


April 2024

Lunch Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1. CORN CHOWDER Swedish Meatballs w/ Herbed Buttered Noodles & Carrots OR Greek Chicken Salad w/ Pita Bread	2. TOMATO BASIL Beef Stir Fry w/ Brown Rice OR Grilled Cheese on Wheat w/ Fresh Fruit & Chips	3. BEEF BARLEY Tuna Sandwich on Wheat w/ Fresh Fruit & Chips OR Cheese Rollup w/ Meat Sauce & Steamed Spinach	4. CHICKEN WILD RICE Swiss & Spinach Quiche OR Grilled Ham Steak w/ au Gratin Potatoes BOTH w/ Broccoli Sunflower Salad	5. MINISTRONE Ginger Chicken Thigh w/ Fried Rice OR Fish & Chips BOTH w/ Napa Slaw	6. ZUPPA TOSCANA Pork w/ Tomato Cream Sauce, Potato Dumplings & Asparagus OR Turkey Rachel Sandwich w/ Watermelon
7. COUNTRY CHICKEN Meatloaf w/ Beef Gravy, Mashed Potatoes & Steamed Cauliflower OR Egg, Ham & Cheese on Croissant w/ Cinnamon Pears	8. CAULIFLOWER CHEESE Pastrami Sandwich w/ Fresh Fruit OR Pork w/ Mushroom Sauce, Boiled Potatoes & Veggie Blend	9. BLACK BEAN Chicken Chow Mein w/ White Rice & Asian Blend Veggies OR Mediterranean Shrimp Salad w/ Garlic Toast & Fresh Fruit	10. VEGETABLE BARLEY Chicken Tenders OR Ginger Peach Pork BOTH w/ Sweet Potatoes & Strawberries	11. CHICKEN NOODLE Egg Salad Sandwich w/ Chips & Peaches OR Spaghetti & Meat Sauce w/ Roasted Brussel Sprouts & Garlic Toast	12. GARDEN VEGETABLE Battered Fish OR BBQ Pulled Pork Slider BOTH w/ Baked Potato Wedges & Coleslaw	13. CHICKEN TORTILLA Open Faced Hot Turkey Sandwich w/ Mashed Potatoes & Gravy OR Beef Taco Salad BOTH w/ Corn
14. BROCCOLI CHEESE Roast Pork w/ Gravy, Baked Sweet Potatoes & Lemon Asparagus OR Blueberry Pancakes, Scrambled Eggs & Fresh Fruit	15. CHICKEN w/ DILL Strawberry Chicken Salad w/ Breadstick OR Tater Tot Hotdish w/ Grapes	16. BEEF BARLEY Beef Tips & Gravy w/ Mashed Potatoes & Steamed Spinach OR Chicken Salad Sandwich w/ Fresh Fruit	17. BEEF CHILI Cornflake Crusted Fish w/ Mixed Veggies Rice Blend OR Cottage Cheese Fruit Plate w/ Muffin	18. LENTIL Mushroom & Swiss Burger w/ Sweet Potato Fries OR Sweet & Sour Pork w/ Vegetable Fried Rice BOTH w/ Marinated Cucumbers	19. CLAM CHOWDER Dijon Dill Salmon w/ Potato Salad OR Turkey Wild Rice Salad & Dinner Roll BOTH w/ Watermelon	20. TOMATO BASIL Beef Lasagna OR Grilled Cheese Sandwich BOTH w/ Watermelon
21. COUNTRY CHICKEN Meatloaf w/ Beef Gravy, Mashed Potatoes & Tomato Salad OR Cheese Omelet w/ Bacon Strawberries & A Scone	22. ZUPPA TOSCANA Coconut Shrimp w/ Orange Mango Sauce OR Salisbury Steak BOTH w/ Baked Sweet Potatoes & Roasted Cauliflower	23. BLACK BEAN Dijon Dill Cod OR Braised Pork Ribs BOTH w/ Red Cabbage & Garlic Mashed Potatoes	24. CORN CHOWDER Tuna Melt on Wheat w/ Chips OR Roast Turkey w/ Gravy & Mashed Potatoes BOTH w/ Diced Beets	25. GARDEN VEGETABLE Sesame Ginger Chicken w/ Fried Rice OR Beef Goulash w/ Dinner Roll BOTH w/ Green Beans w/ Red Peppers	26. BROCCOLI CHEESE Beef Enchiladas w/ Cilantro Lime Black Beans OR Grilled Fish Sandwich & Fresh Fruit	27. CHICKEN WILD RICE Chicken Club Sandwich OR Spinach & Mushroom Strata BOTH w/ Garbanzo Salad & Mandarin Oranges
28. MINISTRONE Ham w/ Apples, Scalloped Potatoes & Veggie Blend OR Belgian Waffle w/ Strawberries, Scrambled Eggs & Sausage Links	29. CAULIFLOWER CHEESE Chicken Caesar Salad w/ Dinner Roll OR French Dip Sandwich w/ Side Caesar Salad	30. CLAM CHOWDER Beef Stroganoff w/ Herb Buttered Noodles OR Cheese & Sausage Strata w/ Banana BOTH w/ Veggie Blend	