR**  
*2h 0m Drama Based on Real Life CC*  
*Cast Claire Danes, Catherine O'Hara,*  
*Julia Ormond-MT*

### Friday, February 21

8:00-9:15 Open Swim-P  
8:00-9:00 Open Gym-FC  
9:30 Pool Aerobics-P  
**10:00 Chair Yoga-FC**  
**10:30 Scheduled Bus Stops-FL**  
11:00 Chair Exercises-FC  
**1:00 Moving Forward with Grief,**  
Presenter Chaplain Jenny Schroedel,  
Everyone Welcome-HCR  
**1:00-1:30 Blood Pressure Clinic-GR**  
1:00 "500" Cards-G  
3:00 Open Gym-FC  
**4:00 Social Hour-Travelogue-CL**

### Saturday, February 22

**10:00 Morning Stretch-FC**  
1:00 Competitive Bridge-G

### Sunday, February 23

8:30 Bus to St. Mary's & White Bear  
Lake United Methodist Church  
and 9:45 to First Presbyterian &  
St. Genevieve-C  
**3:30 Chapel** with First Presbyterian  
Church-C  
**6:30 Movie: The King and I 1956 G**  
*Musical 2h 13m Subtitles Cast Yul*  
*Brynner, Deborah Kerr, Rita Moreno-*  
*MT*

## Monday, February 24

8:00-9:30 Open Swim-P  
8:00-9:00 Open Gym-FC  
9:30 Pool Aerobics-P  
11:00 Bible Study Class-AD  
**11:00 Chair Exercises-FC**  
1:00 Competitive Bridge-G  
1:00 Crafting Group-HCR  
**2:00 Movie: *The King and I***  
*1956 G Musical 2h 13m Subtitles*  
3:00-4:00 Open Gym-FC  
**4:00 Waverly Choir Rehearsal-C**  
6:00-8:00 Open Knitting-HCR

## Tuesday, February 25

**8:15 Gentle Yoga Class-AD**  
9:15 Cardio Mix-FC  
9:15-10:45 Open Swim-P  
**10:00 Catholic Services & Ashes-C**  
10:00 Aquatic Stretch-P  
**11:00 Chair Exercise-FC**  
11:00 Sawdusters Rehearsal-C  
11:00-12:00 Open Gym-FC  
1:00 Cribbage-G  
1:15 Fit to be Balanced-FC  
**1:30 Book Club *Phool Chandra***  
*Autobiography led by Phool-CL*  
**2:00 Scheduled Stops-FL**  
2:30 Open Swim-P  
**6:30 Movie: *The Immortal Life of Henrietta Lacks***  
*2017 1h 33m 1951 Subtitles Medical Drama Cast Oprah Winfrey, Rose Byrne-MT*

## Wednesday, February 26

8:00-9:30 Open Swim-P  
8:00-9:00 Open Gym-FC  
9:30 Pool Aerobics-P  
**10:00 Chair Yoga-FC**  
**10:00 Starkey Hearing** formally known as Associated Hearing (for more information see Highlights below)-CL  
11:00 Chair Exercise-FC  
**1:30 World Religion-AD**  
3:00 Open Gym-FC  
3:30 Chapel Service-C

## Thursday, February 27

**8:15 Gentle Yoga Class-AD**  
9:15-10:45 Open Swim-P  
9:15 Cardio Mix-FC  
10:00 Aquatic Stretch-P  
**10:00 Music Together**  
Intergeneration Music Program-AD  
11:00 Chair Exercises-FC  
11:00 Open Gym-FC  
**1:00 White Bear Lake United Methodist Church Service**, everyone welcome-C  
**1:00 Modern Bridge Refresher Course**, taught by resident Myrna Camp-CL  
1:15 Fit to be Balanced-FC  
**2:00 Bingo-Canceled**  
**2:00 Library Committee-L**  
2:30 Open Swim-Pool  
**6:30 Movie: *Hitch*** 2005 PG-13  
*1h 58m Comedy Subtitles Cast Will Smith, Eva Mendes, Kevin James-MT*

**Friday, February 28**

8:00-9:15 Open Swim-P

8:00-9:00 Open Gym-FC

9:30 Pool Aerobics-P

**10:00 Chair Yoga-FC**

**10:30 Scheduled Bus Stops-FL**

11:00 Chair Exercises-FC

**11:00 Woodworkers Meeting-HCR**

**11:30 Schwan's Delivery/Take**

**Orders-FL**

1:00 "500" Cards-G

**2:00 Bingo-AD** (day change)

3:00 Open Gym-FC

**4:00 Social Hour-Sing Along-CL**

**Saturday, February 29**

**10:00 Morning Stretch-FC**

1:00 Competitive Bridge-G

## **February Highlights:**

**Matinees: 2:00pm** on Mondays- Movie Theater

The Monday Matinees will consist of travelogues, documentaries and IMAX Movies except the last Monday of the month which will be a repeat of the Sunday night movie.

