

# A World of Hearts

## Spread Love, Faith, and Hope



#AWorldofHearts is a social media movement to create joy, spread love and generate hope. Volunteers can join this movement at Presbyterian Homes & Services (PHS) communities by creating a craft or kit to share with a resident (or several residents) within a community. Residents can then share the creation with the world by putting it up in their window.

PHS has chosen the following themes, each with its own meaning and spring-themed design.



**Love** When you see a tree with hearts for leaves in a resident's window or throughout a community, it represents affection and love. It reminds us all that love is like a rooted tree with many branches and parts.



**Hope** When you see a butterfly in a residents window, think of spring and new beginnings. The butterfly is a symbol of hope.



**Faith** When you see a grouping of three, whether it be hearts, crosses or any other item, it is to remind us of the trinity: the Father, Son and the Holy Spirit.

### Instructions

1. Gather your supplies (see next page).
2. Choose a theme and locate the theme's worksheet.
3. Use your selected theme worksheet to help create the elements of your theme: print, cut, make stencils. The finished design examples on the templates may be black, but we want your final product to be creative! **Make it colorful and bright and add your own flair!**
4. Optional: Hang your completed craft in your window; take a picture of yourself in front of or in the window holding the kits for the older adults. Post on social media using #aWorldofHearts, #StayConnected, and #EnrichingLives, if desired.
5. Prepare to send or deliver craft or kit to a PHS community. Include the picture that you took with what you send to the resident(s), if possible.
6. For your nearest PHS community, visit [PresHomes.org](http://PresHomes.org) online and click on "Find a Community." When you find a community near you, click to "Learn More" about that community. Contact information is listed on the bottom of each community's page, including a mailing address.

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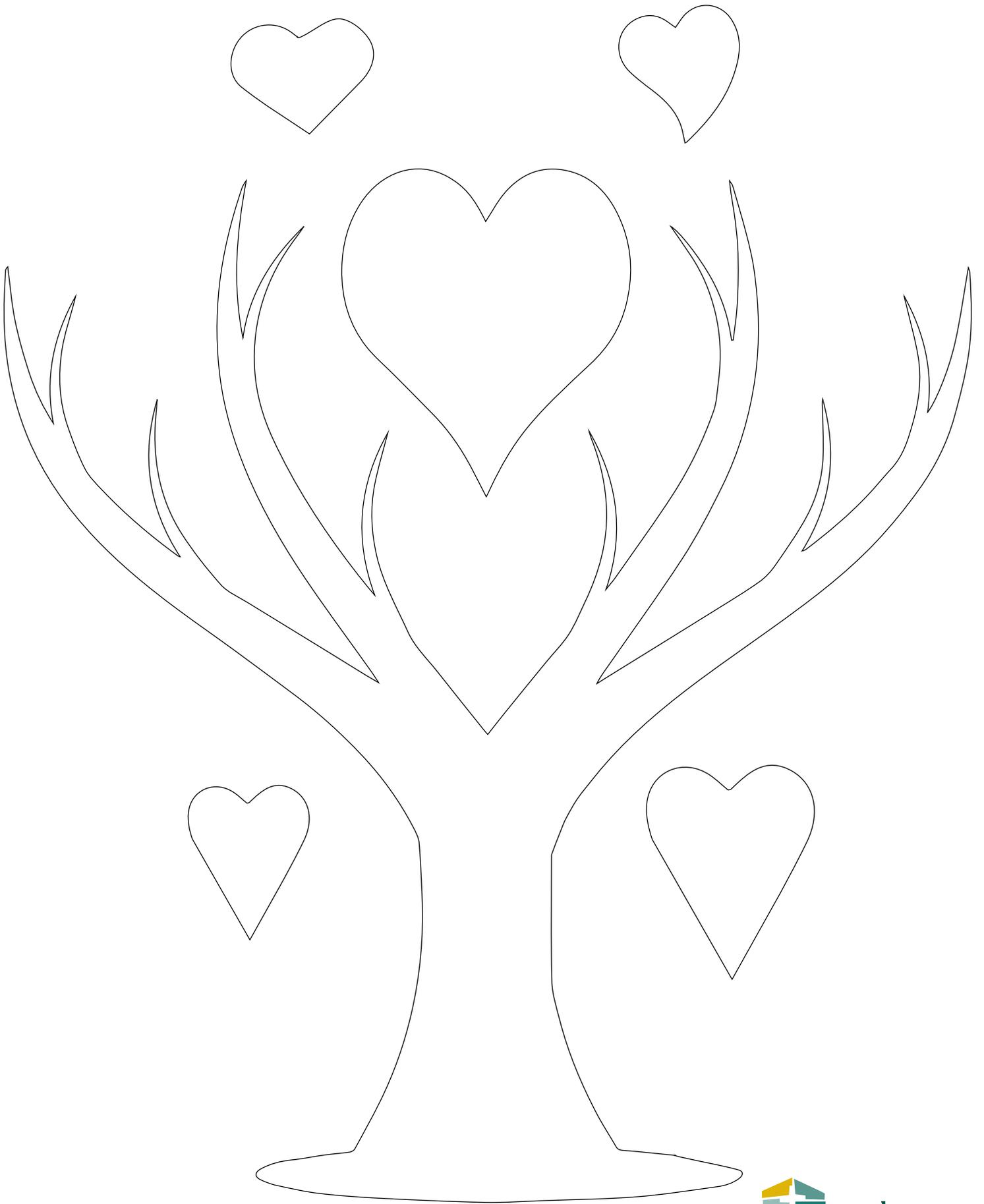
### Supplies

1. Gallon size Ziploc bag or large envelope
2. Colored or patterned paper
3. Scissors
4. Optional: markers, crayons, etc. to decorate hearts
5. Optional: if you decide to make one for yourself and take a picture for the resident, you'll need tape or glue dots to affix the paper to your window.

### Directions

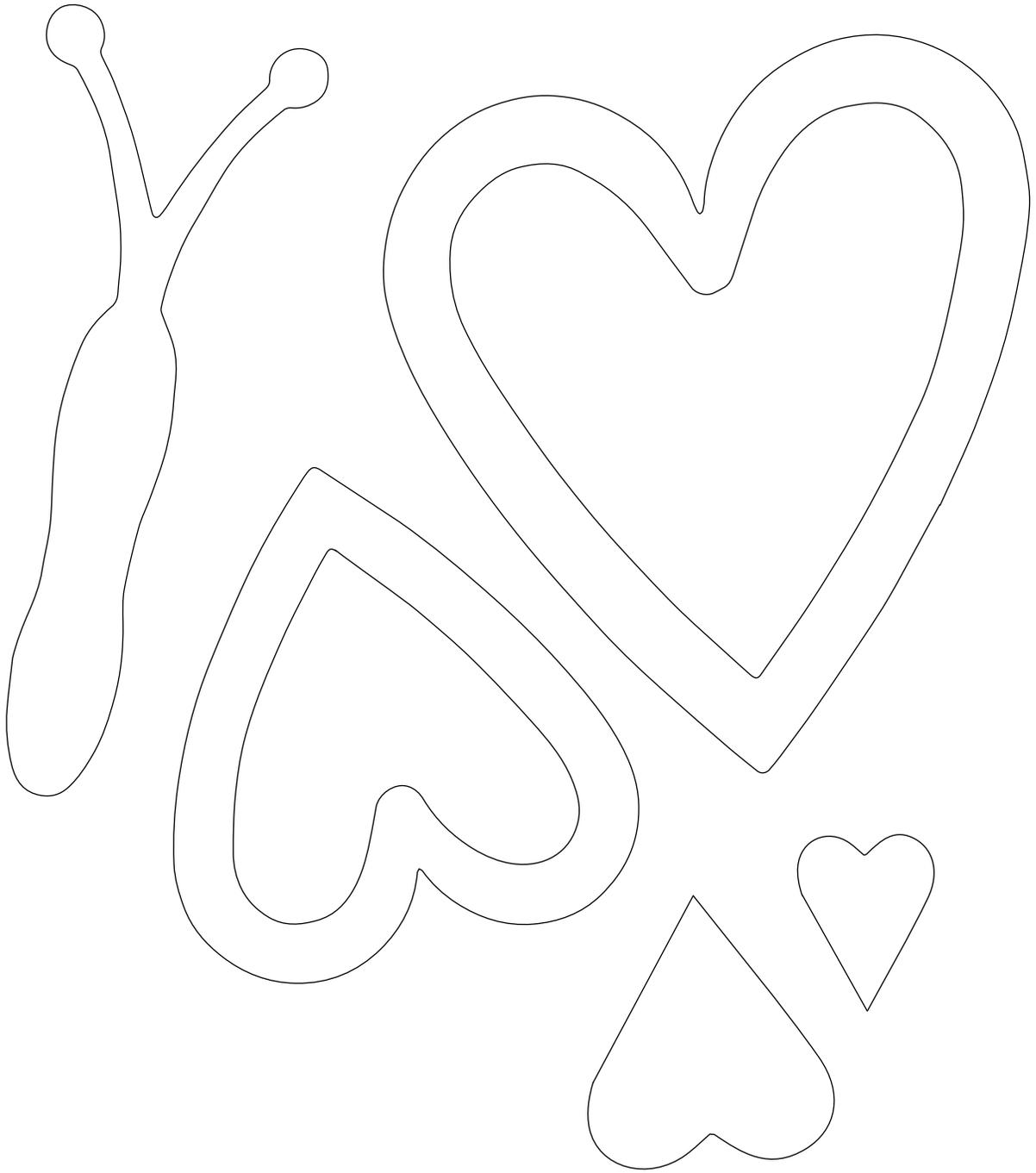
1. Create a stencil page for chosen design from Template Page. Print at 100% on an 8.5 x 11" paper.
2. Cut out stencils, and trace objects onto paper.
3. Cut out objects for colorful or patterned paper.
4. Decorate objects, if desired.
5. Assemble craft for yourself, while looking at finished design page for direction.
6. Optional: assemble finished design on your window and take picture, posting it to social media using tags #AWorldofHearts, #StayConnected, and #EnrichingLives.
7. Send or deliver all craft pieces and a printed finished design page from this packet to the community of your choice. If you took a picture of yourself with the finished product, send that too, along with a little note of introduction! ***Please note: each community will have glue dots and tape, so there's no need to send them with your kit for the resident.***