**Full Length Movies at 6:30pm** on Tuesday, Thursday and Sunday nights.

Saturday, February 1, **1:00 Entertainment: Student String Bass Recital** Directed by Michael Watson-Auditorium

Sunday, February 2, **5:30 Super Bowl® Party**- Come watch and cheer on your Favorite Team! Snacks and Refreshments will be provided-Club Room

Monday, February 3, **2:00 Lutheran Church Service** Sponsored by Lutheran Incarnation Church held the first Monday of the month. Chapel

Wednesday, February 5,12,19, and 26 **1:30 World Religion** Taught by resident Dean Boyum, Everyone Welcome-Auditorium

Thursday, February 6, 13, 20, and 27 **10:00 Music Together** Music Together is a national organization based in Princeton NJ that has been a pioneer in early childhood music education since it started in 1987. Music Together is an intergenerational class that will be offered for 10 weeks at Waverly Gardens. The new music class brings together young and old. Please join us. Auditorium

Thursday, February 6 and 20 **11:00-11:45 Intercessory Pray Group** Unite in praying for our community, families, leaders, nation, and world. Led by Pastor Kyle Otto call with any questions \*4014. It will be held monthly on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays. Chapel

Thursday, February 6, **12:30 Computer Classes**-Club Room

Thursday, February 6, 13, 20, and 27 **1:00 Modern Bridge Refresher Course** taught by resident, Mryna Camp. Everyone welcome, All Levels are Encourage to Attend-Club Room except on February 6 Bridge will be held in the Gallery

Thursday, February 6, **2:00 Entertainment: Rat Pack**-Gary LaRue sings the hits of the Rat Pack Era. He brings wonderful music and a fun-loving personality. Gary sings the hits made famous by legends such as Frank Sinatra, Dean Martin, Nat King Cole, and many more. He is a singer, DJ, actor, emcee, and radio host. Leave your worries on the doorstep and join Gary for a wonderful time of music and Memories! Recommended by Resident Lee Troske- Auditorium



## **February Highlights:**

Friday, February 7 and 21, **1:00 Moving Forward with Grief**

Presenter Jenny Schroedel. This group will meet the first and third Friday of each month until the end summer. **Everyone is Welcome to attend 1 or all sessions.** For more information contact Pastor Rob- Hearth Community Room

Saturday, February 8, **9:00-12:00 Family Swim-Pool**

Monday, February 10, **3:00-4:00 Bingo** for Commons, Terrace and Mews Residents everyone welcome! come join us for an hour of fun-Auditorium

Monday, February 10, **7:00 Edward Jones Perspective-Club Room**

Thursday, February 13, **8:00-3:30 Waverly Gardens' Accounting Assistant,** by appointment only-Club Room

Thursday, February 13, **2:30 Food Committee-Club Room**

Thursday, February 13, **6:00pm-8:00pm Entertainment: Valentine's Day Dance** Put on your dancing shoes and come enjoy refreshments, good company and music provided by **CODA**. CODA is a saxophone/keyboard duet consisting of Scott Dorff on soprano, alto, and tenor saxophones, and Malcolm Anderson on piano & keyboard. CODA is a very versatile group, performing in a diversity of venues. Auditorium

Friday, February 14, **11:00-3:00 Taylor Marie Fashions-** Join us for shopping event in your own community. Taylor Marie's is a mobile clothing store that specializes in fashion shows, fundraisers, and shopping events. We bring the shopping experience directly into your community. Affordable and fashionable clothing ranging from petite to 3xs. Our accessory table is fun, reasonable priced with many one of a kind items. We are proudly owned by women for women. Club Room

Friday, February 14, **2:00 Valentine's Day Party** Entertainment by Mary Franz, singing and playing her guitar-Auditorium