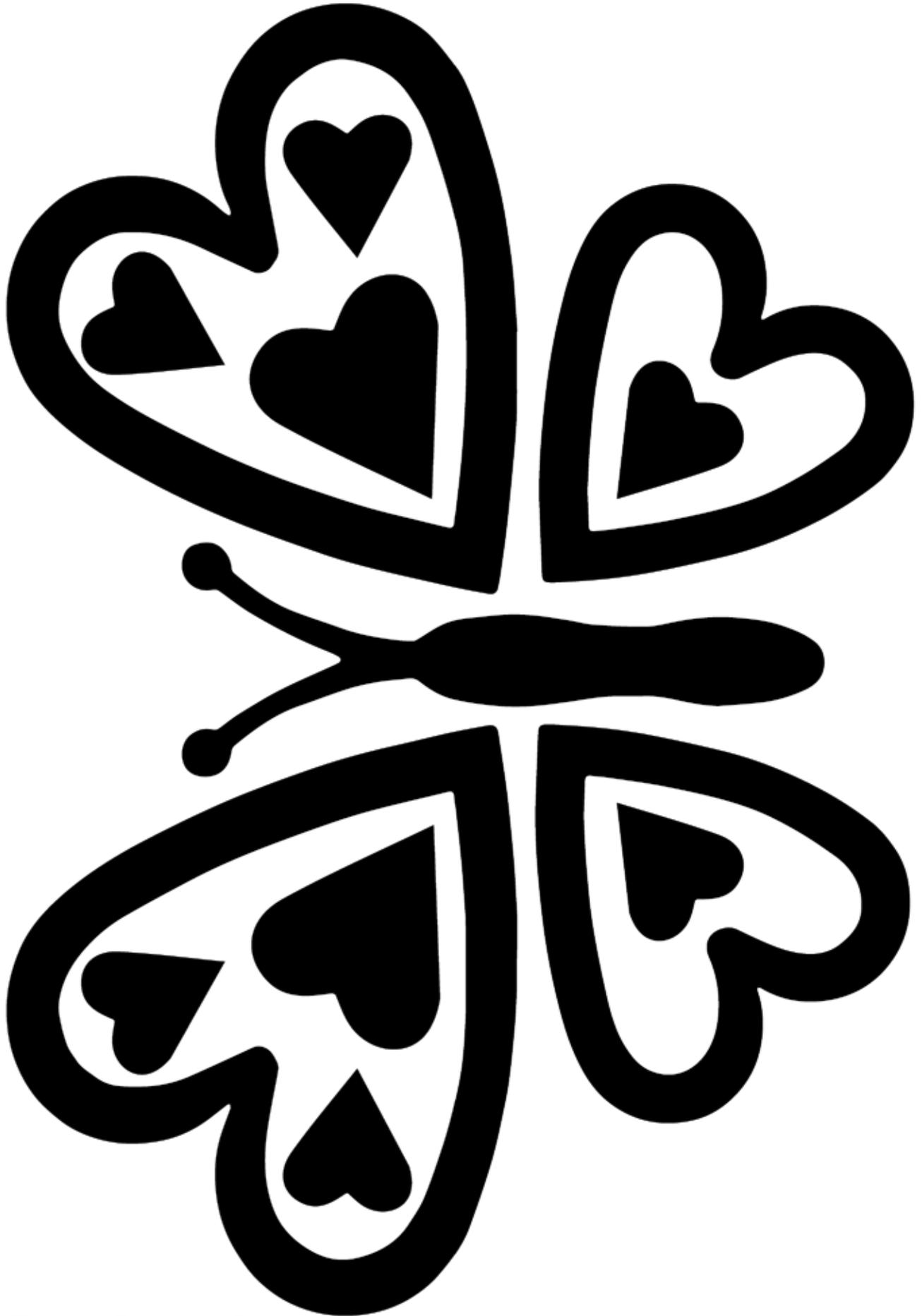
Thank you for making a difference!



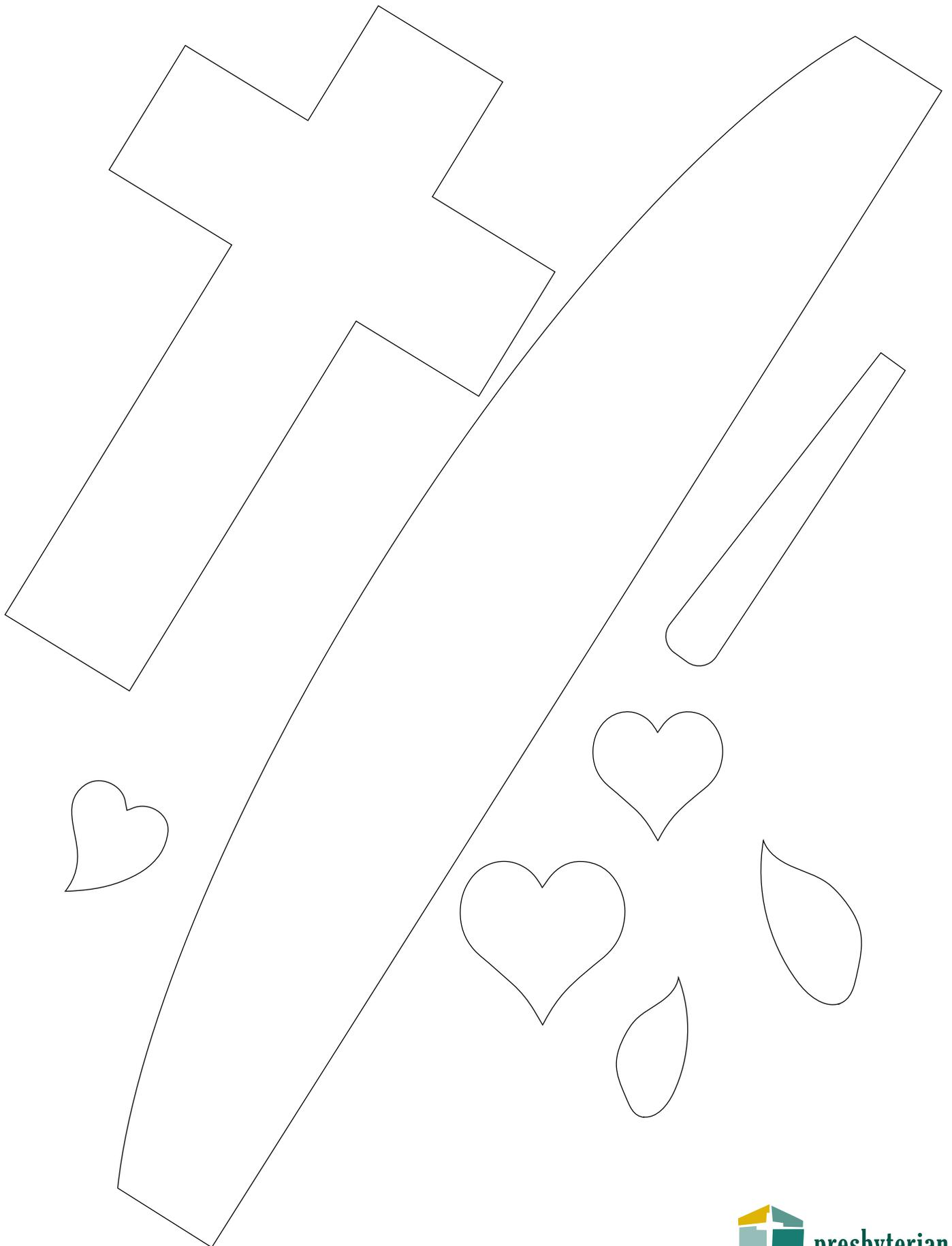


Love Theme Finished Design





Hope Theme Finished Design



A World of Hearts Faith Theme Template Pieces