Monday, February 17, **2:00 Presentation: Cremation Society Presentation-** Recommended by Resident Sub Richman-Auditorium (Rescheduled from Monday, January 13)

## **February Highlights:**

Thursday, February 20, **11:00 Parkinson's disease Webinar**, they show a live 1-hour webinar every Third Thursday of the month on different challenges with Parkinson's disease. Everyone is welcome! -Movie Theater

Friday, February 21, **1:00-1:30 Blood Pressure Clinic**-Garden Room across from the Dining Room

Tuesday, February 25, **10:00 This Catholic Services will include Ashes** In-leu of Ash Wednesday (Wednesday, February 26)-Chapel

Tuesday, February 25, **1:30 Book Club *Phool Chandra Autobiography*** led by Phool-Club Room (note day change)

Wednesday, February 26, **10:00 Starkey Hearing formally Known as Associated Hearing Clinic**- Everyone Welcome! For free hearing aid clean and check, batteries available for purchase otoscopic evaluation and **hearing aid information available**. Associated Hearing will no longer have a sign-in sheet at the front desk rather they will prepare and bring a sign-up sheet with them as a 'first come, first serve' service, in lieu of a pre-sign-up sheet. **Club Room**

Thursday, February 27, **1:00 White Bear Lake United Methodist Church Service** **White** Bear Lake United Methodist Church invites you to a church service at the Waverly Gardens' Chapel on Thursday, October 10th at 1:00-1:30. Refreshments and fellowship will follow the service. Come meet Pastor Bill and Pastor John and other congregation members and enjoy some favorite hymns. To request a favorite hymn, contact the White Bear Lake United Methodist Church office at 651-429-9026 or office@wblumc.org everyone welcome-Chapel

Thursday, February 27, **2:00 Library Committee**-Library

Friday, February 28, **11:00 Woodworkers Meeting**-Hearth Community Room

## Activity Descriptions:

**\*Blood Pressure Clinic:** Done the Third Friday of the month at 1:00 in the Garden Court

**\*Book Club:** Book Club meets the last Wednesday of each month to discuss the current book selection. Anyone is welcomed to join at any time.

**\*Bridge:** There are multiple groups of bridge played on campus. Mondays and Saturdays offer a competitive atmosphere and Thursdays is a causal atmosphere. If interested sign-up at the front desk. For more information on how to become involved in Bridge contact the recreation office.

**\*Chapel Service:** This is a nondenominational service for all residents at Waverly Gardens. This is led by Pastor Kyle Otto.

**\*Rosary/Communion:** A short prayer service is done, and communion is received. This is then followed by the Rosary.

**\*Social Hour:** Gather with your friends and neighbors before dinner. Enjoy appetizers. Bring your own beverage of choice.

**\*Movie Picks:** If you like to be involved with the movie selections we show on campus, please contact Julie \*4062, Suggestions are taken at anytime.

**\*For descriptions on our wellness classes, please see the Wellness Center Calendar located at the Reception Desk or the Wellness Center.**

### **Room Codes:**

*AD= Auditorium (Ground Level)*

*AR= Activity Room (2nd Floor)*

*B= Bistro*

*C= Chapel (Ground Level)*

*CL= Club Room (Across from Library)*

*CON= Conservatory*

*FL=Front Lobby*

*FC= Fitness Center (Ground Level)*

*G=Gallery (Next to conservatory)*

*GC= Garden Court Dining (Across from Dining Room)*

*HCR= Hearth Community Room (first floor)*

*L= Library (First Floor)*

*MT= Movie Theatre (Ground Level)*

*NG=North Gables (Ground Level)*

*OP= Outside Patio (Ground Level)*

*R = Rotunda (Ground Level)*

**Any questions about this calendar please call Julie Williams, Recreation Director at \*4062.**

**\*Programs are subject to change and cancellation.**

### Transportation:

Tuesday at 2:00pm and Fridays at 10:30am: Tuesdays they go to Cub and Fridays they go anywhere within a **10-mile radius**. **Please sign up at the front desk**

Sunday Services: We offer transportation to three area churches the bus leaves at

**8:30 Bus to St. Mary's & White Bear Lake United Methodist Church**

**and 9:45 to First Presbyterian & St. Genevieve. Please sign up at the front desk.**